

BMJ Masterclasses



BMJ Masterclass: Musculoskeletal Medicine

November 24, 2012
Beach Rotana, Tourist Club Area
Abu Dhabi, U.A.E.

Latest evidence and new advances in:

- Back and neck pain – what not to miss
- Hip and knee pain
- Shoulder pain

BMJ Masterclass: Musculoskeletal Medicine

Keeping up to date is a constant challenge for busy medical professionals.

“Using case studies and practical demonstrations our speakers highlight take home messages, helping you to change your practice and improve patient outcomes.”

Dr Christine Bowen,
Editor, BMJ Masterclasses

Improve your skills and knowledge in the assessment and management of:

- Back and neck pain
- Hip and knee pain
- Shoulder pain

Learn more about practical examinations and evidence based treatment from experts.

This Masterclass is accredited by the Health Authority – Abu Dhabi for 4.0 CME credit hours.

Who should attend?

Clinicians at all levels, including those with an interest in musculoskeletal medicine.

“

Excellent detail on how to take care of common joint problems we see on a daily basis.”

(Musculoskeletal Medicine delegate - April 2012)

To book please Visit www.menaconf.com

Programme:

“A very useful update with usable techniques to put into practice.”

(Musculoskeletal Medicine delegate - October 2012)

TIME	SPEAKER/SESSION SUMMARY
0920 – 1020	REGISTRATION AND REFRESHMENTS
1020 – 1030	WELCOME AND INTRODUCTION BY CHAIR Dr Elspeth Wise Salaried GP, Washington, Tyne and Wear, United Kingdom
1030 – 1130	Back and neck pain – what not to miss This session will improve your skills and knowledge in this key musculoskeletal area. Get practical advice on: <ul style="list-style-type: none">■ Rehabilitation■ Clinical examination and diagnostic tests of the spine■ Red flags and risk factors for chronicity■ Drug treatment, exercise tips and lifestyle changes Professor Martin Underwood Head of The Division of Health Sciences, Warwick Medical School, University of Warwick, United Kingdom
1130 – 1145	Questions to speaker
1145 – 1215	REFRESHMENTS
1215 – 1315	Hip and knee pain – what not to miss The expert speaker will discuss the management of patients with knee and hip pain, including: <ul style="list-style-type: none">■ Key aspects in assessment of your patients, with practical demonstrations■ Current treatments■ Comparison of primary and secondary care approach to management Dr Richard Smith Consultant in Rheumatology and Musculoskeletal Medicine, Salisbury Hospital, Salisbury and Tutor, British Institute of Musculoskeletal Medicine, United Kingdom
1315 – 1330	Questions to speaker
1330 – 1430	LUNCH
1430 – 1530	Shoulder pain Learn more about clinical examination and management of shoulder pain, including exercises and injection techniques. The speaker will also highlight potential pitfalls in the management of common conditions affecting the shoulder. Dr Elspeth Wise Salaried GP, Washington, Tyne and Wear, United Kingdom
1530 – 1545	Questions to speaker
1545 – 1600	SUMMARY AND CLOSING REMARKS
1600 – 1700	CERTIFICATES

Expert speakers:

Dr Elspeth Wise Salaried GP, Washington, Tyne and Wear, UK



Dr Elspeth Wise is a salaried GP in Washington, Tyne and Wear, United Kingdom and also works in both hospital and community rheumatology clinics. She has recently been awarded an MD for research focused on GP registrars' musculoskeletal education.

Professor Martin Underwood Head of The Division of Health Sciences, Warwick Medical School, University of Warwick, UK



Martin Underwood is a GP in Coventry and Professor of Primary Care Research at Warwick Medical School in the United Kingdom. His main area of research interest is in community management of chronic musculoskeletal disorders including back pain, chronic widespread pain, osteoarthritis and gout.

Dr Richard Smith Consultant in Rheumatology and Musculoskeletal Medicine, Salisbury Hospital, Salisbury and Tutor, British Institute of Musculoskeletal Medicine, UK



Richard Smith is a consultant rheumatologist at Salisbury Hospital, United Kingdom. He trained in London and then spent a year at the New South Wales Institute of Sports Medicine, Australia. Dr Smith runs a multidisciplinary musculoskeletal and sports medicine clinic every week.

To book please Visit www.menaconf.com



“

Great knowledge and discussion about musculoskeletal problems. I learnt a lot from the day.”

(Musculoskeletal Medicine delegate - October 2012)



“

Up-to-date evidence based content with plenty of case studies and practical approaches.”

(Musculoskeletal Medicine delegate - October 2012)



“

Very practical, good take home messages, easy to put my new knowledge into practice.”

(Musculoskeletal Medicine delegate - April 2012)



“

Excellent choice of content and speakers.”

(Musculoskeletal Medicine delegate - April 2012)

For registration and further information, please contact:

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or visit our website: www.menaconf.com