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UAE Minister of Tolerance

ABU DHABI ANNUAL INTERNATIONAL  
CONFERENCE ON VITAMIN D  
DEFICIENCY AND HUMAN HEALTH

March 14-15, 2019  
Jumeirah Etihad Towers Hotel  
Abu Dhabi, UAE

Organized by



The 3rd Mediterranean  
Vitamin D Meeting

Managed by

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14 CME Hours Accredited by Department of Health - Abu Dhabi

[www.uaevitamindcongress.com](http://www.uaevitamindcongress.com)



Dear Colleagues,

On behalf of the scientific committee, it gives us great pleasure to invite you to **"Abu Dhabi Annual International Conference on Vitamin D Deficiency and Human Health"** which is planned to be held on **14th - 15th March, 2019** at Jumeirah Etihad Towers Hotel in Abu Dhabi, UAE

Evidence has shown that adequate levels of Vitamin D may prevent multiple bone disorders such as rickets in children; and Osteoporosis, Osteomalacia, Osteopenia, in adults. Vitamin D Deficiency is thought to be a widespread public health problem globally; being more prevalent in places with limited sun exposure and in sunny countries like United Arab Emirates and the whole of Middle East.

Despite the numerous studies about the association between vitamin D and different health outcomes, there are still controversies defining the adequate vitamin D status, daily intake and the potential adverse health consequences of its deficiency. To date, there are various reports signifying vitamin D deficiency impact in autoimmune processes, several cancers, cardiovascular diseases, obesity, metabolic syndrome, neurological disorders, and pregnancy complications; however conclusive evidence about a causal relationship is still missing.

The main theme of the conference this year is "Vitamin D Deficiency from Prevention to Treatment". The meeting will focus on the latest research and clinical practice of vitamin D and its impact on human health throughout the life cycle. The program will include state of the art lectures on recent updates in the early detection, prevention, diagnosis and treatment of vitamin D deficiency and its role to human health.

Prominent national & international speakers and leading experts from various specialties will provide comprehensive, up-to-date, research-based answers to the most frequent questions that arise at patient's bedside in everyday practice.

We believe this event will be an important meeting point to inspire and connect leaders, decision makers, doctors, scientists, technologists, public servants and academics to enhance the awareness, quality and safety practices to understand and prevent vitamin D deficiency of our population.

We encourage you to join us for one of the exciting events we are planning, and experience firsthand the pride we take to improve the health for our people in the UAE and the region

We look forward to welcoming you all in March, 2019 in the magnificent city of Abu Dhabi. This is an opportunity not to be missed!

**Dr. Shamsheer Vayalil**  
Conference President  
Managing Director,  
VPS Healthcare,  
Abu Dhabi, UAE

**Dr. Yassin El Shahat**  
Conference Chairman  
Consultant - Nephrology /  
Chief Medical Officer, Burjeel Hospital  
Abu Dhabi, UAE

## Organizing Committee



**Dr. Yassin El Shahat**  
Conference Chairman  
Consultant Nephrology /  
Chief Medical Officer, Burjeel  
Hospital, Abu Dhabi, UAE



**Dr. Charles F. Stanford**  
Chair, Organizing Committee  
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BCH. BAO, MD, FRCP, CCT  
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Abu Dhabi, UAE



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Chair, Scientific Committee  
Assistant Dean for Student  
Affairs, College of Natural and  
Health Sciences, Zayed  
University, Abu Dhabi, UAE



**Mr. Khaled Afify**  
General Manager, Mena  
Conference, Abu Dhabi, UAE



## Local Scientific Committee



**Dr. Fatme Al Anouti**  
Chair, Scientific Committee  
Assistant Dean for Student  
Affairs, College of Natural and  
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**Dr. Rana Nabulsi**  
Consultant in Healthcare  
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**Dr. Myriam Abboud**  
Assistant Professor, Zayed  
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**Dr. Laila Abdel Wareth**  
Chief of Clinical Pathology,  
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Abu Dhabi, UAE



**Dr. Medhat Elsabbahy**  
Head of the Psychiatric  
Rehabilitation Division  
Arab Federation of Psychiatrists  
Head of the Psychiatric  
Rehabilitation Dept., BSP, SKMC  
Abu Dhabi, UAE



## International Advisory Board



**Prof. William Grant**  
Head International Advisory Board  
Director, Sunlight, Nutrition and  
Health Research Center, San  
Francisco, California, USA



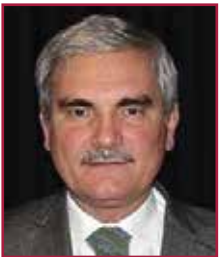
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**Prof. Dr. Elias Castanas**  
Professor of Experimental  
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**Dr. Hana Fakhoury Hajeer**  
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**Prof. Dr. Pawel Pludowski**  
Professor,  
Department of Biochemistry  
Radioimmunology and  
Experimental Medicine,  
Children's Memorial Health  
Institute, Warsaw, Poland



## Conference Objectives

- Define the mechanism of Vitamin D metabolism
- Discuss the serious global problem of Vitamin D deficiency
- Diagnose Vitamin D deficiency/insufficiency
- List the indications for testing of Vitamin D
- Describe the commonly used methods for measurement of Vitamin D
- Demonstrate complications of Vitamin D deficiency
- Evaluate the correlation of multiple diseases and Vitamin D deficiency
- Describe testing and treatment of Vitamin D deficiency
- Explain recommendations for intake

## Highlighted Topics Include:

- The Status of Vitamin D in Juveniles
- The Classical Role of Vitamin D
- The Non-Classical Role of Vitamin D
- The Role of Vitamin D in Respiratory Infections
- The Importance of Vitamin D in Allergic Diagnosis
- The Role of Vitamin D in Cardiovascular Diseases
- The Genomic Aspects of Vitamin D
- The Molecular Aspects of Vitamin D
- Vitamin D and Diabetes
- Vitamin D and Lungs
- Vitamin D and Skin Diseases
- Vitamin D Supplements & Treatment
- Vitamin D and Cancer
- Vitamin D and Neurological Disorders
- Vitamin D Toxicity
- Vitamin D in Rickets, and Osteoporosis
- Vitamin D in Women's Health
- Vitamin D and Autoimmune Diseases
- Vitamin D and Genetics
- Vitamin D in Mothers and Neonates
- Vitamin D and Human Reproduction
- Vitamin D Molecular Biology
- Vitamin D Metabolomics
- Vitamin D Physiology and Biochemistry
- Vitamin D Immunology
- Vitamin D Epidemiology
- Public Health Nutrition
- Nutritional Disorders and Treatment
- Vitamin D & Nutrition in Paediatrics
- Current Research in Nutrition and Food Sciences
- Role of Nutrition in Disease Prevention
- Vitamin D Deficiency A World wide Problem with Health Consequence
- Vitamin D Deficiency Insufficiency and Supplementation
- Vitamin D Assays in Clinical Laboratory: Past, Present & Future Challenges

## Why to attend?

All healthcare professionals, clinicians, scientists, researchers, technologists, nutritionists, nurses, professors, pharmacists, to improve the general health status of the population should attend this conference. Abu Dhabi Annual International Conference on Vitamin D Deficiency and Human Health. This conference comprise of many leading keynote speakers and session speakers who have already confirmed their participation. Many more international researchers and scientists and professors will be delivering their speeches on the research topics of advancements/current developments about role of Vitamin D deficiency and nutrition in human health.

The young researchers and the student participants will gain the opportunity to grab the best **Poster Award** by presenting their work as a poster presentation.

## Who should attend:

- Young and brilliant researchers
- All healthcare professionals
- Clinicians
- Family physicians
- Pediatricians
- Gynecologists
- Obstetricians
- Scientists
- General practitioners
- Orthopedics
- Surgeons
- Midwives
- Technologists
- Pharmacists
- Nutritionists
- Dieticians
- Nurses
- Professors
- Medical Students

## Faculty



**Prof. William Grant**  
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Joseph Morley Drake  
Professor and Chair, Dept. of  
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**Dr. Samer Ellahham**  
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Abu Dhabi, UAE



# Scientific Agenda

DAY 1: Thursday, March 14, 2019

Time	Topic	Speaker
07:15 – 08:15	Registration	
08:15 – 08:20	Pre - Test	
08:20 – 08:30	Welcome & Introduction	Dr. Yassin El-Shahhat, UAE & Dr. Fatme Al Anouti, UAE
08:30 – 09:00	Key Note: Vitamin D regulates Innate Immunity	Prof. Dr. John White, Canada
09:00 – 11:15	<b>SESSION 1: Vitamin D in Neurological and Mood Diseases</b> Moderator: Dr. Pawel Pludowski	
09:00 – 09:30	Combination of Vitamin D3, Omega 3-Fatty Acids, Glutamine & Progesterone Improves Neurological Recovery and Mortality Rate in Traumatic Brain Injury Patients Compared to Historical Controls	Prof. Dr. Leslie Matthews, USA
09:30 – 10:00	Protecting Cognitive Function in Multiple Sclerosis: The role of vitamin D	Dr. Hala Darwish, Lebanon
10:00 – 10:30	<b>Official Inauguration</b>	
10:30 – 11:00	Vitamin D and Mood Disorders	Dr. Medhat Elsabahhy, UAE
11:00 – 11:15	Panel Discussion	
11:15 – 11:30	Coffee Break	
11:30 – 12:45	<b>SESSION 2: Vitamin D in Childhood and Adolescence</b> Moderator: Dr. Spyridon Karras	
11:30 – 12:00	Idiopathic Infantile Hypercalcemia	Prof. Dr. Pawel Pludowski, Poland
12:00 – 12:15	Vitamin D Deficiency and Adolescent Health	Dr. Laila Abdel-Wareth, UAE
12:15 – 12:30	D-Lightful Vitamin D-Heavy weight for Pediatric endocrine health	Dr. Deepti Chaturvedi, UAE
12:30 – 12:45	Panel Discussion	
12:45 – 14:00	Lunch Break	
14:00 – 15:00	<b>SESSION 3: Vitamin D &amp; Obesity</b> Moderator: Dr. Hana Fakhoury	
14:00 – 14:15	Effect of Vitamin D status on weight loss & biochemical changes in a clinic setting	Dr. Myriam Abboud, UAE
14:15 – 14:30	Vitamin D Levels deficiency and Obesity in a Gulf Arab Population: Preliminary results from UAE Health Future study	Dr. Abdishakur Abdulle, UAE
14:30 – 14:45	Vitamin D and Gastrointestinal Health	Dr. Nigel Beejay, UAE
14:45 – 15:00	Panel Discussion	
15:00 – 15:45	<b>SESSION 4: Insights into the Molecular Mechanisms Mediated by Vitamin D</b> Moderator: Dr. Shereen Atef	
15:00 – 15:15	Translating vitamin D transcriptomics to clinical evidence of its impact in human pathologies: an unbiased approach	Prof. Dr. Elias Castanas, Greece
15:15 – 15:30	Vitamin D and SLC01B1 gene polymorphisms in Statin Induced Myopathy Among Saudi Arabians with Hypercholesterolemia	Dr. Raja Fakhoury, Lebanon
15:30 – 15:45	Panel Discussion	
15:45 – 16:00	Coffee Break	

# Scientific Agenda

DAY 1: Thursday, March 14, 2019

Time	Topic	Speaker
16:00 – 18:00	SESSION 5: Updates about Research Studies & Randomized Clinical Trials for Vitamin D Research: MENA & Global Perspectives - Moderator: Dr. Fatme Al Anouti	
16:00 – 16:30	From Randomized Studies to Daily Clinical Practice: Lessons from Recent Vitamin D Mega-Trials.	Dr. Spyridon Karras, Greece
16:30 – 16:45	How evidence for the beneficial effects of vitamin D is obtained with examples for cancer	Prof. William B. Grant, USA
16:45 – 17:00	Vitamin D Deficiency and rheumatoid arthritis activity	Dr. Gianina Elena Statache, UAE
17:00 – 17:30	The Year in Vitamin D	Dr. Hussein Saadi, UAE
17:30 – 18:00	Panel Discussion	
18:00	End of Day 1	

# Scientific Agenda

DAY 2: Friday, March 15, 2019

Time	Topic	Speaker
07:15 – 08:00	Registration	
08:00 – 08:30	Keynote: The health benefits of increasing vitamin D status in MENA and Mediterranean countries	Prof. William B. Grant, USA
08:30 – 10:45	<b>SESSION 6: Vitamin D in Osteoporosis</b> Moderator: Dr. Myriam Abboud	
08:30 – 09:00	Vitamin D and Musculoskeletal Effects in Osteoporosis	Dr. Alexandra Bargiota, Greece
09:00 – 09:30	Vitamin D and Osteoporosis	Dr. Maria Matar, UAE
09:30 – 10:00	Vitamin D and Bone Health From Care To Cure	Dr. Hadiah Kayiaseh, UAE
10:00 – 10:30	Utilizing Vitamin D Receptor Variants & Biomechanics Data to Develop A Screening Tool for Identifying Osteoporosis Among Emirati Females	Dr. Fatme Al Anouti, UAE
10:30 – 10:45	Panel Discussion	
10:45 – 11:00	Coffee Break	
11:00 – 14:45	<b>SESSION 7: Vitamin D in Immunity and Metabolic Diseases</b> Moderator: Dr. Samer Ellaham	
11:00 – 11:30	Vitamin D and Diabetes	Dr. Kalliopi Kotsa, Greece
11:30 – 12:00	Vitamin D in Liver diseases: Update and outlook	Dr. Shereen Atef, UAE
12:00 – 12:15	Panel Discussion	
12:15 – 14:00	Prayer & Lunch Break	
14:00 – 14:30	The Role of Vitamin D in Gut Health	Dr. Hana Fakhoury Hajeer, KSA
14:30 – 14:45	PCOS & Vitamin D Deficiency	Dr. Anna Burattin, UAE
14:45 – 16:00	<b>SESSION 8: Vitamin D and Cardiovascular Diseases</b> Moderator: Dr. Rana Abdel Muti Nabulsi	
14:45 – 15:15	Heart failure and Vitamin D: facts and controversies	Prof. Dr. Petar Seferovic, Serbia
15:15 – 15:45	Vitamin D and Cardiovascular Diseases: An update	Dr. Samer Ellaham, UAE
15:45 – 16:00	Panel Discussion	
16:00 – 16:15	Coffee Break	
16:15 – 18:00	<b>SESSION 9: Vitamin D Measurement, Supplementation and Costs</b> Moderator: Dr. Kalliopi Kotsa	
16:15 – 16:45	Screening for Hypovitaminosis D: Is It Cost-Effective?	Prof. Dr. Salvatore Minisola, Italy
16:45 – 17:05	Reduction in the Incidence of Myocardial Infarctions Using Daily High Dose Vitamin D Supplementation in Surgical Intensive Care Unit Patients	Prof. Dr. Leslie Matthews, USA
17:05 – 17:25	Economics of Vitamin D Deficiency and Laboratory testing.	Dr. Rana Nabulsi, UAE
17:25 – 17:45	Vitamin D supplements: benefits and hazards	Dr. Essam Nour Eldin, KSA
17:45 – 18:00	Panel Discussion	
18:00 – 18:05	Post - Test	
18:05 – 18:15	Evaluation	
18:15	Closing Remarks	

# Highlights from Last Year





## Sponsorship Opportunities 2019

As a sponsor and partner of Abu Dhabi Annual International Conference on Vitamin D Deficiency and Human Health, your organization will get an opportunity to meet over 1000 delegates, key opinion leaders and policy makers.

### Why Exhibit?

- Position your company with key decision makers in the region
- Showcase your products and services to highly specialized physicians and scientists
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- Generate leads during Congress that produce long-term working relationships
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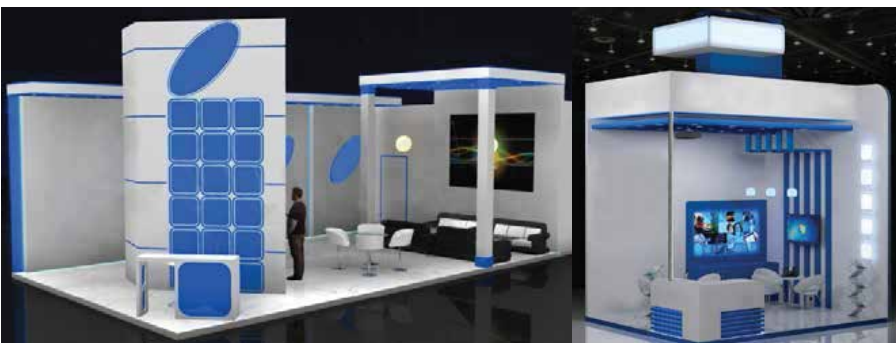
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Save upto 200 AED on your registration fees until February 22, 2019.

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# ABU DHABI ANNUAL INTERNATIONAL CONFERENCE ON VITAMIN D DEFICIENCY AND HUMAN HEALTH

March 14-15, 2019 | Jumeirah Etihad Towers Hotel | Abu Dhabi, U.A.E

**How to Register** [www.menaconference.com](http://www.menaconference.com)

Tel : +971 2 4919888

This conference has a limited seating capacity, pre-registration is required.

## Personal Details

FULL NAME

JOB TITLE

PLACE OF WORK

CITY

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EMAIL

- Yes, I would like to receive information on future events and services by e-mail.  
 I do not want my address to appear on the delegates list.

## Fees

Doctors	
<input type="checkbox"/> 1000 AED	Early Bird Registration (before February 22, 2019)
<input type="checkbox"/> 1200 AED	Late & Onsite registration (after February 22, 2019)

Non-Doctors	
<input type="checkbox"/> 750 AED	Early Bird Registration (before February 22, 2019)
<input type="checkbox"/> 900 AED	Late & Onsite registration (after February 22, 2019)

As per UAE Law effective 1st January, 2018, 5% Value Added Tax (VAT) will be added

A confirmation email will be sent upon receipt of your registration form. Please note that full payment must be received prior to the event. Payment can be made via Online / Credit card/Cheque/Bank drafts in AED. All payment should be in favour of **MENA CONFERENCE**

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Please choose one of the following mode of payment

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## Cancellation / Substitution Policy

If you are unable to attend, a substitute delegate will be very welcome in your place. If this is not suitable, a 20% administration fee will apply. Registrations cancelled less than two weeks before the event are non-refundable.

## Organizing Office

شركة الشرق الأوسط وشمال أفريقيا للمؤتمرات ذ.م.م.



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## Event Venue



JUMEIRAH GROUP CORPORATE OFFICE  
PO Box 73137  
Abu Dhabi, UAE  
800 58634724

The organizing committee reserve the right to make any modifications to the programme in occurrence of any unforeseen circumstances.

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