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Abu Dhabi Health Services Co. P.S.C



Abu Dhabi International Mental Health Conference

"Mental Health in a Changing World"

Conference

18-19
October - 2018

Workshops

20
October - 2018

Venue

Abu Dhabi National Exhibition Centre (ADNEC), Abu Dhabi, UAE

21.5 CME Hrs. Accredited by DOH Abu Dhabi



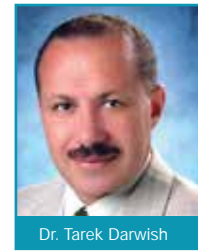
The Conference Program Includes 3 Tracks & Workshops
General Mental Health | Mental Health Subspecialties | Arabic Track | Workshops

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Welcome message



Dear Colleagues,

On the behalf of the scientific Committee, it gives us immense pleasure to invite you to **"Abu Dhabi International Mental Health Conference"** to be held on **18-20 October, 2018** at Abu Dhabi National Exhibition Centre (ADNEC) in Abu Dhabi, UAE.

This annual conference is the pinnacle event in the mental health industry. The conference provides an invaluable opportunity to build relationships and to share knowledge, research, latest advances and best practices in the arena of mental health across a broad spectrum of mental disorders.

The conference program is designed to challenge, inspire, demonstrate and encourage participants while facilitating discussion. The program will explore mental health access and support, service design and specialized clinically focused programs, physical wellbeing and mental wellness, mentally healthy workplaces, disorder management, strategies and support for wellness of mental health workers, suicide and harm prevention.

The program includes an extensive range of topics with keynotes, concurrent sessions, workshops and posters to examine solutions and share ideas for improving the quality of life for those with mental health issues.

Keynote addresses, submitted papers, workshops and case studies will discuss how approaches and techniques can be incorporated into daily practice. Featuring National and International leading clinical practitioners, academics, and mental health experts, the conference will motivate and inspire professionals (and future professionals) to make change and provide the best possible outcome for those living with mental health conditions.

This unique event will bring together prominent clinical practitioners, academics, service providers and mental health experts to deliberate and discuss mental health issues confronting the UAE and the region

The program will allow ample opportunities for participants to network collaborate and share ideas to enhance the quality and safety practices for mental care provided in the region

We hope this meeting will be of great benefit to all participants in the region, we also hope and trust that you will enjoy your visit to Abu Dhabi, the capital of the United Arab Emirates, and a vibrant and fast-growing city that combines state of the art facilities and infrastructure, as well as a glimpse into an ancient and endlessly fascinating past.

This is an event not to be missed!



Dr. Tarek Abdalla Darwish
Conference President

Consultant Psychiatrist & Medical Director,
BSP, SKMC, Abu Dhabi, UAE

Welcome message



Dear Colleagues,

On behalf of the organising and scientific committees, we are greatly honored to cordially welcome you all to this timely, informative and exciting event **"Abu Dhabi International Mental Health Conference"** to be held on **18-20 October, 2018** at Abu Dhabi National Exhibition Centre (ADNEC) in Abu Dhabi, UAE.

This multi-international conference will bring together some of the world's leading mental health specialists whose work has been widely acclaimed and which has contributed to successful patient outcomes.

Our past event has proven to be a major success and has been instrumental in further developing and solidifying our field as an important part in healthcare.

Now in its 2nd year, our conference is gaining a reputation as one of the world's largest established mental health congresses and an inspirational and empowering event tackling all the mental disorders challenges and offering new ideas and latest innovation to examine solutions for improving the quality of life for those with mental health issues in the UAE, the Middle East and the Region.

The scientific committee has developed a truly international event with high profile program that will satisfy all of your expectations and is rich and due to the success. The program will focus on the latest developments in current and controversial issues of our specialty, aims to offer reliable scientific updates in child & adult behavioral health & meet the challenges & opportunities that arise.

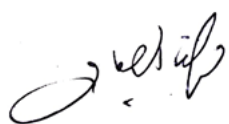
There will also be dedicated time for interdisciplinary workshops. As well the conference offers opportunities for paper presentations from clinicians and academics.

Every year we work towards raising the bar of excellence in terms of formulating a rich comprehensive agenda, inviting world-class renowned speakers for their unique insights, featuring high quality lectures on many key topics related to various psychiatric disorders and creating a rich interactive atmosphere for the exchange of knowledge and ideas to advance and develop the future of mental health in the UAE and the region.

The event will be a great opportunity to network with already known colleagues and to meet new colleagues in the field from across the globe.

We are certain that your active participation and presence in the conference will significantly contribute to the success of this meeting.

I would like to welcome you all in this meeting and I am confident that all the discussions and efforts that will be made during this conference will translate into a major step towards quality mental health care and service for the benefit of the people in need.



Dr. Medhat Elsabbahy
Conference Director

WAPR Board Member

Head of the Psychiatric Rehabilitation Division

Arab Federation of Psychiatrists

Head of the Psychiatric Rehabilitation Dept., BSP, SKMC

Abu Dhabi, UAE

Welcome letter from the Conference Guest of Honor



Future Changes of Global Mental Health

Dear Colleagues,

There are challenges and opportunities for the psychiatric profession to sustain and develop itself to secure the best possible future for the millions of people worldwide who will face life with mental illness.

The patient population of the future will reflect general demographic shifts towards older, more urban, and migrant populations. Services of the future should consider stepped care, increased use of multidisciplinary teamwork, more of a public health approach, and the integration of mental and physical health care. Psychiatrists need to remain up to date and educated in the evolving digital world.

OMICS is derived from the Sanskrit OM, which means "completeness and fullness". Thus, a holistic, systems-oriented approach, which may be well-positioned to fill the gap between the need for rigorous and rational psychiatry and the need for personalized medicine. OMICS sciences, being based on high-throughput technologies, are systems biology related fields (like genomics, proteomics, transcriptomics and so on). In the frame of the P5 medicine, personalized, participatory, predictive, preventive, psycho-cognitive, they could establish links between psychiatric disorder, which are disorders with a final common symptomatology with vastly heterogeneous biological, environmental and sociological underpinnings.

Personalized medicine P5 might be able to determine which patient will experience a severe side-effects from a specific medication. Nanotechnology might also contribute to more effective treatments. The role of inflammatory processes in mental disorders is under investigation and holds great promise. Advances in stem-cell therapy have enabled pluripotent cells to be directed towards defective brain areas with the aim of improving neuronal circuitry.

Psychiatrists also need to be trained in diagnosis and management of common communicable and non-communicable diseases so that they are equipped to manage common medical problems in patients with mental illness under their care.

Welcome to Abu Dhabi International Mental Health Conference 2018.



Prof. Ahmed Okasha

Conference Guest of Honor

Director of WHO Collaborating Center

For Research and Training in Mental Health

Professor and Founder of Institute of Psychiatry, Ain Shams University

President of World Psychiatric Association WPA (2002-2005)

Hon. President Egyptian Psychiatric Association

Hon. President Arab Federation of Psychiatrists

Adviser to the Egyptian President for Mental Health and Community integration

Conference President

- **Dr. Tarek Abdullah Darwish** - Consultant Psychiatrist & Medical Director, SKMC, Abu Dhabi, UAE

Conference Director

- **Dr. Medhat Elsabbahy** - WAPR Board Member, Head of the Psychiatric Rehabilitation Division, Arab Federation of Psychiatrists, Head of the Psychiatric Rehabilitation Dept., BSP, SKMC - Abu Dhabi, UAE

Organizing Committee

- **Dr. Alaa Haweel**, Consultant Psychiatrist, Sheikh Khalifa Medical City (SKMC), Abu Dhabi, UAE
- **Dr. Mohamed Gamal Mousa**, Consultant Psychiatrist, Sheikh Khalifa Medical City (SKMC), Abu Dhabi, UAE
- **Dr. Amani Ahmed**, Consultant Psychiatrist, Sheikh Khalifa Medical City (SKMC), Abu Dhabi, UAE
- **Dr. Mufeed M.S. Raouf**, Consultant Psychiatrist, Sheikh Khalifa Medical City (SKMC), Abu Dhabi, UAE
- **Dr. Ahmed Elboraie**, Consultant Psychiatrist, Sheikh Khalifa Medical City (SKMC), Abu Dhabi, UAE
- **Dr. Talaat Matar**, Consultant and Head of the Psychiatry Department at Ibrahim Bin Hamad Obaidullah Hospital, Ras Al Khaima, UAE
- **Dr. Elbakhir Hassan Abdalla Mohamed**, Consultant Psychiatrist, Sheikh Khalifa Medical City (SKMC), Abu Dhabi, UAE
- **Dr. Khawla Ahmed**, Consultant & Head of Psychiatry Department, Rashid Hospital, Dubai, UAE
- **Dr. Hadeer Abdel Rahman**, Specialist Psychiatrist, Sheikh Khalifa Medical City (SKMC), Abu Dhabi, UAE
- **Ahlam Abdullah**, Marketing Department, Sheikh Khalifa Medical City (SKMC), Abu Dhabi, UAE
- **Baqlah Hassan Ali**, SCN Nurse, Sheikh Khalifa Medical City (SKMC), Abu Dhabi, UAE
- **Fareza Awwad**, Staff Nurse, Sheikh Khalifa Medical City (SKMC), Abu Dhabi, UAE

Scientific Committee

- **Dr. Tarek Abdullah Darwish**, Medical Director and Consultant Psychiatrist, Sheikh Khalifa Medical City (SKMC), Abu Dhabi, UAE
- **Dr. Mohamed Al-Garhy**, Consultant Psychiatrist, Sheikh Khalifa Medical City (SKMC), Abu Dhabi, UAE
- **Dr. Medhat Elsabbahy** - WAPR Board Member, Head of the Psychiatric Rehabilitation Division, Arab Federation of Psychiatrists, Head of the Psychiatric Rehabilitation Dept., BSP, SKMC - Abu Dhabi, UAE
- **Prof. Ahmed Saad**, Professor of Psychiatry, Chair of Ain Shams Institute of Psychiatry, Cairo, Egypt
- **Dr. Samer Makhoul**, Consultant Psychiatrist, American Center for Neurology and Psychiatry, Abu Dhabi, UAE
- **Prof. Dr. Hisham Ramy**, Professor of Psychiatry, Ain Shams University, Chair of the Mental Health Trust, Cairo, Egypt
- **Dr. Tarek Shahrouf**, Director of the Psychiatry Residency, Training Program (ACGMEI accredited), Consultant Psychiatrist (Liaison Psychiatry), Sheikh Khalifa Medical City (SKMC), Abu Dhabi, UAE
- **Dr. Khadija Soleiman El-Hammasi**, Specialist Psychiatrist, Sheikh Khalifa Medical City (SKMC), Abu Dhabi, UAE
- **Dr. Adel Ahmed El Sheikh**, Consultant Psychiatrist, Sheikh Khalifa Medical City (SKMC), Abu Dhabi, UAE
- **Ma'Moon A M Karaja**, CN Nurse, Sheikh Khalifa Medical City (SKMC), Abu Dhabi, UAE
- **Baqlah Hassan Ali**, SCN Nurse, Sheikh Khalifa Medical City (SKMC), Abu Dhabi, UAE

Advisory Board

- **Prof. Ahmed Okasha**, M.D., PhD, F.R.C.P., F.R.C., Psych., F.A.C.P (Hon.) Founder, Professor and Emeritus Chairman Institute of Psychiatry, Ain Shams University, Hon. President Egyptian Psychiatric Association, Hon. President Arab Federation of Psychiatrists, President of World Psychiatric Association WPA (2002-2005), Member of the Egyptian Presidential Advisory Council of distinguished Scientists
- **Prof. Afzal Javed**, WPA PRESIDENT Elect The Medical Centre. Manor Court Avenue Nuneaton, United Kingdom
- **Prof. Afaf Hamed Khalil**, Professor of Psychiatry, MD, FRCpsych, FAPA Institute of Psychiatry, Ain Shams University, President of Egyptian Association of Psychiatric Services
- **Dr. Alzain Abbas Omara**, MD , FRCpsych , DPM , FAPA, Consultant Psychiatrist, Al Noor Hospital
- **Prof. Thyloth Murali**, MD, DPM, PRESIDENT WAPR
Prof. and Head Dep. of Psychiatry, M.S.Ramaiah Medical College and Hospitals
- **Prof. Marianne Farkas**, Boston Rehabilitation Center, USA
- **Prof. Veronica Carey**, Prof. Psychiatric Rehabilitation, Drexel University , Philadelphia
Chair of Psychiatric Rehabilitation Academy, USA

Learning Objectives

Upon completion of this educational activity, participants will be able to:

- Review the latest evidence and best practices for the management and treatment of different issues related to old aged and adults with mental health disorders.
- Describe fundamentals of quality improvement strategies for mental illness
- Evaluate and diagnose a selected group of common mental disorders using the most updated evidence based tools and apply it appropriately to fit regional special needs.
- Review practical real-life cases and pitfalls in various sub-specialties.
- Examine solutions to real-world clinical problems through case-based learning sessions
- Review current treatment guidelines and how to utilize them in clinical practice.
- Provide insight into patient needs and experiences and improve clinical practice.
- Apply new knowledge in the diagnostic and therapeutic modalities presented in selected topics
- Formulate an appropriate approach that is suitable for local experiences in some of the controversial issues in adults and old aged with mental health disorders
- Perform hands-on workshops given by world-leading experts and tutors in Mental Health Disorders

Conference Highlighted Sessions

- Mental Health Access and Support, Service Design, Specialized
- Clinically Focused Programs
- Physical Wellbeing, Mental Wellness
- Mentally Healthy Workplaces
- Strategies and Support for Wellness of Mental Health Workers
- Disorder Management
- Adolescent Mental Health
- Aged Care Mental Health Solutions
- Suicide and Self Harm Prevention
- Living with Mental Health Issues
- Mental Health Care

Key Features

- State of the art lectures
- Keynote presentations by renowned speakers
- Poster presentations
- World class exhibits
- Interactive sessions
- Case discussions
- Hands-on workshops
- Platform for global networking connecting scientific community

5 Great Reasons to Attend

- **ACCESS** a best-in-class program in mental health delivered by experts in the field
- **LEARN** new frameworks and skills that can be implemented in your organisation
- **EXPERIENCE** incredible networking opportunities
- **ASK** questions, challenge thinking
- **JOIN** a community of change makers working to build a better world

Target Audience

This activity is designed to meet the needs of:

- Psychiatrists
- Psychologists
- Neurologists
- Occupational Therapists
- Physical Therapists
- Speech Therapists
- Social Workers
- Counsellors
- General Practitioners
- Family Physicians
- Residents & Fellows
- Pharmacists
- Clinical Nurses
- Geriatrics physicians
- Aged care Providers
- Researchers
- Policy Makers, Government, Academia and Other Mental Health Professionals

General Adult Psychiatry



Dr. Tarek Darwish
UAE



Dr. Medhat Elsabbahy
UAE



Prof. Dr. Ahmed Okasha
Egypt



Prof. Roger McIntyre
Canada



Prof. Afaf Hamed Khalil
Egypt



Dr. Muna Al Kuwari
UAE



Prof. Dr. Mohamed El Mahdi
Egypt



Prof. Dr. Hisham Ramy
Egypt



Timothy Seth Studley
USA



Dr. Nadia Dabbagh
UAE



Mia Atoui
Lebanon



Prof. David M. Ndeti
Kenya



Dr. Saeed Wahass
KSA



Dr. Subas Pradhan
UAE



Prof. Tarek Asaad
Egypt



Prof. Dr. Momtaz Abdel Wahab, Egypt



Dr. Khaled Ibrahim Ismael, UAE



Prof. Nivert Zaki
Egypt



Dr. Waleed Al Faisal
UAE



Prof. Dr. James Justin Kennedy, UAE



Dr. Kadhim Alabady
UAE



Psychiatric Subspecialties



Prof. Benton Tami
USA



Anita Sunil
UAE



Shaikha Al Awadhi
UAE



Prof. Syed Mahboob Shah
UAE



Michelle Kelly
UAE



Rasha R. Baruni
UAE



Prof. Khalid Mufti
Pakistan



**Dr. Emina Sabic
Dzananovic, UAE**



Fariha Khan
UAE



Prof. Dr. Ahmed Saad
Egypt



Prof. Charlotte Kamel
Bahrain



**Dr. Othman Ibrahim
ELSayed, UAE**



Dr. Bassem Badr
UAE



**Prof. Mohamed Yousef
Abo Zaid, Kuwait**



Dr. Yahya Takriti
UAE



Audun Pedersen
Norway



Dr. Davor Mucic
Denmark



Dr. Ismail Shihabuddeen
India



Arabic Sessions



Zahraa Almousawi
Kuwait



**Dr. Nashwa Karam
Abu Bakr, KSA**



**Prof. Fatma Khalifa
Elsayed, KSA**



**Dr. Marwa Tawfik
Elhegawy, Egypt**



Dr. Samir Saad Khattab
Egypt



Dr. Khaled Bouafia
Algeria



Dr. Taleb Hanane
Algeria



Dr. Talaat Matar
UAE



Dr. Reham Aly
Egypt



**Dr. Abshan Bin Mohammed
Al Abshan, KSA**



Dr. Youcef Kaddouri
Algeria



Dr. Amel Faci
Algeria



**Dr. Safa Ali Aman
Al-Jameel, Oman**



Dr. Eng. Manal Elewah
UAE



Workshop



Prof. Benton Tami

USA



Dr. Shaima Al Fardan

UAE



Dr. Reham Aly

Egypt



Prof. Dr. Hisham Ramy

Egypt



Sara Powell

UAE



Mariam El Halawani

UAE



Natalia Gomez Carlier

UAE



**Prof. Lotfy Abdul Aziz
Al-Sherbiny, Egypt**



Zahraa Almousawi

Kuwait



Prof. Dr. Mohamed El Mahdi

Egypt



Dr. Ramona Lucas-Carrasco

Spain





07:20-08:20	Registration & Welcome Break		
07:20-08:30	Pre-Test		
08:30-08:45	Welcome Remarks: Dr. Tarek Darwish, Conference Chair		
08:45-09:00	Welcome (SEHA)		
09:00-10:00	Key Note Presentation: Prof. Dr. Ahmed Okasha (The Discovery of Adult Hippocampal Neurogenesis: "Therapeutic Implications")		
10:00-10:15	Coffee Break		
Parallel Session 1	General Adult Psychiatry Chair: Prof. Afaf Hamed Khalil	Psychiatric Subspecialties Chair: Dr. Samaa Al Abd	Arabic Sessions بالعربية محاضرات باللغة العربية Chair: Amani Ibrahim
10:15-11:15	Challenges in the Management of Bipolar Disorder in Women Prof. Afaf Hamed Khalil, Egypt	"The Teaching of School Readiness Skills to Children with Special Needs using a Holistic Allied Health Approach – The School Readiness Program" Lauren Connelly, UAE	الاحتراق النفسي لدى المرأة وعلاقته بتغيير صورة المرأة النمطية وضغط المتطلبات الحديثة من المرأة زهراء الموسوي Women's psychological combustion & its relationship to changing the image of stereotyped women & the pressure of modern requirements of women Zahraa Al Mousawi, Kuwait
	MOHAP National Mental Health Program, 2015 - 2021 Dr. Muna Al Kuwari, UAE	The impact of absence positive fatherhood on children Shaikha Al Awadhi, UAE	استراتيجيات مواجهة الضغوط وعلاقتها باضطرابات النوم لدي عينة من المراهقين د/ نشوة كرم أبوبكر Stress response strategies and their relation to sleep disorders in a sample of adolescents Dr. Nashwa Karam Abu Bakr, KSA
11:15-11:45	Panel Discussion		
11:45-12:00	Coffee Break		
Parallel Session 2	General Adult Psychiatry Chair: Dr. Alaa Haweel	Psychiatric Subspecialties Chair: Dr. Tarek Shahrour	Arabic Sessions بالعربية محاضرات باللغة العربية Chair: Dr. Shaima Al Fardan
12:00 – 13:00	Depression, Sleep, and Circadian Rhythm Prof. Dr. Mohammed Elmahdi, Egypt	Emergence of suicide among youth and associated risk factors in Himalayan mountain villages of Pakistan Prof. Syed Mahboob Shah, UAE	إضطراب فرط الحركة وتشتت الإنتباه لدى الأطفال (التشخيص والعلاج) دكتورة فاطمة خليفة السيد Hyperactivity disorder & distraction in children(diagnosis and treatment) Dr. Fatma Khalifa Al Sayed, KSA
	Neuro Biology of Depression Prof. Dr. Hisham Ramy, Egypt	Applied Behavior Analysis (ABA) and Autism Spectrum Disorder: Myths, Evidence, and Effects Michelle P. Kelly & Rasha R. Baruni, UAE	التحرش الجنسي وعلاقته باضطراب الهوية الجنسية د/ مروة احمد فواد الحجاوي Sexual harassment and its relationship to sexual identity disorder Dr. Marwa Ahmed Fouad Al Hijawi, UAE
13:00-13:30	Panel Discussion		
13:30-15:00	Lunch Break		



Parallel Session 3	General Adult Psychiatry Chair: Dr. Nadia Dabbagh	Psychiatric Subspecialties Chair: Dr. Mohamed Abdel Maksoud	Arabic Sessions محاضرات باللغة العربية Chair: Dr. Mohamed Khaled
15:00-16:15	Case Study: Treating Historical Trauma in Native Americans -Unlearning what was taught in Graduate School and Collected Case Studies of Practice Based Evidence Timothy Seth Studley, USA	Prevalence of symptoms of depression among school children in Al Ain Prof. Syed Mahboob Shah, UAE	Integrated Cognitive Behavioral Therapy : Is it Applicable to our Culture? Dr. Talaat Matar Tadross, UAE
	Dubai's Mental Health Strategy 2017-2021 Dr. Nadia Dabbagh, UAE		
	Embrace Lifeline: Lebanon's First National Suicide Prevention Helpline Mia Atoui, Lebanon	Mental Health Relief Services for Children Affected by the Army Public School Massacre in Peshawar, Pakistan Prof. Khalid Mufti, Pakistan	الفروق بين مرتفعي ومنخفضي صورة الجسم في القلق والمخاوف الاجتماعية، دراسة نفسية مقارنة على عينة من طالبات جامعة حائل د. سمير سعد خطاب The differences between high & low body image in anxiety & social concerns, a comparative psychological study on a sample of students of Hael University Dr. Samir Saad Khatab, Egypt
16:15-16:45	Panel Discussion		
16:45-17:00	Coffee Break		
Parallel Session 4	General Adult Psychiatry Chair: Dr. Nahida Ahmed	Psychiatric Subspecialties Chair: Dr. Gamal Mousa	Arabic Sessions محاضرات باللغة العربية Chair: Dr. Bouafia Khaled
17:00-18:15	Towards Developing Integrated Mental Health Services in General Hospitals in Low Resource Settings Prof. David M. Ndetei, Kenya	Development of psychological functional measures for Hearing impaired individual using Arabic Sign Language Dr. Safa Ali Al-Jameel, Oman	الشيخوخة الناجحة ودور الليونة العصبية الدماغية بوعافية خالد Successful aging & the role of cerebral neurodegeneration Dr. Bouafia Khaled, Algeria
	Stigma and Mental Illnesses Dr. Saeed Wahass, KSA		
	Does Self-help, Help? - A survey of attitude towards the use of self-help materials amongst mental health professionals working in Al- Amal psychiatric hospital, Dubai, U.A.E. Dr. Subas Pradhan, UAE	Aging & the Risk of Depression in Old Age Fariha Khan, UAE	تناول نفسي عصبي لشكل الاكتئاب واضطراب بعض المهام التنفيذية لدى المسنين د. طالب حنان، الجزائر Neuropsychological contribution of the form of depression & disorder of executive functions in the elderly Dr. Taleb Hanane, Algeria
18:15-18:45	Panel Discussion		
18:45-18:50	Evaluation		
18:50	End of Day 1		



08:00-08:55	Registration & Welcome Break		
08:55-09:00	Welcome Remarks: Dr. Medhat Elsabbahy, Conference Director		
09:00-10:00	Review of Canadian Guidelines Major Depressive Disorder Prof. Roger McIntyre, Canada Recognition and Treatment of Pediatric Eating Disorders Prof. Benton Tami, USA		
10:00-10:15	Coffee Break		
Parallel Session 5	General Adult Psychiatry Chair: Dr. Mufeed Raouf	Psychiatric Subspecialties Chair: Dr. Mohamed AlGarhy	Arabic Sessions بالغة العربية Chair: Dr. Eman Elhouty
10:15-11:30	Updates on Schizophrenia Prof. Tarek Asaad, Egypt	Culture and Substance Use Disorders Prof. Ahmed Saad, Egypt	برنامج سلوكي لتحسين المهارات الاجتماعية لدى بعض حالات القصور ن (دراسة تجريبية إكلينيكية) د. عبشان بن محمد العيشان Behavioral program to improve social skills in some cases of schizophrenia (clinical trial study) Dr. Abshan bin Mohammed Al Abshan, KSA
	Schizophrenia Improving the outcomes Prof. Momtaz Abdelwahab, Egypt	Internet Addiction: Review of Current and Future Situation Prof. Charlotte Kamel, Bahrain	العمل العلاجي الشبكي كخدمة لعائلات المصابين بالفصام يوسف قدوري بن علي Network therapy as a service for families with schizophrenia Dr. Yousef Kadouri Ben Ali, Algeria
11:30-12:15	Panel Discussion		
12:15-14:00	Prayer & Lunch Break		
Parallel Session 6	General Adult Psychiatry Chair: Dr. Samer Makhoul	Psychiatric Subspecialties Chair: Dr. Adel ElSheikh	Arabic Sessions بالغة العربية Chair: Dr. Talaat Matar
14:00-15:15	Prevalence of Post-traumatic Stress Disorder (PTSD) Among Psychiatric Outpatient in Al Fayhaa Hospital in Basra; Presenting Symptoms & Associated Impairment Dr. Khaleel Ibrahim Ismael, UAE	Psychiatric Suitability Assessment for Bariatric Surgery Dr. Othman Ibrahim Elsayed, UAE	مرض الكتاب كما يراه المرضى المكتئبون د. طلعت مطر Depression is seen by depressed patients Dr. Talaat Matar Tadross, UAE
	Metabolic profile and indices in a sample of drug-naive patients with schizophrenia and bipolar disorder Prof. Nivert Zaki, Egypt	Prevalence of metabolic syndrome in a sample of patients with severe mental illness in Dubai, UAE Dr. Bassem Badr, UAE & Dr. Mohammed Yousef Abo Zaid, Kuwait	
		"Chronic Fatigue Syndrome" The challenges of diagnosis and management Dr. Yahya Takriti, UAE	
Continue			



	Population Based Screening of Depressive Symptoms among Adult Cohorts at Multicultural Environment Setting Dr. Waleed Al Faisal, UAE		الانعكاسات الثقافية في ممارسة العلاج السلوكي المعرفي في العالم العربي د. ريهام عبد السميع علي، مصر Cultural reflections in practicing cognitive behavior therapy in Arabic World Dr. Reham Abdelsamie Ali, Egypt
15:15-16:00	Panel Discussion		
16:00-16:15	Coffee Break		
Parallel Session 7	General Adult Psychiatry Chair: Dr. Kadhim Alabady & Dr. Hadeer Abdelrahman	Psychiatric Subspecialties Chair: Dr. Ahmed Elboraie	Arabic Sessions محاضرات باللغة العربية Chair: Dr. El Bakhir Mohamed
16:15-17:30	The vital role of coaching leadership skills of nurses in development of the first Nursing Leadership Academy in the Middle East Region Prof. Justin James Kennedy, UAE	Community based mental health services in Bergen, Norway Audun Pedersen, Norway	طبيعة الاكتئاب والتكتم الانفعالي وعلاقته ببعض المتغيرات السوسيوديمغرافية لدى مرضى السرطان بالجزائر أمل فاسي، الجزائر The nature of depression & emotional deafness & its relation to some sociodemographic variables in cancer patients in Algeria Dr. Amel Faci, Algeria
	Mental Health Nursing Key Challenges Dubai, 2018 Dr. Kadhim Alabady, UAE	Group meetings of care-givers of persons with Schizophrenia & Bipolar mood disorder in a General Hospital Psychiatry Unit Dr. Ismail Shihabuddeen TM, India	
	Psychosocial Support for Victims of Domestic Violence Anita Sunil, UAE	The Use of a Telemedicine Model and Its Logistics to Reach as Many Refugees as Possible" Dr. Davor Mucic, Denmark	عمل فريق السرطان معًا للحصول على جودة أفضل د / منال عليوة ، الإمارات العربية المتحدة The Cancer Team working together for better quality Dr. Manal Elewah, UAE
17:30-18:15	Panel Discussion		
18:15-18:20	Post-Test		
18:20- 18:25	Evaluation		
18:25	End of Day 2		



08:00-09:00	Registration & Welcome Break		
Session-A	Workshop Room Chair: -----	Workshop Room Chair: -----	Workshop Room Chair: -----
09:00-11:00	<p>WORKSHOP 1</p> <p>Assessment and Treatment for Children and Adolescents presenting with suicidal thoughts and behaviors Prof. Benton Tami, USA</p>	<p>WORKSHOP 2</p> <p>Eye Movement Desensitization and Reprocessing (EDMR) therapy in the UAE Dr. Shaima Al Fardan, UAE</p>	<p>WORKSHOP 3</p> <p>الصحة النفسية للمسنين للجوانب النفسية لحالات الشيخوخة و كبار السن تقديم د/ لطفي عبد العزيز الشربيني Mental Health for the Elderly "Psychological Aspects of aging and older persons" Dr. Lutfi Abdul Aziz Al-Sherbini, Egypt</p>
11:00-11:15	Coffee Break		
Session-B	Workshop Room Chair: -----	Workshop Room Chair: -----	
11:15-13:15	<p>WORKSHOP 4</p> <p>Family Trauma and Evidenced Based Art Therapy Sara Powell, Mariam El Halawani & Natalia Gomez Carlier, UAE</p>	<p>WORKSHOP 5</p> <p>Cognitive Behavior Therapy for Psychological Disorders: Think Well, Feel Better (Arabic) Dr. Reham Abdelsamie Aly & Prof. Hisham Rami, Egypt</p>	
13:15-14:00	Prayer and Lunch Break		
Session-C	Workshop Room Chair: -----	Workshop Room Chair: -----	Workshop Room Chair: -----
14:00-17:00	<p>WORKSHOP 6</p> <p>Quality of Life in persons with dementia: the use of self- reported questionnaires Dr. Ramona Lucas-Carrasco, Spain</p>	<p>WORKSHOP 8</p> <p>Schema therapy for personality disorders Zahraa Almousawi, Kuwait</p>	<p>WORKSHOP 9</p> <p>العلاج الزوجي ورشة عمل دكتور / محمد المهدي رئيس قسم الطب النفسي - كلية طب دمياط - جامعة الأزهر Marital Therapy Workshop Dr. Mohamed El Mahdi, Egypt</p>
17:00	End of Day 3		



Abu Dhabi International Mental Health Conference

Day 3 – Saturday, 20 October 2018

POSTER PRESENTER

1.	The prevalence of depression among female medical students in Al-Maarefa Colleges in Riyadh, Saudi Arabia 2015-2016	Shatha Emadadeen Ali, KSA
2.	Prevalence of anxiety and depression in mothers of children with profound bilateral sensorineural hearing loss	Dr. Sima Noohi, Iran
3.	Incidence of Child Abuse and Parents Role in Riyadh, Saudi Arabia	Afnan Abdullah Alghamdi, KSA
4.	Clozapine compliance in BSP	Muath Al Zarooni, Rayan Gornas, Muez Siddiq, Medhat Elsabbahy, UAE
5.	Depot antipsychotic compliance in BSP OPD	Faisal Salman, Sumaya AlMarzooqi, Saad Ghaleb, UAE
6.	Presentation of Narcolepsy in the United Arabi Emirates: A descriptive case series	Dr. Khaldoun Mozahem, Dr. Safana Al Fardan, Ms. Seada Kassie, Ms. Ola Mohamed Ali, Dr. Taoufik Alsaadi, UAE
7.	The Association between Tobacco Smoking and Stress, Anxiety and Depression among Medical Students at King Saud University, Jeddah	Mohammed Ghraith, Abdulhameed Bokhari, KSA

Glimpse of 1st International Congress of the World Association for Psychosocial Rehabilitation (WAPR) - Abu Dhabi





Glimpse of 1st International Congress of the World Association for Psychosocial Rehabilitation (WAPR) - Abu Dhabi





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<input type="checkbox"/> Workshop (Selection of 3 Workshops)	AED 300

A confirmation email will be sent upon receipt of your registration form. Please note that full payment must be received prior to the event. Payment can be made via Online / Credit card / Cheque/Bank drafts in AED. All payment should be in favour of MENA Conference

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Organizing Office

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For registration and further information, please contact

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Cancellation / Substitution Policy

If you are unable to attend, a substitute delegate will be very welcome in your place. If this is not suitable, a 20% administration fee will apply. Registrations cancelled less than two weeks before the event are non refundable.

Event Venue



Abu Dhabi National Exhibition Center
Khaleej Al Arabi Street
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The organizing committee reserve the right to make any modifications to the programme in occurrence of any unforeseen circumstances.

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Abu Dhabi International Mental Health Conference

“Mental Health in a Changing World”

Conference

18-19
October - 2018

Workshops

20
October - 2018

Venue

**Abu Dhabi National Exhibition
Centre (ADNEC), Abu Dhabi, UAE**



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