



مكتب
المؤتمرات
والمعارض
CONVENTION
& EXHIBITION
BUREAU



XIV World Congress of World Association For Psychosocial Rehabilitation (WAPR)

and

7th Abu Dhabi International Mental Health Conference

Theme

“Mental health, rights, equity, recovery and social inclusion in testing times”



9-11 December, 2021



ADNEC, Abu Dhabi, UAE
Hybrid Conference

Accredited by the European Accreditation Council for Continuing Medical Education (EACCME®) for **24 European CME Credits (ECMEC®s)**

Acclaimed experts from various continents will discuss latest advances in psychosocial rehabilitation, recovery, human rights and citizenship with service user involvement

Congress Include 4 Tracks

PLENARY SESSIONS

SYMPOSIA

WORKSHOPS

Supported by





XIV World Congress of World Association For Psychosocial Rehabilitation (WAPR)

and

7th Abu Dhabi International Mental Health Conference

Theme

“Mental health, rights, equity, recovery and social inclusion in testing times”

“A global NGO in advocacy for people experiencing mental illness”

About WAPR:

WAPR is an international NGO, composed mainly by interdisciplinary mental health professionals (psychiatrists, psychologists, nurses, social workers, occupational-therapists, social educators, etc.), and also with people with service user and family member experiences, from all regions in the World.

The mission of the WAPR is the dissemination of principles and practices of psychosocial rehabilitation and recovery. Service user and family member-experiences are valued as important knowledge bases. In the WHO/WAPR consensus statement jointly endorsed in 1996, psychosocial rehabilitation is defined as a process that facilitates the opportunity for individuals impaired, disabled or handicapped by a mental disorder to reach their optimal level of functioning in the community. It implies both improving individuals' competencies and introducing environmental changes in order to improve their quality of life.

WAPR Headquarters

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presidency@wapr.info
www.wapr.org

Office of the President

WAPR – Word Association for Psychosocial Rehabilitation
“USHAKIRANA” 406-A/10, 7TH Main II Block Jayanagar, Bangalore – 560011
E-mail: preswapr.2018@gmail.com

Welcome message



Dear Colleagues,

It is indeed a pleasure that the excellent team from Abu Dhabi is organizing the 14th World Congress of World Association For Psychosocial Rehabilitation (WAPR) from 9th -11th December 2021 amid the difficult and unprecedented times.

The theme of this World Congress is "Mental health, rights, equity, recovery and social inclusion in testing times," which is apt as the pandemic has engulfed the whole world at different time lines and with varied severities, countries across the globe have gone for lockdowns ranging from partial to complete.

We have seen that the pandemic has crumbled the health systems even in the most advanced economies. The amount of human suffering caused in low- and middle-income countries is tremendous and unfathomable. As curbing the pandemic was the priority health systems across the world were geared for the same, sidelining the other health issues. Despite which, unusual number of deaths added to the woes of families and newer challenges were thrown to the world on a day today basis.

Owing to the heightened susceptibility for stress, the persons with mental illness were one among the hard hit populations. They could not attend to their treatment facilities, rehabilitation facilities, or not able to access medicines. Their families faced colossal economic losses due to lockdown.

Access to basic requirements was difficult. The health care systems started tele consultations, and use of various online services. This congress will be highlighting some of these challenges as all of you will be experiencing a Hybrid Congress.

The World Health Organization has launched the initiative on "The WHO guidance and technical packages on community mental health services: Promoting person-centered and rights-based approaches" on Jun 10, 2021. This world Congress is striving to promote Person centered and rights-based approaches in community mental health services. Participation of persons with mental health issues and their families is an important component of the World Congress and happy to welcome proposals on these aspects.

Along with these areas this congress will address an array of themes especially on Human rights, Recovery, Community participation and inclusiveness apart from other topics in the announcement catering to the needs of all involved in the area of mental health. The organizers are working very hard to face the challenge of creating a very successful World Congress of WAPR in Abu Dhabi.

As the President of WAPR I am pleased to invite all of you to join us in Abu Dhabi in Person or through web and other social media.

I take this opportunity to thank the organizers in Abu Dhabi under the able leadership of Dr. Medhat Elsabbahy and Dr. Mohamed Al Garhy and their team.



Prof. Thyloth Murali

MD, DPM, PRESIDENT WAPR

Prof. and Head Dep. of Psychiatry

M.S.Ramaiah Medical College and Hospitals, India

Welcome message



Psychological Rehabilitation during and after COVID Pandemic

During the COVID-19 pandemic, psychological intervention is an important part of rehabilitation in the post-acute phase of the illness to reduce distress symptoms and improve psychological health. While the majority (81%) of individuals who get COVID-19 have a mild illness, including fever, cough and dyspnoea, a significant minority face serious complications, particularly those who have comorbidities or who are older than 65 years.

There is currently no treatment for COVID-19. The management provided in hospital settings is supportive and it is likely that there will be a large number of COVID-19 survivors who require significant rehabilitation support after their recovery. Common sequelae of critical illness are: Persistent changes in carbon monoxide diffusion capacity, intensive-care acquired weakness, critical illness polyneuropathy and myopathy, cardiorespiratory deconditioning, impairment of cognitive function (delirium), and mental health impairment

Novel, fast-spreading outbreaks that result in high morbidity and/or mortality can lead to widespread fear and panic, stigmatization and social exclusion of people who are being treated for or recovering from the disease.

Caregivers may feel increasingly worried for their children being at home alone due to school closures or being placed in quarantine without appropriate care and support.

Messages for healthcare workers, for people in quarantine and isolation centres, for the community (including media), and for vulnerable populations & their caregivers for proper rehabilitation are required.

Women experience mental health hardships at a rate of almost 3:1 compared with men during the pandemic.

Cottage syndrome is not a formal diagnosis but considered a syndrome resulting from social and home isolation or a sudden change in the style of life. The symptoms are fatigue, grief, sadness, depression, lack of concentration, irritability, sleep problems. It looks like agoraphobia, he or she can't go to work or back to study. Rehabilitation is essential to resume living.

There are many modules for rehabilitation: Mental Health and Psychosocial Support during Covid-19 preparedness, response and recovery, Training for health service managers, Mental health and psychosocial support and mental health and psychological wellbeing.

The Truth about COVID is that World Population: 7.8 billion

Total COVID cases: 182 Million

Total COVID Deaths: 3.94 Million

Number of People who got COVID: $182 \div 7.8 \text{ Billion} = 0.023$ (or) 2.3%

Number of People who die from COVID: $3.94 \text{ Million} \div 182 \text{ Million} = 0.021$ (or) 2.1%

Chances of getting COVID and Dying: $.023 \times .021 = .0004$ (or) .04%

Rehabilitation will minimize the suffering of COVID and post COVID illness.

You are invited to share your views and experience for the rehabilitation of our global crisis.



Prof. Dr. Ahmed Okasha

Honorary President of the Congress

Professor And Founder Okasha Institute of Psychiatry, Ain Shams University, Cairo, Egypt

President of World Psychiatric Association (2005-2002)

Hon. President Egyptian Psychiatric Association and Arab Federation of Psychiatrists

Adviser to the Egyptian President for Mental Health and Community Integration

Member of the Egyptian Presidential Council of Distinguished Scientists

Welcome message



Dear Colleagues & Friends,

It is an honour and privilege to invite you to **14th World Congress of World Association For Psychosocial Rehabilitation (WAPR) and 7th Abu Dhabi International Mental Health Conference** that is planned to take place on **9-11 December, 2021 as a Hybrid Event at Abu Dhabi National Exhibition Centre, UAE** – a vibrant and fast-growing city that combines state of the art facilities and infrastructures, as well as a glimpse into an ancient and endlessly fascinating past.

In 2021, our theme will be “Mental health, rights, equity, recovery and social inclusion in testing times” which is apt as the pandemic has engulfed the whole world at different time lines and with varied severities, countries across the globe have gone for lockdowns ranging from partial to complete.

The conference program is designed to challenge, inspire, and encourage participants while facilitating discussion. It includes an extensive range of topics with keynotes, concurrent sessions, workshops and posters to examine solutions and share ideas for improving the quality of life for our mentally ill patient.

The scientific committee has developed a truly international event with high profile program that will satisfy all of your expectations and is rich and due to the success. The program will focus on the latest developments in current and controversial issues of our specialty, aims to offer reliable scientific updates in child and adult behavioral health and meet the challenges and opportunities that arise.

Keynote lectures, submitted papers, Symposia, workshops and case studies will discuss how approaches and techniques can be incorporated into daily practice. Featuring National and International leading clinical practitioners, academics, and mental health experts, the conference will motivate and inspire professionals to make change and provide the best possible outcome for those living with mental health conditions.

This unique event will bring together prominent clinical practitioners, academics, service providers and mental health experts to deliberate and discuss mental health issues confronting the UAE, the region and the world.

The program will allow ample opportunities for participants to network collaborate and share ideas to enhance the quality and safety practices for mental care provided globally.

I would like to welcome you all in this meeting and I am confident that all the discussions and efforts that will be made during this conference will translate into a major step towards quality mental health care and service for the benefit of the people in need.

Looking forward to welcome you on the 9-11 December 2021 in our beautiful city of Abu Dhabi.

This is an event not to be missed!



Dr. Mohamed Al-Garhy,

Conference Guest of Honour

Ex-medical Director, BSP, Sheikh Khalifa Medical City
Consultant Psychiatrist, British Neurology Psychiatry Center
Abu Dhabi, UAE

Welcome message



Dear Colleagues & Friends,

We hope you are well and keeping safe during what has been a very unusual year.

We are delighted to let you know that this year we are organizing our **14th World Congress of World Association For Psychosocial Rehabilitation (WAPR) and 7th Abu Dhabi International Mental Health Conference** to be held on **9-11 December, 2021** as a **Hybrid Event** at **Abu Dhabi National Exhibition Centre, UAE**.

The theme this year is "Mental health, rights, equity, recovery and social inclusion in testing times" the whole world is going through a period of challenge and mental health and social care is being excessively affected. To rise to these challenges, we need to hold our hope and find new ways of working.

We, in WAPR, believe that psychiatric rehabilitation is one of the most important interventions that we can give to service users. Using this innovative techniques of psychiatric rehabilitation will provide our service users the best techniques to overcome the difficulties they are facing and to improve their quality of life.

We believe that functional recovery is one of the most important goals that we have and we believe that psychiatric rehabilitation is a mission of all the health professionals working in the field of mental health. Our congress will provide the most advanced updates for the various techniques of psychiatric rehabilitation and we will exchange experiences from all over the globe that will present to our region the best possible psychiatric rehabilitation services.

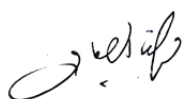
We would like to invite you to join us in Abu Dhabi so that we can all learn from one another by sharing our experiences and knowledge to uncover new insights on the complex disorders we treat, exchange practical techniques and guidance for everyday clinical challenges, and reinforce our commitment to our mental health patients and their carers.

The WAPR and ADIMHC Congress provides an opportunity for mental health experts, scientists, advocates, service providers, service users and caregivers to get together to identify and discuss significant mental health issues, transfer information and build networks and friendships.

With this in mind we are honoured to bring together some of the world's leading mental health specialists, distinguished speakers, carers, and other advocates joining us to showcase their work and provide opportunities for interaction.

We feel confident that the WAPR and ADIMHC 2021 hybrid Congress will serve as a place of learning where we can all share the latest models, approaches, and research representing for all participants a treasured personal and professional experience.

We very much hope you will be able to join and looking forward to welcoming you all.



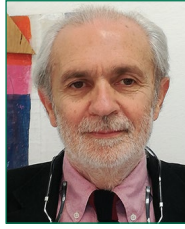
Dr. Medhat Elsabbahy

Conference Chair of the 7th Abu Dhabi International Mental Health Conference
Chair of Organizing Committee of the XIV World Congress WAPR
WAPR Board Member Head of the Psychiatric Rehabilitation Division
Head of Scientific Sections of Arab Federation of Psychiatrists
Head of the Psychiatric Rehabilitation Dept., BSP, SKMC, Abu Dhabi - UAE

WAPR Executive Committee



President
Thyloth Murali, India



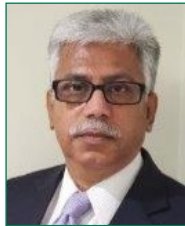
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Topics for conference

Theme : Mental health, rights, equity, recovery and social inclusion in testing times

- Recovery-oriented services
- User involvement in service development
- Quality Rights
- Social inclusion and citizenship
- Living conditions and mental health
- Refugees and mental health
- User involvement in mental health research
- Cultural competence and mental health
- Current rehabilitation services and models of rehabilitation
- Cognitive remediation/ rehabilitation
- Research in rehabilitation
- Incorporation of rehabilitation training in current education system
- Gender specific rehabilitation services
- Service utilization among homeless and destitute
- Barriers in service utilization
- Stigma
- Role of NGO in rehabilitation
- Rehabilitation in special population
- Rehabilitation in south Asian countries
- Psychosocial interventions
- Economics and social cost
- Role of families in psychosocial rehabilitation
- Human rights and special privileges
- Legal issues
- Policies and advocacy
- Psychotherapy and counseling
- Vocational training and employment
- Neurobiological aspects
- Regional differences in rehabilitation world perspective
- Deinstitutionalization & Trans - institutionalization
- Community based rehabilitation
- Disaster and mental health
- Future of rehabilitation
- Role of media in rehabilitation
- Multidisciplinary Rehabilitation - integration
- Psychopharmacology
- Substance use disorders
- Rehabilitation in major psychiatric disorders

Conference Highlighted Sessions

- User involvement in services
- Recovery oriented services
- Cultural competence and mental health
- Human rights
- Citizenship and social inclusion
- User involvement in mental health research
- Mental Health Access and Support, Service Design, Specialized
- Clinically Focused Programs
- Physical Wellbeing, Mental Wellness
- Child Mental Health
- Mentally Healthy Workplaces
- Strategies and Support for Wellness of Mental Health Workers
- Disorder Management
- Adolescent Mental Health
- Child and Adolescent Mental Health
- Aged Care Mental Health Solutions
- Suicide and Self Harm Prevention
- Living with Mental Health Issues
- Mental Health Care
- Artificial Intelligence in Mental Health Care

Key Features

- State of the art lectures
- Keynote presentations by renowned speakers
- Poster presentations
- World class exhibits
- Interactive sessions
- Case discussions
- Hands-on workshops
- Platform for global networking connecting scientific community

5 Great Reasons to Attend

- ACCESS a best-in-class program in mental health delivered by experts in the field
- LEARN new frameworks and skills that can be implemented in your organisation
- EXPERIENCE incredible networking opportunities
- ASK questions, challenge thinking
- JOIN a community of change makers working to build a better world

CALL FOR ABSTRACTS SUBMISSION DATES (ORAL & POSTER | SYMPOSIUM)
Sep 15, 2021 - Deadline of Submission
Oct 09, 2021 - Notification of Acceptance



XIV World Congress of World Association For Psychosocial Rehabilitation (WAPR)

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7th Abu Dhabi International Mental Health Conference

2021 is Going Hybrid!

This Conference will be a hybrid event (there will be both an in-person conference and a virtual conference) because some people may not be able to travel due to the pandemic or its economic impact. Making the congress more accessible helps us to achieve our mission to elaborate and advance the Mental Health medicine and practice, and to expand the contribution to Mental Health community by reaching a much larger audience all over the region.



Highlights from Previous Conference



36 Session
3 Tracks

100 Speakers

84 Lectures

4000 Delegates

23 CME Hours

10 Workshops

10 Poster presentations

"The conference are well organized. The ambiance of the confrence room and the system were good. Thanks for getting good speakers all over the region and rest of the world. Praying that this conference grows in the coming years"

Dr. Rishi Kottukal, Medical Practitioner, Zayed Military Hospital

Delegates Feedback



Tracks Covered



"It was nice conference, very organized and useful. It covers all aspects of Mental Health. Good speakers, good contents and we learned a lot of updating new knowledge. It met the stated objectives. Overall, it is well organized and beneficial"

Dr. Malka Alburaiki
Physician, Security Forces Hospital
KSA

"I thoroughly enjoyed the conference. All speakers were excellent making me wish we had more time for each session. As a medical student, I have limited knowledge compared to the other attendees, but I still managed to cope up and gain a lot of insights and knowledge."

Rawan Al Abdullah
Student, King Saud University
College of Medicine

Highlights from Previous Conference

Exhibition Summary

The UAE largest psychosocial rehabilitation event supported by World Association for Psychosocial Rehabilitation

There is no other show in the region which brings together as many industry experts to show case and discuss the latest developments in psychosocial rehabilitation.



Why our Exhibitors chose 1st International Congress of the World Association for Psychosocial Rehabilitation?

Seek immediate business	85%
Meet existing clients or partners	92%
Look for a local agent	70%
Seek potential clients	92%
Monitor competitor activity	60%
Create the brand awareness of company	90%

"Very Good Conference and wish you all the best of luck."

Dr. Hamda Al-Muhannadi, Students Counselling Researcher, Qatar

"The conference was well organized, speakers were excellent, there is sufficient time for discussions and foods are great"

Maria Fe Berced, Physical Therapist Al Gharbia Hospital

Exhibitors Survey Results

Exhibitors have re-booked for next year conference **90%**

Described the quality of visitors was very good **89%**

Exhibitor generated business leads **93%**

Exhibitors described the overall quality of the event was excellent **94%**

Exhibitors who responded to the survey were satisfied with the quality of visitors at 1st International Congress of the World Association for Psychosocial Rehabilitation **95%**



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Abu Dhabi, UAE

 HYBRID
CONFERENCE

REGISTRATION FEES

REGISTRATION CATEGORIES	PHYSICAL EVENT		VIRTUAL EVENT	
Full Participant Group A country*	\$300	AED 1100	\$225	AED 820
Full Participant Group B country*	\$275	AED 1010	\$200	AED 730
Full Participant Group C country*	\$240	AED 880	\$175	AED 640
Full Participant Group D country*	\$150	AED 550	\$120	AED 440
Psychologists, Psychiatric Nurses, Nurses, Social Workers, Social Workers, Occupational therapists, Physiotherapists, Ph.D. Students, Psychological Psychotherapists in training**	\$150	AED 550	\$120	AED 440
Residents/Students*** & Service users and family carers	Registration is FREE • LIMITED SEATS • On first come, first serve basis • Pre-registration is required		FREE	

(Rates are in USD) Fees apply to payments received prior to the indicated deadlines.

The country group is based upon the official classification of the World Bank & refers to your work & correspondence address:

Group A – High Income Countries

Group B – Upper-middle-income countries

Group C – Lower-middle-income countries

Group D – Low income countries

Important:

For In-Person registrants (limited seats):

- Entitled to access the scientific sessions, conference material set, exhibition and daily coffee breaks and lunch, e-certificates (post conference)

For Digital registrants:

- Entitled to access virtual scientific sessions, digital copies of conference materials, e-certificates (post conference)

**Psychologists, Psychiatric Nurses, Nurses, Social Workers, Social Workers, Occupational therapists, Physiotherapists, Ph.D. Students, Psychological Psychotherapists in training:

- a status of your confirmation and/or a copy of your Professional ID is mandatory and should be submitted to jerico@menaconference after registering online

***Residents/Students (Residents, trainees, and students in full-time training, under 40 years of age)

- a copy of your student ID & certificate from the supervisor or head of the department is required to be submitted to jerico@menaconference.com after registering online

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7th Abu Dhabi International Mental Health Conference

9-11 December
2021

ADNEC
Abu Dhabi, UAE

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HOW TO REGISTER

www.menaconference.com
Tel.: +971 24 919 888

Personal Details

Full Name:

Job Title:

Place of Work:

City:

Mobile:

Tel (work):

Email:

Fax:

Yes, I would like to receive information on future events by e-mail.

I do not want my address to appear on the delegates list.

A confirmation email will be sent upon receipt of your registration form. Please note that full payment must be received prior to the event. Payment can be made via Online / Credit card / Cheque/Bank drafts in AED. All payment should be in favour of MENA Conference
UAE Government mandate, VAT will be applicable at a standard rate of 5%

Bank Details

Please choose one of the following mode of payment

- By Online (www.menaconference.com) By cheque payable to MENA
 By Credit card By Bank Transfer

BANK TRANSFER

Account Name	MIDDLE EAST NORTH AFRICA CONFERENCE
Bank Name	BANK OF BARODA, HAMDAN STREET, ABU DHABI
Bank Account No.	90020200006131
Swift Code	BARBAEADADH
Iban No.	AE290110090020200006131

Organizing Office

شركة الشرق الأوسط وشمال افريقيا للمؤتمرات ذ.م.م.

mena CONFERENCE

Middle East North Africa Conference Company LLC

For registration and further information, please contact

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Cancellation / Substitution Policy

If you are unable to attend, a substitute delegate will be very welcome in your place. If this is not suitable, a 20% administration fee will apply. Registrations cancelled less than two weeks before the event are non refundable.

Event Venue

ADNEC
Abu Dhabi, UAE

DISCLAIMER - Due to COVID-19 Pandemic Guidelines/ Safety & Security Measures: The organizing committee reserve the right to make any modifications to the programme in occurrence of any unforeseen circumstances.



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Abu Dhabi Health Services Co. P.S.C.

XIV World Congress of World Association For Psychosocial Rehabilitation (WAPR)

and

7th Abu Dhabi International Mental Health Conference

Theme

"Mental health, rights, equity, recovery and social inclusion in testing times"



9-11 December
2021



ADNEC
Abu Dhabi, UAE



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