

Helicobacter Pylori Update Conference



15th February, 2019
Intercontinental Hotel, Abu Dhabi, UAE

7 CME Hours Accredited by Department of Health - Abu Dhabi

Welcome Message



Dear Colleagues,

On the behalf of the Scientific Committee, it gives me great pleasure to invite you to attend the **“Helicobacter Pylori Update Conference”** to be held on **15th February 2019** at **Intercontinental Hotel, Abu Dhabi, UAE.**

Helicobacter Pylori infection is one of the most common worldwide infections and still leads to significant medical problems including peptic ulcer disease, functional dyspepsia and gastric cancer and MALT lymphoma worldwide in the 21st century. Helicobacter Pylori is defined as a Class 1 carcinogen by the World Health Organization and does not always cause symptoms, so people may carry it without knowing they have the infection. Diagnosing Helicobacter Pylori can be challenging, and treatment is complex involving multiple antibiotics taken for weeks.

This ground-breaking event will review multiple issues surrounding Helicobacter Pylori and its effects through multiple stakeholder perspectives including patients, payors and providers and well as the burden of Helicobacter Pylori on health systems and economic productivity. A wide array of topics of interest will be addressed by a renowned faculty of speakers and leading experts in this field.

The program will emphasize the importance of appropriate screening, early diagnosis of Helicobacter Pylori infection and effective cutting-edge treatment in successful eradication of the infection. The program will also emphasize the importance of antibiotic resistance rates, patient medical compliance with treatment and follow up, and the role of Helicobacter Pylori in unexplained iron deficiency anemia, and idiopathic thrombocytopenic purpura

Emerging therapeutic areas such as the intestinal microbiome and the use of adjunctive therapies such as probiotics will be discussed. The role of traditional medications such as honey and black seed as well as newer products such blueberry and grape seed extracts will be discussed

Most importantly this conference will provide practicing physicians and health care workers with a unique opportunity to network with their peers and keep abreast of the latest updates in Helicobacter Pylori.

I look forward to your participation and hope to see you on 15th February, 2019 to make the conference a success.

Please do not miss this outstanding opportunity!

Dr. Nigel Umar Beejay MB BChir, MA (Cantab), FACP, CPE, Dip (Med Hyp)

Conference Chair

Consultant Physician, Gastroenterologist and Hepatologist

Certified Physician Executive

King's College Hospital, Abu Dhabi, UAE

Harley Street London

Scientific Committee

Head of Scientific Committee: **Dr Nigel Beejay**

- Dr. Mourad Habib Kirollos
- Dr. Sahira Mahmood
- Dr. Makki Fayadh
- Dr. Fayeza Saif Nasir
- Dr. Salem Awadh
- Dr. Yogesh Shastri

Organizing Committee

Head of Organizing Committee: **Mr Khaled Afify**

- Dr. Nigel Beejay
- Mr. Khaled Afify
- Dr. Yogesh Shastri
- Dr Mary Massoud, Burjeel Hospital

Conference Objectives

- Identify natural history of H pylori infection
- Highlight the importance of H. pylori screening and select the most appropriate diagnostic test for specific patients
- Review the common indications for H. Pylori testing
- Discuss the current H Pylori treatment options
- Evaluate patterns of antibiotics resistance in H. Pylori
- Discuss clinical consequences
- Address the management of treatment failures
- Describe the impact of antibiotic resistance on H. pylori eradication
- Realize the link between H. pylori associated conditions
- Discuss prevention programs
- Evaluate the role of traditional medications
- Discuss the role of prebiotics and probiotics in treating H. Pylori

Key Topics

- Why is Helicobacter Pylori Relevant today?
- Helicobacter Pylori - Epidemiology and Global Burden of Disease
- Helicobacter in the Gulf - A snapshot
- Helicobacter Pylori and Dyspepsia
- Helicobacter Pylori and Peptic Ulcer Disease
- Helicobacter Pylori and Gastric Cancer
- Helicobacter Pylori and MALT lymphoma
- Helicobacter Pylori and Gastric Atrophy
- What is the best way to diagnose Helicobacter Pylori?
- Is Test and Treat a Useful treatment Strategy?
- Does Helicobacter Pylori protect against GERD and asthma?
- Helicobacter Pylori - What are the principles behind treatment strategies?
- The role of acid suppression in treating Helicobacter Pylori
- What is the role of Probiotics in treatment of Helicobacter Pylori
- What other adjunctive therapies can be used in treating Helicobacter Pylori?
- What about retreatment? How does reinfection occur in Helicobacter Pylori?
- When should children be treated for Helicobacter Pylori?
- Global Guidelines for Helicobacter Pylori
- Helicobacter Pylori from a primary care perspective
- Helicobacter Pylori from a public health perspective

Target Audience

- General Practitioners
- Family Physicians/ Internist
- Radiologists
- Pathologists
- Pharmacists
- Governmental and Non-Governmental Infection Control Officials
- Researchers and Other Professionals Interested in the Treatment of Helicobacter Pylori
- Gastroenterologists
- Hepatologists
- Hepatologists
- General Surgeons
- Internists
- Oncologists
- Family Medicine
- Medical and Surgical Residents
- Dieticians
- Nurses
- Medical Students
- Allied Healthcare professionals interested in the topic

Speakers



DR. NIGEL UMAR BEEJAY

Consultant Pediatrician,
Gastroenterologist Hepatologist
King's College Hospital,
Abu Dhabi, UAE



DR. ASAD IZZIDDIN DAJANI

CEO/Consultant Gastroenterologist &
Hepatologist, Asad Dajani Specialized
Clinic (ADSC), Sharjah, UAE



DR. BINU GEORGE

Consultant Pediatrician,
King's College Hospital,
Abu Dhabi, UAE



DR. MAKKI FAYADH

Consultant Gastroenterology &
Hepatology, Advanced Day Care Surgery,
Abu Dhabi, UAE



**DR. BADREYA ABDULLA
RASHED ALSHEHHI**

Dermatologist, Sheikh Khalifa
Medical City, Abu Dhabi, UAE



DR. MUSTAFA SABRI

Consultant Gastroenterologist,
Rashid Hospital-DHA, Dubai, UAE



DR. MARY PHILIP MASSOUD

Specialist Family Medicine,
Burjeel Day Surgery Center,
Abu Dhabi, UAE



DR. PRITI JOSHI

Consultant Anatomic Pathologist,
Cleveland Clinic, Abu Dhabi,
UAE



DR. SALEM AWADH

Consultant Gastroenterology
& Hepatology, Advanced Day
Care Surgery, Abu Dhabi, UAE



DR. STEFAN WEBER

Consultant Pathologist, Sheikh Khalifa
Medical City, Abu Dhabi, UAE



DR. YOGESH SHASTRI

HOD & Specialist
Gastroenterology,
Abu Dhabi, Abu Dhabi, UAE



DR. UROOJ AHMED

Consultant Gastroenterology,
Sheikh Khalifa Medical City,
Abu Dhabi, UAE



DR. SAHIRA MAHMOOD

Family Medicine,
King's College Hospital,
Abu Dhabi, UAE

Scientific Agenda

Time	Topic	Speaker
08:00 – 08:20	REGISTRATION	
08:20 – 08:30	WELCOME AND INTRODUCTION	
SESSION I: H. Pylori Epidemiology and Global Burden of Disease		
08:30 – 09:00	Keynote: Why is Helicobacter Pylori Relevant today? Epidemiology and Global Burden of Disease	Dr. Mustafa Sabri
09:00 – 09:30	Helicobacter in the Gulf - A snapshot	Dr. Yogesh Shastri
09:30 – 10:00	Helicobacter Pylori and Upper GI Symptoms	Dr. Makki Fayadh
10:00 – 10:15	PANEL DISCUSSION	
10:15 – 10:30	COFFEE BREAK	
SESSION II: Screening, Early Detection and Diagnosis		
10:30 – 11:00	Helicobacter Pylori and Gastric Cancer	Dr. Salem Awadh
11:00 – 11:30	Keynote: What is the best way to diagnose Helicobacter Pylori?	Dr. Nigel Beejay
11:30 – 12:00	Helicobacter Pylori - What are the principles behind treatment strategies?	Dr. Nigel Beejay
12:00 – 12:15	PANEL DISCUSSION	
12:15 – 14:00	LUNCH BREAK & PRAYER	
SESSION III: Management and Treatment Approach		
14:00 – 14:20	Approach to Helicobacter in Primary Care	Dr. Sahira Mahmood
14:20 – 14:40	Role of Probiotics in the Management of H. Pylori	Dr. Asad Dajani
14:40 – 15:00	Helicobacter Pylori: Antibiotic Resistance	Dr. Stefan Weber
15:00 – 15:20	Helicobacter Pylori from A Dermatology Viewpoint	Dr. Badreya Al Shehi
15:20 – 15:40	Helicobacter Pylori in Children	Dr. Binu George
15:40 – 16:00	Helicobacter Pylori: Intestinal Metaplasia and Atrophy Pathology Perspective	Dr. Priti Joshi
16:00 – 16:15	PANEL DISCUSSION	
16:15 – 16:30	COFFEE BREAK	
SESSION IV: Prognosis and Global Guidelines		
16:30 – 16:50	The Role of acid suppression in treating Helicobacter Pylori	Dr. Salem Awadh
16:50 – 17:10	H. Pylori who should be tested & who should be treated	Dr. Mary Massoud
17:10 – 17:30	How to retreat Helicobacter Pylori	Dr. Urooj Ahmed
17:30 – 17:50	Global Guidelines for Helicobacter Pylori	Dr. Yogesh Shastri
17:50 – 18:05	PANEL DISCUSSION	
18:05	Wrap up and Take-Home Messages from	Dr. Nigel Beejay

HOW TO REGISTER



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Personal Details

Full Name:

Job Title:

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☐ Yes, I would like to receive information on future events by e-mail. ☐ I do not want my address to appear on the delegates list.

Registration Fees

Please select the conference that is relevant to your speciality.

REGISTRATION

- | | |
|----------------------------------|-------------|
| ☐ 500 AED | Doctors |
| ☐ 300 AED | Non Doctors |

A confirmation email will be sent upon receipt of your registration form. Please note that full payment must be received prior to the event. Payment can be made via Online, Credit card, Cheque, Bank drafts in AED.



Payments

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BANK TRANSFER

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Organizing Office

شركة الشرق الأوسط وشمال افريقيا للمؤتمرات ذ.م.م.



For registration and further information, please contact

Ms. Jan
Ph : +971 2 4919888
Mob : + 971 56 5033782
Email: johnilyn@menaconference.com

Cancellation / Substitution Policy

If you are unable to attend, a substitute delegate will be very welcome in your place. If this is not suitable, a 20% administration fee will apply. Registrations cancelled less than two weeks before the event are non refundable.

Event Venue



INTER CONTINENTAL
Abu Dhabi, UAE
PO Box

The organizing committee reserve the right to make any modifications to the programme in occurrence of any unforeseen circumstances.

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Managed by

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Ms. Jan

Ph : +971 2 4919888

Mob : + 971 56 5033782

Email: johnilyn@menaconference.com