

# BURJEEL MEDICINE UPDATE CONFERENCE

16th - 17th April, 2015  
Jumeirah Etihad Towers Hotel, Abu Dhabi - UAE

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Dear Colleagues,

On the behalf of the Scientific Committee, it gives us great pleasure to welcome you to attend **“Burjeel Medicine Update Conference”** that is planned to be held at Jumeirah Etihad Towers Hotel in Abu Dhabi on **16th and 17th of April, 2015.**

This premier event aims to provide participants with the recent updates and latest developments through a broad array of clinical and practice management topics to be addressed by distinguished expert speakers, featuring various disease areas including advances in Nephrology & Hypertension, Dermatology, Rheumatology, Neurology, Endocrinology, Internal Medicine & Gastroenterology, Emergency & Intensive Care, Pulmonology, Cardiology and the most common problems encountered in clinical practice.

To make this conference a complete scientific experience, great care is being taken to design the plenary sessions and a high-level scientific content with major updates and state-of-the art presentations delivered by keynote speakers.

The conference is intended for all healthcare professionals, including specialists, internists, general practitioners, family physicians, medical residents and fellows, as well as allied health professionals.

The Organizing Committee is dedicated to showcase this worthwhile meeting as the biggest Medicine Update Conference ever witnessed in the UAE, with the best scientific deliberations, eminent faculty and a gathering of 500 physicians, researchers, academics, nurse practitioners, pharmacists, and other health professional’s practitioners from the UAE and the region.

Burjeel Medicine Update Conference 2015 cannot be realized without the support of various stakeholders from the industry, who contribute to our collective efforts in marching closer to Millennium Development of preventing and controlling various diseases and their impact on patient care across the UAE and the region.

We believe this scientific event is an invaluable learning experience that will keep you abreast of the latest developments in medicine. The program will offer a superb opportunity for physicians and medical specialties to attend expert updates on areas outside their own specialty.

We are looking forward to seeing you at this unique educational experience.

Please do not miss this outstanding opportunity!

*Shamsheer vp*

**Dr. Shamsheer V.P**  
Conference President  
Managing Director, VPS Healthcare

**Dr. Yassin El Shahat**  
Conference Chairman  
Chief Medical Officer, Burjeel Hospital

## Organizing Committee

Dr. Yassin El Shahat	Chief Medical Officer, Consultant Nephrologist	Burjeel Hospital – Abu Dhabi
Dr. M. Ezzat Agamy	Hospitals Group COO	VPS Healthcare – Abu Dhabi
Dr. Charles Stanford	Senior Director	VPS Healthcare – Abu Dhabi
Dr. Ali Obaid Al Ali	CEO	VPS Healthcare – Abu Dhabi
Mr. Clancey Po	CEO	Burjeel Hospital – Abu Dhabi
Dr. Nabil Debouni	Medical Director	Burjeel Hospital – Abu Dhabi
Mr. Khaled Afify	General Manager	Mena Conference - Abu Dhabi
Mr. Abu Baker MA	General Manager	Lifeline Drug Store - Abu Dhabi
Ms. JaklinAboud	Head of Pharmacy	Burjeel Hospital - Abu Dhabi
Mr. Pandiyan Kaye	Materials Head Department	VPS Healthcare - Abu Dhabi
Mr. Shijoth C.V	Project Engineer	VPS Healthcare - Abu Dhabi

## Scientific Committee

Dr. Yassin El Shahat (Nephrology) – Chairman of the Committee	Dr. Abdulhakeem (Internal Medicine) – Member
Dr. Chandra Mauli Jha(Nephrology) – General Secretary of the Committee	Dr. Magdi Mohamed (ER) – Member
Prof. Dr. Hassan Abou Rebyeh (Gastroenterology) – Member	Dr. Evelyn Bebars (Radiology) – Member
Dr. Venkitachalam Gopalakrishnan (Cardiology) – Member	Dr. Afrozul Haq (Laboratory) – Member
Prof. Dr. Elham Abd El Zaher (Dermatology) – Member	Dr. Atta Ghassan (Neurology) – Member
Dr. Bodi Saicharan (Pulmonology) – Member	Dr. Yasser Sadawey (BMC) – Member
Dr. Nagwa Mossalem (Rheumatology) – Member	Mr. Khaled Afify (Mena Conference) – Member
Dr. Job Simon (Endocrinology) – Member	Mr. Sumit Kishore (Marketing) – Member
Dr. Nehad Halawa (ICU) – Member	Ms. Joanne Rico (Marketing) – Member

## Conference Sessions Chairpersons

Dr. Ashok Gupta – Nephrology	Dr. Alaa – Endocrinology
Dr. Ehab Abdulrahim – Nephrology	Dr. Mohamed Omar – Endocrinology
Dr. Afrozul Haq – Dermatology	Dr. Tarek Karim – Internal Medicine and Gastroenterology
Dr. Senthil Prabahar Samiraj – Dermatology	Dr. Abdulhakeem Muhammed – Internal Medicine and Gastroenterology
Dr. Haider Al Attia – Rheumatology	Dr. Megahid Aldawlatly – Emergency and Intensive Care
Dr. Nahla Moussa – Rheumatology	Dr. Haris Ansari – Emergency and Intensive Care
Dr. Lucky Das Gupta – Neurology	Dr. Amro Handy – Pulmonology
Dr. Mahmoud Farid – Neurology	Dr. Shehnaas Puthiyaveetil Abu – Pulmonology

## Conference Objectives

- Describe appropriate care based on the best available scientific evidence
- Review updates of common clinical problems
- Screen, evaluate and manage common clinical problems
- Identify the risk factors and apply appropriate screening methodologies
- Apply clinical practice recommendations and evidence-based guidelines to advance patient care in daily practice.
- Examine solutions to real clinical problems through case-based learning sessions
- Discuss clinical diagnosis of various medical and surgical cases
- Prescribe evidenced based treatment modalities
- Provide insight into patient needs and experiences and improve clinical practice

## Highlighted Sessions Include:

- State of the Art Lecture
- Acute Kidney Injury
- KDIGO-Chronic Kidney Disease Guidelines: Facilitating Implementation
- Hypertension: New Guidelines
- Systemic Glucocorticoids in Dermatology
- Skin Manifestation of Systemic Diseases
- Atopic Dermatitis-Updates
- Clinical Approach to Patient with Polyarthritis
- Inflammatory Back Pain
- Simplified Immunology Lab in Arthritis
- Multiple Sclerosis: Presentation and Clinical Assessment
- Investigation and Work Out in Multiple Sclerosis
- Updated Management in Multiple Sclerosis
- Hyperparathyroidism
- Nodular Thyroid Disease
- Pre-diabetes
- Evolving Viral Epidemics
- Approach to Anemia Management
- Modern Approaches to Inflammatory Bowel Disease-Diagnostics and Procedures
- Pulmonary Embolism- A frequently missed diagnosis in the emergency department
- Thrombo-embolic Diseases, Challenging Co-Morbidity
- Updates in Anticoagulants
- Chronic Respiratory diseases in Middle East-An Update
- Community –acquired Pneumonia
- Pulmonary Function Tests in Clinical Practice
- Approach to Sleep Apnea

## Who Should Attend

All healthcare professionals including:

- Specialists
- Internists
- General Practitioners
- Family Physicians
- Medical Residents and Fellows
- Health Professionals in all sub-specialties
- Pharmacists
- Nurses
- as well as allied health professionals

## Speakers



**Dr. Yassin El Shahat, MD**  
Consultant, Nephrology & Hypertension  
and Chief Medical Officer  
Burjeel Hospital,  
Abu Dhabi, UAE



**Dr. Hussein Abdel Dayem**  
Consultant Dermatologist,  
Al Noor Hospital,  
Abu Dhabi, UAE



**Dr. Hossam El Din Moustafa**  
Consultant Pulmonologist,  
Medeor Hospital,  
Abu Dhabi, UAE



**Prof. Dr. Elham Abd El Zaher**  
Consultant, Head Department of  
Dermatology and Venoreology,  
Burjeel Hospital,  
Abu Dhabi, UAE



**Dr. Job Simon**  
Consultant ,Endocrinology and Diabetes,  
Burjeel Hospital,  
Abu Dhabi, UAE



**Prof. Hassan Siegfried Abou-Rebyeh**  
Consultant - Gastroenterology,  
Burjeel Hospital,  
Abu Dhabi, UAE



**Dr. Mazen Askheta**  
Adjunct Assistant Professor,  
Tawam John Hopkins Teaching Hospital,  
Al Ain, UAE



**Dr. Bassam Mahboub**  
Head of Respiratory and Pulmonary Unit  
Rashid Hospital,  
Dubai, UAE



**Dr. Kanaan Awaida**  
Consultant, Internal Medicine and Infectious  
Diseases, Head of Infectious Diseases Section  
Zayed Military Hospital



**Dr. Nehad Nabil Halawa**  
Specialist - Anesthesia,  
Burjeel Hospital  
Abu Dhabi, UAE



**Dr. Saicharan G. Bodi**  
Pulmonology Specialist,  
Burjeel Hospital,  
Abu Dhabi, UAE



**Dr. Magdi Mohamed**  
Specialist Emergency Medicine,  
Burjeel Hospital,  
Abu Dhabi, UAE



**Dr. Atta Ghassan Atta Al Khaznaji**  
Specialist Neurologist,  
Burjeel Hospital,  
Abu Dhabi, UAE



**Prof. Hamid Rabb**  
Vice Chairman, Department of Medicine,  
Professor of Medicine,  
John Hopkins Medicine,  
Baltimore, Maryland, USA



**Dr. Sherif Bakir**  
Consultant Cardiology  
Section Head of the Noninvasive Lab  
Sheikh Khalifa Medical City,  
Abu Dhabi, UAE



**Dr. Mohammed Saadah**  
Professor & Senior Consultant  
Neurologist,  
Zayed Military Hospital  
Abu Dhabi, UAE



**Dr. Mohamed Fouad Omar**  
Consultant Dermatologist,  
Burjeel Hospital,  
Abu Dhabi, UAE



**Prof. Mona Al-Rukhaimi**  
Professor, Consultant Physician,  
Nephrologist and Medical,  
Dubai Medical College,  
Dubai, UAE



**Dr. Nagwa Mossalem**  
Consultant Internist (with special  
interest in Rheumatology),  
Burjeel Hospital,  
Abu Dhabi, UAE



**Dr. Ali Mohammed Ali Hassan**  
Neurology Specialist,  
Al Ain Hospital,  
Abu Dhabi, UAE



**Dr. Mustafa Al Maini**  
Deputy Medical Director; Chief of  
Rheumatology, Allergy and Clinical  
Immunology Division, Mafraq Hospital,  
Abu Dhabi, UAE



**Dr. Omran Bedir Gatte**  
Consultant Internal Medicine/ Endocrinology  
and Diabetes and Metabolic Diseases,  
Burjeel Hospital,  
Abu Dhabi, UAE



**Dr. Marlene Bejjani Moukarzel**  
Senior Clinical Pharmacist,  
Mafraq Hospital  
Abu Dhabi, UAE



**Dr. Chandra Mauli Jha**  
Specialist Nephrologist,  
Burjeel Hospital  
Abu Dhabi, UAE



**Dr. Iman Hussein**  
Consultant Rheumatologist,  
LLH Hospital,  
Abu Dhabi, UAE

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## Scientific Program

Day 1: Thursday, 16th April 2015

**08:30** **WELCOME AND INTRODUCTION** Dr. Yassin El Shahat, Burjeel Hospital, Abu Dhabi

**Chairperson: Dr. Yassin El Shahat, Burjeel Hospital, Abu Dhabi**

08:30 - 09:00 State of the Art Lecture: Cardio-Renal Syndrome Prof. Hamid Rabb, John Hopkins Medicine Hospital  
Baltimore, Maryland, USA

**09:00 - 11:15** **SESSION 1: NEPHROLOGY**  
Chairpersons: Dr. Ashok Gupta (Burjeel Hospital) & Dr. Ehab Abdulrahim (Burjeel Hospital)

09:00 - 09:30 Acute Kidney Injury Dr. Chandra Mauli Jha, Burjeel Hospital, Abu Dhabi

09:30 - 10:00 KDIGO - Chronic Kidney Disease Guidelines:  
Facilitating Implementation Dr. Mona Al-Rukhaimi, Dubai Medical College, Dubai

**10:00 - 10:30** **OFFICIAL INAUGURATION**  
**Under the Patronage of H.E. Sheikh Nahayan Mabarak Al-Nahayan**  
Minister of Culture, Youth and Community Development, Abu Dhabi, UAE

10:30 - 11:00 Hypertension: New Guidelines Dr. Yassin El Shehat, Burjeel Hospital, Abu Dhabi

11:00 - 11:15 **Discussion**

**11:15 - 11:30** **COFFEE BREAK**

**11:30 - 13:00** **SESSION 2: DERMATOLOGY**  
Chairpersons: Dr. Afrozul Haq (VPS Healthcare) & Dr. Senthil Prabahar Samiraj (Burjeel Hospital)

11:30 - 11:55 Atopic Dermatitis- Updates Dr. Elham Abd El Zaher, Burjeel Hospital, Abu Dhabi

11:55 - 12:20 Skin Manifestation of Systemic Diseases Dr. Mohamed Fouad Omar, Burjeel Hospital, Abu Dhabi

12:20 - 12:45 Systemic Glucocorticoids in Dermatology Dr. Hussein Abdel Dayem, Al Noor Hospital, Abu Dhabi

12:45 - 13:00 **Discussion**

**13:00 - 14:00** **LUNCH BREAK**

**14:00 - 15:30** **SESSION 3: RHEUMATOLOGY**  
Chairpersons: Dr. Haider Al Attia (Universal Hospital) & Dr. Nahla Moussa (LLH Hospital)

14:00 - 14:25 Clinical Approach to Patient with Suspected  
Connective Tissue Diseases Dr. Iman Hussein, LLH Hospital, Abu Dhabi

14:25 - 14:50 Inflammatory Back Pain Dr. Nagwa Mossalem, Burjeel Hospital, Abu Dhabi

14:50 - 15:15 Simplified Immunology Lab in Arthritis Dr. Mustafa Al Maini, Mafraq Hospital, Abu Dhabi

15:15 - 15:30 **Discussion**

**15:30 - 15:45** **COFFEE BREAK**

**15:45 - 17:15** **SESSION 4: NEUROLOGY**  
Chairpersons: Dr. Lucky Das Gupta (Burjeel Hospital) & Dr. Mahmoud Farid (LLH Hospital)

15:45 - 16:10 Multiple Sclerosis: Presentation and Clinical Assessment Dr. Atta Ghassan Atta Al Khaznaji, Burjeel Hospital, Abu Dhabi

16:10 - 16:35 Investigation and Work-Up in Multiple Sclerosis Dr. Ali Mohammed Ali Hassan, Al Ain Hospital, Al Ain

16:35 - 17:00 Updated Management in Multiple Sclerosis Dr. Mohammed Saadah, Zayed Military Hospital, Abu Dhabi

17:00 - 17:15 **Discussion**

17:15 **End of Day 1**



## Scientific Program

Day 2: Friday, 17th April 2015

**Chairperson: Dr. Lalu Chacko (Medeor Hospital)**  
 08:30 - 09:00 State of the Art Lecture: Update in the Management of Hyperlipidemia  
 Dr. Sherif Bakir, Sheikh Khalifa Medical City, Abu Dhabi

**09:00 - 10:30 SESSION 5: ENDOCRINOLOGY**  
**Chairpersons: Prof. Dr. Alaa Eldin Ibrahim (Al Salama Hospital) Dr. Zubair Shaikh (Burjeel Hospital)**

09:00 - 09:25 Hyperparathyroidism Dr. Omran Bedir Gatte, Burjeel Hospital, Abu Dhabi  
 09:25 - 09:50 Nodular Thyroid Disease Dr. Job Simon, Burjeel Hospital, Abu Dhabi  
 09:50 - 10:15 Prediabetes: Co-Morbidities & Complications Dr. Mazen Askheta, Tawam Hospital, Al Ain  
 10:15 - 10:30 **Discussion**

**10:30 - 10:45 COFFEE BREAK**

**10:45 - 12:15 SESSION 6: INTERNAL MEDICINE AND GASTROENTEROLOGY**  
**Chairpersons: Dr. Tariq Karim (Lifecare Hospital) & Dr. Abdulhakeem Muhammed (Burjeel Hospital)**

10:45 - 11:10 Evolving Viral Epidemics Dr. Kanaan Awaida, Zayed Military Hospital, Abu Dhabi  
 11:10 - 11:35 Renal Complications in Pregnancy Prof. Hamid Rabb, John Hopkins Medicine Hospital Baltimore, Maryland, USA  
 11:35 - 12:00 Modern Approaches to Inflammatory Bowel Disease – Diagnostics and Procedures Prof. Hassan Siegfried, Burjeel Hospital, Abu Dhabi  
 12:00 - 12:15 **Discussion**

**12:15-13:45 PRAYER & LUNCH BREAK**

**13:45 - 15:15 SESSION 7: EMERGENCY AND INTENSIVE CARE**  
**Chairpersons: Dr. Megahid Aldawlatly (Al Noor Hospital, Airport Rd) & Dr. Haris Ansari (LLH Hospital)**

13:45 - 14:10 Pulmonary embolism - A Frequently Missed Diagnosis in the Emergency Department Dr. Magdi Mohamed, Burjeel Hospital, Abu Dhabi  
 14:10 - 14:35 Thrombo-Embolic Diseases: Challenging Co-Morbidity Dr. Nehad Nabil Halawa, Burjeel Hospital, Abu Dhabi  
 14:35 - 15:00 Updates in Anticoagulants Dr. Marlene Moukarzel, Mafraq Hospital, Abu Dhabi  
 15:00 - 15:15 **Discussion**

**15:15 - 15:30 COFFEE BREAK**

**15:30 - 17:45 SESSION 8: PULMONOLOGY**  
**Chairpersons: Dr. Amro Handy (Ibn Nafees Hospital) & Dr. Shehna Puthiyaveetil Abu (LLH Hospital)**

15:30 - 15:55 Delivering Medications in the Pulmonary System Dr. Hossam El Din Moustafa, Medeor Hospital, Abu Dhabi  
 15:55 - 16:20 Interesting Case Studies in Pulmonology Dr. Bassam Mahboub, Rashid Hospital, Dubai  
 16:20 - 16:45 Approach to Sleep Apnea Dr. Saicharan Bodi, Burjeel Hospital, Abu Dhabi  
 16:45 - 17:00 **Discussion**

**17:00 CLOSING CEREMONY**

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CITY

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Please select the conference that is relevant to your speciality.


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- 750 AED** Early Bird Registration (before 11th April 2015)  
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#### NON - DOCTORS

- 500 AED** Early Bird Registration (before 11th April 2015)  
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A confirmation email will be sent upon receipt of your registration form. Please note that full payment must be received prior to the event. Payment can be made via Online / Credit card / Cheque/Bank drafts in AED.

All payment should be in favour of 

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### Organising Office

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For registration and further information, please contact

Mr. Afsal via:

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Email: [afsal.ahmad@menaconf.com](mailto:afsal.ahmad@menaconf.com)

[www.menaconf.com](http://www.menaconf.com)

### Event Venue

  
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Abu Dhabi, UAE  
800 58634724

### Cancellation / Substitution Policy

If you are unable to attend, a substitute delegate will be very welcome in your place. If this is not suitable, a 20% administration fee will apply. Registrations cancelled less than two weeks before the event are non refundable.

The organizing committee reserve the right to make any modifications to the programme in occurrence of any unforeseen circumstances.

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