

WPA THEMATIC CONGRESS

INNOVATIONS IN TREATMENT & PSYCHOSOCIAL REHABILITATION

5-7 MAY, 2023 | **INTERCONTINENTAL HOTEL
ABU DHABI, UAE**



CONFERENCE BOOK

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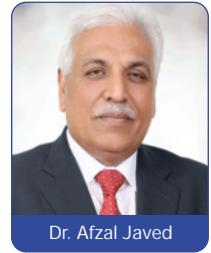
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SPONSORS & EXHIBITORS

PRESIDENT'S WELCOME MESSAGE



Dr. Afzal Javed

Dear Colleagues,

It is a matter of great honour for me to send my greetings to **WPA Thematic Congress** being held at Abu Dhabi from **5-7 May 2023**.

This is an important meeting in the region and is taking place with the theme **"INNOVATIONS IN TREATMENT & PSYCHOSOCIAL REHABILITATION"**. This congress is organised by WPA Scientific Section on psychiatric Rehabilitation, and we are getting support from many other sections as well as regional member societies.

The theme of the conference, "Innovations in the treatment & psychosocial rehabilitation", is very important and relevant to current practice of psychiatry especially during and post Covid 19 pandemic. I am pleased that the meeting also plans to cover other important topics of interest including entire field of mental health with a strong focus on the issues of practice of psychiatry in low & middle income and developing countries.

Links of WPA scientific sections with WPA membership emphasize the importance of establishing contacts by promoting exchange of professional expertise around the globe. The presence of several eminent speakers from all over the region along with a number of academic and clinical psychiatrists from other countries highlights the importance of this academic activity.

I am glad that this conference is also looking at strengthening collaborations among different mental health professionals. This will indeed prove beneficial in improving our links with all mental health professional groups.

I wish the organisers and the participants of this conference a big success and happy stay in Abu Dhabi - one of the best cities around the globe.

A handwritten signature in black ink that reads "afzal javed".

Prof. Afzal Javed

President World Psychiatric Association (WPA)
Honorary Professor, Institute of Applied Health Research, University of Birmingham, UK
Honorary Clinical Associate Professor, Warwick Medical School, University of Warwick, UK
Chairman, Pakistan Psychiatric Research Centre, Fountain House, Lahore, Pakistan
Consultant Psychiatrist (UK and Pakistan)

CO-CHAIR WELCOME MESSAGE



Dr. Johannes Wancata

Dear Colleagues,

As Chair of the Section on Psychiatric Rehabilitation of WPA it is a pleasure and an honour for me to welcome to **WPA Thematic Congress** being held at Abu Dhabi from **5-7 May 2023**.

WPA Scientific Section on Rehabilitation Psychiatry is pleased organizing this meeting with the theme **"Innovations in the treatment & psychosocial rehabilitation"**. We are very much obliged to the regional psychiatric societies and other partners for their support for the organisation of this important conference.

Psychiatric rehabilitation helps individuals with severe mental disorders to live a normal life in the community. Social relationships, work and leisure as well as quality of life and family burden are of major interest for those with mental illness living in the community. The Covid-19 pandemic resulted in numerous challenges for practice in psychiatry, and psychological burden after having experienced a Covid-19 infection poses a major challenge both for treatment as well as rehabilitation. Of course, other topics of interest including entire field of mental health will be considered during this important conference. Most recent research will be reported as well as issues of practice of psychiatry in low and middle income countries. Eminent researchers and clinicians from numerous countries will report from their findings.

The venue of the conference is in an area where Asia, Africa and Europe meet. This fosters the exchange of knowledge and ideas from all parts of the world.

Psychiatric care and especially psychiatric rehabilitation needs the close collaboration between various mental health professions. I am happy that this conference will support the exchange & communication between the different health professionals.

I am looking forward very much meeting participants from all parts of the world in Abu Dhabi!

A handwritten signature in black ink that reads "Johannes Wancata". The script is fluid and cursive, with the first letters of the first and last names being capitalized and prominent.

Prof. Johannes Wancata

Conference Co-chair, Chair of Section on Psychiatric Rehabilitation
World Psychiatric Association (WPA)

Professor and Chair for Social Psychiatry at the Medical University of Vienna (since 2011),
Guest Professor at the Psychiatric Epidemiology Unit at Göteborg University (2003).

Past President of the Austrian Association for Psychiatry, Psychotherapy and Psychosomatic (2019-2022),
Past President of the International Federation for Psychiatric Epidemiology.

CO-CHAIR WELCOME MESSAGE



Dr. Medhat Elsabbahy

Dear Colleagues,

It is an honour and privilege to invite you to the **“WPA Thematic Congress”** being held on **5-7 May 2023** at the **Intercontinental Hotel in Abu Dhabi, UAE** - a vibrant and fast-growing city that combines state of the art facilities and infrastructures, as well as a glimpse into an ancient and endlessly fascinating past.

WPA Scientific Section on Rehabilitation Psychiatry is pleased to organize this meeting with the theme **“Innovations in the treatment & psychosocial rehabilitation”**. We are very much grateful to the regional psychiatric societies and other partners for their invaluable support in organizing this important congress.

We are excited for this state-of-the-art event designed to provide an in-depth overview of psychiatric rehabilitation and mental health issues that focuses on integrated, team-based and patient-centered care.

The event will highlight key aspects for broader opportunities in education and research. The three-day program will feature faculty from all over the world. A variety of presentation formats will be used including an extensive range of topics, plenary sessions, keynotes, case discussions and demonstrations, workshops and poster presentations to examine solutions and share ideas for improving the quality of life for our mentally ill mental health clients.

The WPA Thematic Congress will also serve as a springboard for collaboration and is integral to the WPA culture that aspires to integrate, connect, learn and deliver to achieve service excellence and deliver trusted quality.

This unique event will provide outstanding opportunities for networking as well as innovative learning experiences. Attendees will get to learn about best practices in the field from world class expert speakers. We hope this learning opportunity will help you gain perspectives that will expand your knowledge and motivate you to improve and enhance the care you deliver to your patients on a daily basis.

Looking forward to welcome you on the 5-7 May 2023 in our beautiful city of Abu Dhabi.

This is an event not to be missed!

Prof. Medhat Elsabbahy

Co-chair of the WPA Thematic Congress, Co-chair of organising committee
International Fellow of APA (IFAPA), Adjunct Associate Professor of Psychiatry
G.M.C. University, ex-(Regional Vice President Eastern Mediterranean Region)
Board Member: WORLD ASSOCIATION FOR PSYCHOSOCIAL REHABILITATION
Consultant Psychiatrist, Beautiful Mind Medical Center
Head of Psychiatric Rehabilitation Division, Head of Scientific Sections
Arab Federation of Psychiatrists, Founder of Psychiatric Rehabilitation Unit
SKMC_BSP

PRESIDENT OF CONGRESS

Prof. Afzal Javed, President World Psychiatric Association (WPA)

Honorary Professor, Institute of Applied Health Research, University of Birmingham, UK

Honorary Clinical Associate Professor, Warwick Medical School, University of Warwick, UK

Chairman, Pakistan Psychiatric Research Centre, Fountain House, Lahore, Pakistan

Consultant Psychiatrist (UK and Pakistan)

CO-CHAIRS OF THE CONGRESS

- Prof. Johannes Wancata
Chair WPA Psychiatric Rehabilitation Section, Austria
- Prof. Medhat Elsabbahy, Abu Dhabi, UAE

ORGANIZING COMMITTEE

CO-CHAIRS:

- Prof. Edmond Pi, USA
- Dr. Mouza Al Soubosi, Al Ain, UAE

MEMBERS:

- Prof. Danuta Wasserman, Sweden
- Prof. Roger Man Kin Ng, Hong Kong Sar, China
- Prof. Thomas Schulze, Germany
- Prof. Michel Botbol, France
- Prof. Paul Summergrad, USA
- Prof. Tarek Okasha, Egypt
- Dr. Alaa Haweel, Abu Dhabi, UAE
- Dr. Mohamed Gamal Mousa, Abu Dhabi, UAE
- Dr. Nahida Nayaz Ahmed, Abu Dhabi, UAE
- Dr. Amani Ahmed, Abu Dhabi, UAE
- Dr. Mufeed M.S. Raouf, Dubai, UAE
- Prof. Talaat Matar, UAE
- Dr. Khawla Ahmed, Dubai, UAE
- Dr. Faisal Adel Salman, Abu Dhabi, UAE
- Baqlah Hassan Ali, Abu Dhabi, UAE
- Dr. Mohamed Khaled, Saudi Arabia
- Dr. Virginia Rosabal, Costa Rica
- Prof. Nor Zuraida Zainal, Malaysia
- Dr. Adrian James, UK
- Prof. Oleg Alekseevich Skugarevsky, Belarus
- Dr. Rajesh Nagpal, India
- Prof. Mysore S. Renuka Prasad, Canada
- Prof. Bernardo Ng, USA
- Dr. Thelma Sánchez-villanueva, Mexico
- Dr. Rodrigo Nel Cordoba Rojas, Colombia
- Dr. Santiago Levin, Argentina
- Prof. Gisèle Apter, France
- Prof. Ramune Mazaliauskiene
- Prof. Kostas Fountoulakis, Greece
- Dr. Igor Filipic, Croatia
- Dr. Amine Larnaout, Tunisia
- Dr. Mahdi Saed Abumadini, Saudi Arabia
- Dr. Aida Sylla
- Dr. Juliet Nakku
- Prof. Pichet Udomratn, Thailand
- Prof. Yong Chon Park, Korea
- Dr. Allister Bush, New Zealand

SCIENTIFIC COMMITTEE

CO-CHAIRS:

- Dr. Aisha Al Dhufairy, Abu Dhabi, UAE
- Prof. Ahmad Jalili, Iran, WPA

MEMBERS:

- Prof. Medhat Elsabbahy, Abu Dhabi, UAE
- Prof. Sami Abdel Qawi, Abu Dhabi, UAE
- Dr. Abdul Naser Arida, Abu Dhabi, UAE
- Dr. Samer Makhoul, Abu Dhabi, UAE
- Dr. Tamer Metwaly, Abu Dhabi, UAE
- Prof. Ahmed Saad, Egypt
- Prof. Amna Turki, UAE
- Prof. Hamdy Almeslehy, UAE
- Prof. Mansour Assaf, Abu Dhabi, UAE
- Prof. Emmanuel Stip, Al Ain, UAE
- Dr. Eman Al Houti, Abu Dhabi, UAE
- Prof. Dr. Hisham Ramy, Egypt
- Dr. Ahmed Alhadi, Saudi Arabia
- Prof. Waqar Azeem, Qatar
- Prof. Nasar Sayeed Khan, Pakistan
- Prof. Golam Rabbani, Bangladesh
- Dr. E Mohandas, India
- Prof. Imran Ijaz Haider, Pakistan

ADVISORY COMMITTEE

CO-CHAIRS:

- Prof. Danuta Wasserman, Sweden
- Prof. Ahmed Okasha, Egypt
- Dr. Samia Alkhouri, UAE

MEMBERS:

- Prof. Gundugurti Prasad Rao, India
- Dr. Gautam Saha, India
- Prof. Majid Abidi, Pakistan
- Prof. Vinay Kumar, India
- Prof. Golam Rasool, Pakistan
- Dr. Vinay Lakra, Australia
- Naotaka Shinfuku, Japan
- Rene M. Samaniego, Philippines
- Winston Shen, Taiwan
- Prof. Afaf Hamed Khalil, Egypt
- Dr. Tarek Darwish, Egypt
- Dr. Mohamed Al Garhy, UK
- Dr. Alzain Abbas Omara, Sudan
- Prof. Veronica Carey, USA

CONFERENCE OBJECTIVES

- Review the latest evidence and best practices for the management and treatment of different issues related to psychosocial rehabilitation.
- Describe fundamentals of quality improvement strategies for mental health disorders.
- Evaluate and diagnose a selected group of common mental illness using the most updated evidence-based tools and apply it appropriately to fit regional special needs.
- Review practical real-life cases and pitfalls in various sub-specialties.
- Examine solutions to real-world clinical problems through case-based learning sessions
- Review current treatment guidelines and how to utilize them in clinical practice.
- Provide insight into patient needs and experiences and improve clinical practice.
- Apply new knowledge in the diagnostic and therapeutic modalities presented in selected topics
- Formulate an appropriate approach that is suitable for local experiences in some of the controversial issues in adults and old aged with mental health disorders
- Perform hands-on workshops given by world-leading experts and tutors in psychosocial rehabilitation and Mental Health Disorders.

TARGET AUDIENCE

This activity is designed to meet the needs of:

- Psychiatrists
- Psychologists
- Neurologists
- Occupational Therapists
- Physical Therapists
- Speech Therapists
- Social Workers
- Counsellors
- General Practitioners
- Family Physicians
- Residents & Fellows
- Pharmacists
- Clinical Nurses
- Geriatrics physicians
- Aged care Providers
- Researchers
- Policy Makers, Government, Academia & Other Mental Health Professionals

KEY FEATURES

- State of the art lectures
- Keynote presentations by renowned speakers
- Poster presentations
- World class exhibits
- Interactive sessions
- Case discussions
- Hands-on workshops
- Platform for global networking connecting scientific community

5 GREAT REASONS TO ATTEND:



ACCESS

a best-in-class program in mental health rehabilitation delivered by experts in the field



ASK

questions,
challenge thinking



LEARN

new frameworks and skills that can be implemented in your organisation



JOIN

a community of change makers working to build a better world



EXPERIENCE

incredible networking opportunities

SPEAKERS



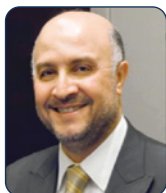
Prof. Afzal Javed

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University of Birmingham, UK
Honorary Clinical Associate Professor
Warwick Medical School, University of Warwick, UK
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Fountain House, Lahore, Pakistan
Consultant Psychiatrist (UK and Pakistan)



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Conference Co-chair, Chair of Section on Psychiatric
Rehabilitation, World Psychiatric Association (WPA)
Professor & Chair for Social Psychiatry at the Medical
University of Vienna (since 2011), Guest Professor at the
Psychiatric Epidemiology Unit at Göteborg University (2003).
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Psychotherapy and Psychosomatic (2019-2022),
Past President of the International Federation for
Psychiatric Epidemiology, Austria



Prof. Medhat Elsabbahy

Conference Co-Chair
Co-chair of organising committee
International Fellow of APA (IFAPA), Adjunct Associate
Professor of Psychiatry, G.M.C. University, ex-(Regional
Vice President Eastern Mediterranean Region)
Board Member: WORLD ASSOCIATION FOR
PSYCHOSOCIAL REHABILITATION, Consultant
Psychiatrist, Beautiful Mind Medical Center
Head of Psychiatric Rehabilitation Division,
Head of Scientific Sections, Arab Federation of
Psychiatrists, Founder of Psychiatric Rehabilitation Unit
SKMC_BSPCon



Dr. Manale Mahmoud Elewah

"Founder and CEO Art2Care
Certified Art Therapist
Borg Al Arab University Hospital
Alexandria, Egypt



Dr. Nahida Nayaz Ahmed

Consultant Psychiatrist -
Al Maqtaa Healthcare Center
Head of Mental Health Council
Department of Health (DOH),
Abu Dhabi, UAE



Dr. Modhi Mohammed Khalifa Al-Nahyan

Division Director of Healthcare Facilities Planning
Department of Health (DOH), Abu Dhabi, UAE



Dr. Dana Al Marzooqui

Family Care Authority (FCA),
Abu Dhabi, UAE



H.E. Asma Al Azri

FCA Family Cases Sector Executive Director,
Abu Dhabi, UAE



Dr. Venu Gopal Jhanwar

Consultant and Director
Deva Institute of Healthcare & Research,
Varanasi, India



Prof. Dr. Ganesan Gopalakrishnan

Psychiatrist, Sowmanasya Hospital &
Institute of Psychiatry
Tiruchirapalli, Tamilnadu, India



Dr. Bassem Hamed Mohamed Badr

Consultant Psychiatrist & Head of Psychiatry
Department at Mediclinic - Dubai Mall &
Mediclinic Parkview Hospital
Consultant Psychiatrist and Head of Psychiatry
Department at Dubai Police - DHA - Dubai, UAE



Prof. Muhammad Waqar Azeem

Inaugural Chair of Psychiatry/
Child Psychiatry
Sidra Medical & Research Center, Qatar



Prof. Hisham Ramy

Professor of Psychiatry,
Ain Shams University, Cairo, Egypt



Prof. Ahsan Nazeer

Division Chief,
Child and Adolescent Psychiatry
Associate Professor, Clinical Psychiatry,
Sidra Medicine, Qatar



Prof. Farouk Majzoub

Professor Emeritus of
Clinical Psychology Doctoral School
of the Lebanese University
Lebanon



Dr. Hanan Esmaeel Abohameer

Specialist Psychiatrist
American Center for Psychiatry
and Neurology
Dubai, UAE



SPEAKERS



Dr. Hamed Al Sinawi

Senior Consultant, Old age Psychiatrist - Department of behavioral medicine
Sultan Qaboos University Hospital, Oman



Dr. Zahraa Almosawi

Consultant Psychologist
Al Fanar Clinic, Kuwait



Jenny Gray

Social Work consultant
Child and Family Training Director & Honorary Lecturer
UCL Great Ormond Street Institute of Child Health, London, UK



Khadiga Yasser Abdelraouf Abdelmonem

5th Year Medical Student
Ajman University, UAE



Prof. Abdelazim Mohamed Mabrouk

Consultant Pediatrician, SEHA
Associate Clinical Professor,
College of medicine
Al Ain, UAE University



Ms. Fadwa Al Mugaddam

Ph.D. Student, Public Health Institute (PHI),
College of Medicine and Health Sciences (CMHS), UAE University (UAEU) and researcher at psychiatry and Behavioral Sciences Department, College of Medicine and Health Sciences (CMHS), UAE University (UAEU). Public Health Institute (PHI), Psychiatry and Behavioral Sciences Department, College of Medicine & Health Sciences (CMHS), UAE University (UAEU)



Dr. E Mohandas

Chief Consultant in Psychiatry
Sun Medical & Research Centre,
Kerala, India



Dr. Sandeep Vohra

Chairperson, Digital Mental Health-Task Force(2023-2024)
Indian Psychiatric Society
Advisor-Digital Mental Health Initiatives & Visiting Consultant Psychiatrist
BLK-Max Super Speciality Hospital, Delhi, India



Prof. Mahdi Saeed Abumadani

Professor and Consultant Psychiatrist
Imam Abdulrahman bin Faisal University, KSA



Dr. Samaa El Abd

MBBCh, MSc, FRCPsych
Consultant Child & Adolescent Psychiatrist (UK)
Cromwell Hospital London
Keith Nicholl Medical Centre Dubai, UAE



Prof. Jigna Stott

Clinical Assistant Professor
Consultant Psychiatrist
Ajman University, Ajman, UAE



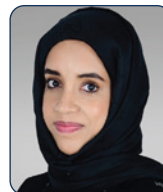
Prof. Mohamed Youssef Abuzied

Professor of Psychiatry at
Institute of Psychiatry,
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Consultant of Psychiatry
Kuwait center for Mental health



Dr. Aisha Al Dhufairi

Consultant Psychiatrist
Sheikh Khalifa Medical City (SKMC), Abu Dhabi, UAE



Dr. Afaf Ibrahim Al-Shehhi

Consultant Psychiatrist Ministry of Health
Royal Hospital, Oman



Prof. Talaat Matar Tadross

Consultant Psychiatrist RAK Hospital,
Professor of Psychiatry RAK University
UAE



Prof. Smita Deshpande

Professor (Research),
Department of Psychiatry,
St John's National Academy of Health Sciences, Bengaluru, India



SPEAKERS



Prof. Fernando Sampaio Goes

Associate Professor
Department of Psychiatry &
Behavioral Sciences, Johns Hopkins
University School of Medicine, USA



Dr. Marcella Rietschel

Chair of the WPA Section Genetics in
Psychiatry, Director of the Department of
Genetic Epidemiology in Psychiatry
Central Institute of Mental Health
Faculty of Medicine Mannheim,
University of Heidelberg, Germany



Prof. Hamid Alhaj

MD, PhD, MRCPsych, CCT (UK), PGDip
Chair, Department of Family and Community
Medicine and Behavioural Sciences
Associate Professor of Psychiatry,
University of Sharjah, UAE
Consultant Psychiatrist,
University Hospital Sharjah, UAE
Director of Research, NAPICU, UK



Prof. Fatma Khalifa Elsayed Khalifa

Consultant Psychologist,
Professor of Clinical Psychology,
College of Arts and Humanities
King Abdulaziz University, Jeddah, KSA



Dr. Rajesh Nagpal

Psychiatrist | Director | Partner | Trustee
Manobal Klinik, New Delhi, India



Prof. Ahmed Malalla Al Ansari

Principal Investigator,
Arabian Gulf University
College of Medicine & Medical Sciences,
Bahrain



Dr. Mohamed Abdelbadie

Specialist psychiatrist
Burjeel Royal Hospital, Al Ain, UAE



Yara Maria Kamel

Clinical Psychologist
Clinical Team Coach
Workplace Options, Dubai, UAE



**Prof. Maha Mohamed
Saber-Ayad**

Professor, Pharmacology
University of Sharjah, UAE



Dr. Roos van Westrhenen

Asst. Prof., Psychiatrist & Clinical
Pharmacologist (MD, PhD)
Head Outpatient Clinic Pharmacogenetics,
Parnassia Amsterdam, Netherlands;
Lead Principal Investigator PSY-PGx
Project (Horizon2020) Honorary Senior
Lecturer, King's College London, UK
Scientific Coordinator PSY-PGx Project,
Univeristy Maastricht, Netherlands



Prof. Tareq Qassem

Consultant in Old Age Psychiatry
Lead for Older Adult Clinical Academic Group,
Maudsley Health, Al-Amal Hospital
Adjunct Clinical Professor of Psychiatry
Mohammed Bin Rashid University of Medicine
and Health Sciences, Dubai - UAE
Honorary Consultant in Old Age Psychiatry
South London & Maudsley NHS Foundation Trust
London, UK



**Mr. Abyan Ismail Mohammed
Al-Yamani**

6th Year Medical Student
Arabian Gulf University, Bahrain



Dr. Shahid Hasan Quraishi

WAPR Deputy Secretary General,
Consultant Psychiatrist
Pennine Care NHS Foundation Trust,
United Kingdom



Dr. Alaa Haweel

Consultant Psychiatrist
Sheikh Khalifa Medical City (SKMC)
Abu Dhabi, UAE



Dr. Ramune Mazaliauskiene

Psychiatrist Lithuanian Health
Sciences University Kaunas
Hospital Psychiatric clinic
Lithuania

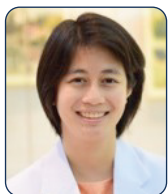


Dr. Shaima Al Fardan

Clinical Psychologist Mubadala Health,
Dubai, UAE



SPEAKERS



Prof. Kamonnet Wannasewok

Assistant Professor of Psychiatry
Department of Psychiatry
Faculty of Medicine Siriraj Hospital,
Mahidol University, Bangkok



Prof. Tami Benton

Psychiatrist-in-Chief, Executive Director
& Chair of the Department of Child and
Adolescent Psychiatry & Behavioral Sciences,
Clinical Director of Child & Adolescent Psychiatry
Psychiatrist in the 22Q and You Center
Children's Hospital at Philadelphia, USA



Prof. George Tadros

Consultant Psychiatrist and
Geriatric Psychiatrist
American Center Psychiatry & Neurology,
Abu Dhabi, UAE



Prof. Amany Haroun El Rasheed

Consultant Psychiatrist at Erada Center
for Treatment & Rehabilitation, Dubai, UAE
Professor in Psychiatry,
Ain Shams University, Cairo, Egypt



Dr. Reham Aly

Founder & President of the Egyptian
Association of CBT, MD Psychiatry, Egypt
Academy of Cognitive Therapy Diplomate,
USA



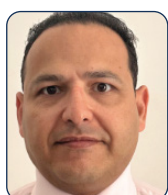
Prof. Charlotte Kamel

Professor of Psychiatry
The Royal College of Surgeons of Ireland/
Medical University of Bahrain, Bahrain



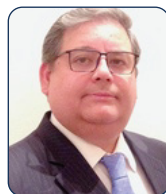
Prof. Muhammad Nasar Sayeed Khan

Professor of Psychiatry (Retd)
Secretary PPRC, Pakistan



Dr. Walid Abdelgalil Nasr

Consultant - Old Age Psychiatrist
Al Amal Psychiatric hospital
EHS Abu Dhabi, UAE



Prof. Tarek Okasha

Professor of Psychiatry,
Institute of Psychiatry
Ain Shams University, Cairo, Egypt



Prof. Thomas G. Schulze

Chairman & Director, Institute for
Psychiatric Phenomics and Genomics,
LMU University Hospital, Institute of
Psychiatric Phenomics & Genomics
(IPPG), Germany



Prof. Majid Ali Abidi

Visiting Professor of Psychiatry at
Institute of Clinical Psychology,
University of Karachi-Pakistan
Clinical Director, The Brain Clinic,
Taj Medical Complex, Karachi-Pakistan



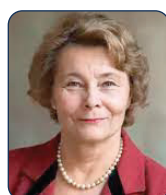
Dr. Gautam Saha

President Saarac Psychiatric Federation
Founder and Director of CLINIC BRAIN
Research Institute of Neuro-Psychiatric
discipline, Barasat, Kolkata, India



Prof. Momtaz Abdel Wahab

Professor of Psychiatry,
Cairo University, President of Egyptian
Psychiatric Association
Kasr Al Aini Faculty of Medicine,
Cairo University, Egypt



Prof. Danuta Wasserman

Professor of Psychiatry & Suicidology
President -elect of WPA
Head and Founder of National Centre
for Suicide Research and Prevention of
Mental Ill-Health (NASP)
Director for WHO Collaborating Centre for
Research, Methods Development and
Training in Suicide Prevention, Sweden



Prof. Gundugurti Prasad Rao

President - Asian Federation of Psychiatrists
AFPA | Expert Committee Member
Director - Asha Hospital, India



Prof. Heba Essawy

Professor of Psychiatry at Institute of
Psychiatry Ain Shams Medical School
Certified Eating Disorders Specialist
Iaedp USA. International Chapter
Chair - Egypt Iaedp. President of Egyptian
Association of Eating Disorders Cairo, Egypt



SPEAKERS



Tutik Rubiyatun Sukiman

CPD Unit Manager/Nurse
Al Amal Psychiatry Hospital,
Dubai, UAE



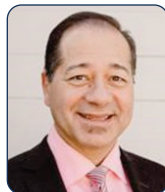
Dr. Muez Siddig

Specialist psychiatrist
National rehabilitation center,
Abu Dhabi, UAE



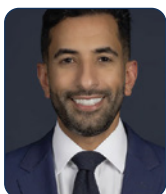
Dr. Michael Youssef Aoud

Specialist Psychiatrist
National Rehabilitation Center,
Abu Dhabi, UAE



Dr. Gustavo Alva

Psychiatrist, Neuropsychiatry
Orange County, Costa Mesa,
California, USA



Prof. Mohammad Alsuwaidan

Assistant Professor of Psychiatry
University of Toronto, Canada
Founder & clinical director of MindWell,
Kuwait



Dr. Susana Almeida

Psychiatrist, Guest of Psychiatry
& clinical practice
Faculty of Medicine, University of Porto
President of the Portuguese Academy of
Psycho-oncology, Portugal



Dr. Sergio Benavente

Assistant Facultative Area Specialist in the
Brief Hospitalization Unit, Central University Hospital
of Defense Gómez Ulla
Psychiatrist MIR at the University Hospital 12
de Octubre, Spain



08:30-09:50	Registration & Welcome Break		
09:50-10:00	Welcome and Introduction		
SESSION 1			
	Track 1 [WORKSHOP] Dar El Istiqbal (Ground floor)	Track 2 [WORKSHOP] Auditorium (Lobby floor)	Track 3 [WORKSHOP] Meeting Quarter 1-3 (3rd floor)
10:00-12:00	Psychosocial Rehabilitation to Enhance Integrity in Geriatrics - <i>Dr. Manale Mahmoud Elewah, Egypt</i> [2 hrs]	العلاج النفسي الجمعي Group psychotherapy <i>Prof. Fatma Kalifa Elsayed Khalifa, KSA</i> [2 hrs - <i>This workshop is in Arabic only</i>]	علاج المخططات المعرفية <i>Prof. Zahraa Almosawi, Kuwait</i> [2 hrs - <i>This workshop is in Arabic only</i>]
12:00-14:00	Lunch Break, Prayer Exhibition & Networking Poster Presentation - Liwa Majlis (Ground floor)		
SESSION 2 TRACK 1: Dar El Istiqbal (Ground floor)			
14:00-14:20	OFFICIAL INAUGURATION:- National Anthem & Verses from Holy Qur'an		
PLENARY SESSION - Chair: Prof. Alzain Omara, UAE TRACK 1: Dar El Istiqbal (Ground floor)			
14:20-15:05	Public Mental Health: Priority Agenda for WPA Action Plan 2020-2023 - <i>Prof. Afzal Javed, UK</i> [45 mins]		
15:05-15:50	Abu Dhabi's Mental Health Strategy - Highlights & Achievements - <i>Dr. Nahida Nayaz Ahmed, UAE</i> [45 mins]		
15:50-16:00	COFFEE BREAK		
SESSION 3			
16:00-16:30	[GENERAL SYMPOSIUM] Chair: Dr. Nahida Nayaz Ahmed, UAE DOH Mental Health Strategy <i>Dr. Modhi Mohammed Khalifa Al-Nahyan, UAE</i> [30 mins]	[KEYNOTE] Chair: Dr. Tamer Metwaly, UAE Stigma: The Everlasting Challenge in Psychiatry <i>Prof. Hisham Ramy, Egypt</i> [30 mins]	[KEYNOTE] Chair: Dr. Saqib Latif, UAE Living with ADHD, a lifetime perspective of a clinician's experience with their patients. Wisdom acquired and lessons learned through their patients <i>Dr. Samaa El Abd, UAE</i> [30 mins]

16:30-17:00	<p>FCA's contributions to the Mental Health Strategy H.E. Asma Al Azri, UAE & Dr. Dana Al Marzooqui [30 mins]</p>	<p>[KEYNOTE]</p> <p>Current thinking and Innovations in the field of ADHD Prof. Ahsan Nazeer, Qatar [30 mins]</p>	<p>[WORKSHOP]</p> <p>16:30-18:00 Child and Family Training Positive Parenting Guides [1.5 hrs - Arabic & English] Dr. Samaa El Abd, UAE & Jenny Gray, UK</p>
17:00-18:00	<p>[GENERAL SYMPOSIUM] Chair: Dr. Hadir Abdelrahman, UAE</p> <p>SWOT Analysis of Running a Psychiatric Rehabilitation Center in Rural India Dr. Venu Gopal Jhanwar, India [25 mins]</p> <p>Innovations in Care of Homeless Severely Mentally Ill (SMI) - Indian Gunaseelam Experience Prof. Dr Ganesan Gopalakrishnan, India [25 mins - Virtual]</p> <p>Q&A [10 mins]</p>	<p>[GENERAL SYMPOSIUM] Chair: Dr. Haitham Shabayek, UAE</p> <p>When a Psychotherapist Keeps on Dealing with Hearing Clients During Thirty Years of His total Deafness - The Autohealing Mechanisms of The Emotional Brain Prof. Farouk Majzoub, Lebanon [25 mins]</p> <p>Psychosocial aspects of child illness Prof. Abdelazim Mohamed Mabrouk, UAE [25 mins]</p> <p>Q&A [10 mins]</p>	
18:00-19:00	<p>[KEYNOTE] Chair: Dr. Fatema Almansouri, UAE</p> <p>Throughout the Lifespan: Optimizing Treatment for ADHD Dr. Bassem Badr, UAE [30 mins]</p> <p>Autism Spectrum Disorder: An Update Prof. Muhammad Waqar Azeem, Qatar [30 mins]</p>	<p>[KEYNOTE] Chair: Dr. Ali El Bedwawi, UAE</p> <p>The use of AI in Dementia care Dr. Hamed Al Sinawi, UAE [30 mins]</p> <p>Postgraduate Mental health training in the Arab region Prof. Mahdi Saeed Abumadini, KSA [30 mins]</p>	
INDUSTRY SYMPOSIUM by LUNDBECK - Dar El Istiqbal (Ground floor) Followed by dinner			
19:00-20:30	<p>Role of Aripiprazole Once Monthly in the Management of BP-I Disorder Chair: Prof. Medhat Elsabbahy, UAE</p> <p>Speakers: Dr. Gustavo Alva, USA Prof. Mohammad Alsuwaidan, Kuwait Dr. Susana Almeida, Portugal</p>		

08:30-09:50	Registration & Welcome Break		
09:50-10:00	Welcome and Introduction		
SESSION 4			
	Track 1 (GENERAL SYMPOSIUM) Chair: Dr. Mufeed Raoof, UAE Dar El Istiqbal (Ground floor)	Track 2 (GENERAL SYMPOSIUM) Chair: Prof. Thomas Schulze, Germany Auditorium (Lobby floor)	Track 3 (WORKSHOP) Chair: Dr. Aisha Al Dhufairi, UAE Meeting Quarter 1-3 (3rd floor)
10:00-11:00	UK Early Career Doctors Experiences of Psychiatry Placements: A Qualitative Study Prof. Jigna Stott, UAE [25 mins] Attitudes towards mental health problems in a sample of United Arab Emirates' residents Khadiga Yasser Abdelraouf Abdelmonem, UAE [25 mins] Q&A [10 mins]	How to optimally implement genetics and pharmacogenetics in psychiatry Dr. Ole Andreassen Dr. Smita Deshpande Dr. Fernando Goes Dr. Maha Mohamed Saber-Ayad Dr. Marcella Rietschel Dr. Roos van Westrhenen Dr. Hamid Alhaj	CBT techniques Dr. Reham Aly, Egypt Arabic [1 hr]
11:00-11:15	COFFEE BREAK		
SESSION 5			
11:15-11:45	[KEYNOTE] Chair: Dr. Bassem Hamed Mohamed Badr The Mind & The Brain: Understanding of Psychiatric morbidity with Neurological Diseases Prof. Mohamed Youssef Abuzeid, Kuwait [30 mins]	[KEYNOTE] Chair: Dr. Mouza Alsabousi, UAE Beyond the Blues: Apathy as a Critical Factor in Mental Health Recovery Prof. Tareq Qassem, UAE [30 mins]	[WORKSHOP] Chair: Prof. Mansour Shawky, UAE Ethical and legal dilemmas in psychiatry Dr. Alaa Haweel, UAE [1.5 hrs]
11:45-12:45	[GENERAL SYMPOSIUM] Chair: Dr. Gamal Mousa, UAE Correlates of Re-hospitalization & Dis-engagement During the First Three Years of Psychotic Illness, in a Psychiatric Facility in Abu Dhabi, UAE Dr. Aisha Al Dhufairi, UAE - [25 mins] Introduction to Transcranial Magnetic Stimulation Dr. Hanan Abohamer, UAE [25 mins] Q&A [10 mins]	[GENERAL SYMPOSIUM] This session is in Arabic only Chair: Prof Afaf Mansour, UAE التعرض لصدمة الحب و علاقته بالاصابة بالاكتئاب Dr. Zahraa Almosawi, Kuwait [30 mins] العلاج المعرفي السلوكي للقلق Cognitive behavioral therapy for anxiety Prof. Fatma Khalifa Elsayed Khalifa, KSA [30 mins]	

PLENARY SESSION - Chair: Dr. Samer Makhoul, UAE | Dar El Istiqbal (Ground floor)

12:45-13:30	Psychiatric rehabilitation – standards and challenges <i>Prof. Johannes Wancata, Austria</i> [45 mins]		
13:30-14:15	Evolutional Approach to Schizophrenia – <i>Prof. Talaat Matar Tadross, UAE</i> [45 mins]		
14:15-14:45	INDUSTRY SYMPOSIUM by LUNDBECK Dar El Istiqbal (Ground floor)		
	Variation in treatment outcomes in the management of Depression and Anxiety Advantages of Cipralex - <i>Dr. Susana Almeida, Portugal</i>		
14:45-15:15	INDUSTRY SYMPOSIUM by JANSSEN - Chair: Dr. Mahdi Abu Madini, KSA, UAE Dar El Istiqbal (Ground floor)		
	Sharing clinical and practice data for the 6 monthly paliperidone injection “Byannli” - <i>Speaker: Dr. Sergio Benavente, Spain</i>		
15:15-16:15	LUNCH BREAK, (Liwa Majlis - Ground floor) PRAYER EXHIBITION & NETWORKING POSTER PRESENTATION		
SESSION 6			
16:15-17:15	[GENERAL SYMPOSIUM] Chair: Prof. Charlotte Kamel, Bahrain First Step for The Cross-Validation of The Arabic Emirate Version of "The Subjective Scale to Investigate Cognition - Emirates" (SSTIC-E). <i>Ms. Fadwa Al Mugaddam, UAE</i> - [25 mins] National Prescribing Patterns of Psychotropic Medications in Older Adults In Oman <i>Dr. Afaf Ibrahim Al-Shehhi, Oman</i> - [25 mins] Q&A [10 mins]	[GENERAL SYMPOSIUM] Chair: Dr. Riadh Jabbar, UAE Children with Autism Spectrum Disorder, 20 Years Later: Employment and Intimate Relationship <i>Mr. Abyan Ismail Mohammed Al-Yamani, Bahrain</i> - [25 mins] Perceptions of community rehabilitation team members towards recovery- oriented practices in mental health care <i>Dr. Tutik Rubiyatun Sukiman, UAE</i> [25 mins]	[GENERAL SYMPOSIUM] Chair: Prof. Mohamed Hassan Faragalla, UAE History and Consequences of Deinstitutionalization <i>Dr. Mohamed Abdelbadie Ismail, UAE</i> [25 mins] Model: Implications For Change and Expected Outcomes In Lithuania <i>Dr. Ramune Mazaliauskiene, Lithuania</i> [25 mins] Q&A [10 mins]
17:15-18:45	[KEYNOTE] Chair: Dr. Hussain Omer, UAE Psychosocial Rehabilitation through Neuroscience Lens <i>Dr. E Mohandas Warriar, India</i> [30 mins] An egyptian theory for psychopathology and psychotherapy <i>Prof. Talaat Matar Tadross, UAE</i> [30 mins] Digital mental health <i>Dr. Sandeep Vohra, India</i> [30 mins]	[KEYNOTE] Chair: Dr. Alaa Haweel, UAE Running a Psychiatric Rehabilitation Centre: Weaknesses or Pitfalls <i>Dr. Rajesh Nagpal, India</i> - [30 mins] Pathways of Care for 1st episode pf psychosis in the mental health services in UK- Personal Experiعة <i>Dr. Shahid Hasan Quraishi, UK</i> - [30 mins] Screen Based Media Use among children with Autism Spectrum Disorder, Attention Deficit Hyperactivity Disorder and typically developing siblings <i>Prof. Ahmed Malalla Al Ansari, Bahrain</i> - [30 mins]	[GENERAL SYMPOSIUM] Chair: Dr. Karim Abdelaziz, UAE A psychosocial rehabilitation model for successful return-to-work after physical or mental health related absence <i>Yara Maria Kamel, UAE</i> [35 mins] EMDR In a Post Covid-19 Era: Virtual Applications <i>Dr. Shaima Al Fardan, UAE</i> [35 mins] Q&A [20 mins]
18:45-19:15	MEET THE WPA SESSION		
19:30	PRESIDENTIAL DINNER		

08:30-09:50	Registration & Welcome Break		
09:50-10:00	Welcome and Introduction		
SESSION 7			
	Track 1 (KEYNOTE) Chair: Dr. Hawraa Sajwani, UAE Dar El Istiqbal (Ground floor)	Track 2 (KEYNOTE) Chair: Prof. Momtaz Abdelwahab, Egypt Auditorium (Lobby floor)	Track 3 (WORKSHOP) Chair: Dr. Mehnaz Zafar, UAE Meeting Quarter 1-3 (3rd floor)
10:00-11:30	Vocational opportunities & quality of life among persons with chronic schizophrenia under processes of disability law enforcement in Thailand Dr. Kamonnet Wannasewok, Thailand - VIRTUAL [30 mins] Updating the Management of Bipolar Disorder Prof. Tarek Okasha, Egypt - VIRTUAL [30 mins] The Future of Children's Mental Health: It Will Take a Village Dr. Tami Benton, USA - VIRTUAL [30 mins]	The Role of Cognitive Behavior Therapy in Psychiatric Rehabilitation Dr. Reham Aly, Egypt [30 mins] Psychiatry in changing world Prof. Momtaz Abdel Wahab, Egypt [30 mins] Factitious disorders, A comprehensive review Prof. Charlotte Kamel, Bahrain [30 mins]	Use of cognitive behavioural therapy (CBT) in obsessive compulsive disorders (OCD) Dr. Shahid Quraishi, UK [1.5 hrs]
11:30-11:40	COFFEE BREAK		
PLENARY SESSION - Chair: Prof. George Tadros, UAE Dar El Istiqbal (Ground floor)			
11:40-12:25	Multi-omics of Major Psychoses, Psychiatric Phenomenology meets Biology - Prof. Thomas Schulze, Germany [45 mins]		
12:25-13:10	Unmet Medical Needs in Schizophrenia - Prof. George Tadros, UAE [45 mins]		
13:10-13:40	Special session on Fighting Stigma in Psychiatry Prof. Afzal Javed, UK Prof. Johannes Wancata, Austria Prof. Medhat Elsabbahy, UAE Q&A		
13:40-14:40	LUNCH BREAK, PRAYER EXHIBITION & NETWORKING		

SESSION 7			
14:40-15:40	<p>[KEYNOTE] Chair: Prof. Amany Haroun, Egypt</p> <p>Jinnic Possession & Mental Health in Islamic World Prof. Majid Ali Abidi, Pakistan [30 mins]</p> <p>Dilemmas in the management of borderline Personality disorder Prof. Amany Haroun El Rasheed, Egypt [30 mins]</p>	<p>[KEYNOTE] Chair: Dr. Amna Almesmari, UAE</p> <p>Suicide can be prevented Prof. Danuta Wasserman, Sweden (WPA) – VIRTUAL [30 mins]</p> <p>Genetic Studies & Rehabilitation of Psychiatric Disorders: How to Move Forward? Prof. Nasar Sayeed Khan, Pakistan – VIRTUAL [30 mins]</p>	<p>[WORKSHOP] Chair: Prof. Talaat Matar, UAE</p> <p>Diagnosis and Management of psychiatric comorbidity of Eating disorders: The successful road for treatment Prof. Heba Essawy, Egypt [1 hr]</p>
15:40-16:40	<p>[KEYNOTE] Chair: Dr. Shahid Hasan Quraishi, UK</p> <p>Everything hurts: Pain management in the context of psychiatric comorbidities Dr. Bassem Hamed Mohamed Badr, UAE [30 mins]</p> <p>Psychopharmacology In Children and Adolescent: Recent Updates Dr. Gautam Saha, India [30 mins]</p>	<p>[KEYNOTE] Chair: Dr. Nael Mostafa, UAE</p> <p>The Newer Horizons of Alzheimer Dementia by Biomarkers. Prof. Gundugurti Prasad Rao, India [30 mins]</p> <p>Dementia Palliative Care Dr. Walid Abdelgalil Nasr, UAE [30 mins]</p>	<p>[GENERAL SYMPOSIUM] Chair: Dr. Muez Siddig, UAE</p> <p>Addiction in Athletes. An Overview Dr. Muez Siddig, UAE [25 mins]</p> <p>Internet Addiction Dr. Michael Youssef Aoud, UAE [25 mins]</p> <p>Q&A [10 mins]</p>
16:40-17:00	<p>CLOSING CEREMONY</p> <ul style="list-style-type: none"> • Closing Address – Prof. Medhat Elsabbahy, UAE Co-Chair of WPA Thematic congress • Award to WPA Publication Prize for Residence & Trainees in Psychiatry from the Gulf/Middle East Region - Michele Elie Cherro, Lebanon • Awards to Medical Student – Sabila Siddiqui, 5th-year medical student at Dubai Medical College for Girls • Closing Remarks – Prof. Afzal Javed, WPA - President Conference President, WPA Thematic Congress 		
17:00	END OF CONFERENCE		

POSTER PRESENTATION

Some Mental Health Issues of offenders Who Convicted to Drug Related Crimes

Baigalmaa Sodnom - Psychiatrist Mongolian National Center for Mental Health, Mongolia

Some Mental Health Problems of Female Prisoners

Sarantsetseg Tumursaikhan - Psychiatrist Mongolian National Center for Mental Health, Mongolia

Are Chatbots Our New Therapists?

Dr. Ahmed Nazeer - Student American School of Doha, Qatar

Studying the Role of Traditional Healers in the Pathway to Psychiatric Services among Patients with depression in Egypt

Prof. Mostafa Ahmad Hashim - Associate Professor of Psychiatry Ain Shams University, Egypt

Frontal syndrome in stroke victims

Prof. Taleb Hanane - Professor, Kasdi Merbah University, Algeria

The effect of psychostimulants on executive frontal functions

Prof. Bouafia Khaled - Professor, Kasdi Merbah University, Algeria

Perceptions of Undergraduate Students Regarding the Accuracy of Mental Illness On-Screen Portrayals

Lujain Sami Othman Albozeyah - Student Ajman University, UAE

Psychological Rehabilitation for Children with Cancer and their Parents when Dealing with Grief

Dr. Noha Aly Mohamed Abdel-Moneim - Pharmacist/Art Therapy Facilitator Global Arts in Medicine Fellowship, Egypt

GENERAL INFORMATION

Venue: Intercontinental Hotel, Abu Dhabi, Uae

Registration and Information: Registration Desks will operate three days 08:30 am onwards

Name Tags: Participants are required to wear their name tags throughout the meeting in order to be admitted to the lecture halls and other scheduled activities.

Refreshments and Lunch: Refreshments & Lunch will be offered in accordance with the breaks indicated on the timetable. Lunch will be served at

Day 1 - 12:00-14:00

Day 2 - 14:45-15:45

Day 3 - 13:40-14:40

Cyber Internet: Free internet will be available in the exhibition area during the conference.

Mobile Phones & Photography: Participants are kindly requested to keep their mobile phones silent mode in the conference hall and refrain from taking photographs during sessions.

Certificate of Attendance:

- Certificates can be downloaded at MENA Conference (www.menaconference.com) website 7 days post conference. A notification with the link and instructions on how it can be downloaded will be sent to your registered email address.
- All delegates are requested to complete the online evaluation prior to downloading their certificates as a mandatory requirement from the accreditation body.
- Each medical specialist should claim only those credits that he/she actually spent in the educational activity

CME ACCREDITATION

This Program has been awarded a maximum of **25 CPD Credit Hours** by the WPA Thematic Congress 'Innovations in Treatment & Psychosocial Rehabilitation' Abu-Dhabi (UAE) 05-07 May 2023

WPA THEMATIC CONGRESS
Innovations In Treatment & Psychosocial Rehabilitation has been Accredited by The European Accreditation Council for Continuing Medical Education (EACCME) for 17 European CME Credits (ECMECs)

DAY 1, Friday 05/05/2023 is Accredited for 5 CME Hours

DAY 2, Saturday 06/05/2023 is Accredited for 6 CME Hours

DAY 3, Sunday 07/05/2023 is Accredited for 6 CME Hours

SPEAKERS' BIOGRAPHY

SPEAKERS' BIOGRAPHY



Prof. Afzal Javed

Conference President
President World Psychiatric Association (WPA)
Honorary Professor, Institute of Applied Health Research, University of Birmingham, UK
Honorary Clinical Associate Professor Warwick Medical School, University of Warwick, UK
Chairman, Pakistan Psychiatric Research Centre, Fountain House, Lahore, Pakistan, Consultant Psychiatrist (UK and Pakistan)



MBBS, MCPS, D.PSYCH (LONDON), BOARD CERT.PSYCH (UK),
F.R.C.Psych. (UK), M.PHIL (Edinburgh), FRCP (Edinburgh & Ireland)

Dr. Afzal Javed is a Consultant Psychiatrist & Honorary Professor, Institute of Applied Health Research, University of Birmingham & Honorary Associate Clinical Professor at Warwick Medical School, University of Warwick UK. He is also chairman of Pakistan Psychiatric Research Centre & a Board member of Fountain House Lahore.

He graduated from King Edward Medical College Lahore, Pakistan and received higher specialised training in Psychiatry in Pakistan & UK. He is a fellow of Royal College of Psychiatrist and has also been awarded with Fellowships of Royal Colleges of Physician of Edinburgh & Ireland.

He has served the Royal College of Psychiatrists UK as Deputy & Associate Registrar & Chairman of West Midlands Division of the College.

He was elected to the Honorary Fellowship of the College in 2022. This is the highest award of membership of the Royal College of Psychiatrist.

His role in international psychiatry is highlighted by his current position at World Psychiatric Association (WPA) as President from October 2020 to October 2023.

He has also been the Past Presidents of Asian Federation of Psychiatrists Associations (AFPA) from 2017-19 & World Association for Psychosocial Rehabilitation (WAPR) from 2012-15.

His areas of special interest are Social and Transcultural Psychiatry, Psychosocial Rehabilitation and Psychiatric Research.

His academic skills have been invaluable when publishing more than 175 scientific papers and being author of six books/monographs on different topics of psychiatry.

He recently received one of the highest Civil Award (Sitar -I Imtiaz) by Government of Pakistan.



Prof. Johannes Wancata

Conference Co-Chair
Chair of Section on Psychiatric Rehabilitation
World Psychiatric Association (WPA)
Professor, Social Psychiatry, Medical University of Vienna, Austria



Professor and Chair for Social Psychiatry at the Medical University of Vienna (since 2011),

Guest Professor at the Psychiatric Epidemiology Unit at Göteborg University (2003).

Main research interests: psychiatry epidemiology, psychiatric rehabilitation, family caregivers.

Chair of the Section on Psychiatric Rehabilitation of the World Psychiatric Association,

Past President of the Austrian Association for Psychiatry, Psychotherapy and Psychosomatic (2019-2022),

Past President of the International Federation for Psychiatric Epidemiology.

Editor of journals "Social Psychiatry and Psychiatric Epidemiology" and "Neuropsychiatrie".

Professor Johannes Wancata is professor for Social Psychiatry at the Medical University of Vienna and the Chair of the Section on Psychiatric Rehabilitation of the World Psychiatric Association WPA.

SPEAKERS' BIOGRAPHY



Prof. Medhat Elsabbahy

Conference Co-Chair
Co-chair of organising committee
International Fellow of APA (IFAPA), Adjunct Associate Professor of Psychiatry G.M.C. University, ex-(Regional Vice President Eastern Mediterranean Region)
Board Member: WORLD ASSOCIATION FOR PSYCHOSOCIAL REHABILITATION
Consultant Psychiatrist, Beautiful Mind Medical Center
Head of Psychiatric Rehabilitation Division, Head of Scientific Sections
Arab Federation of Psychiatrists, Founder of Psychiatric Rehabilitation Unit
SKMC_BSPCon



Consultant Psychiatrist in Beautiful Mind Medical Center since November 2021. Founder and head of the Psychiatric Rehabilitation and Community psychiatry department at BSP, SKMC, Abu Dhabi, UAE from 1999 till 2021. Member of the Psychiatric Rehabilitation Association (PRA) International Committee, and member of the Advisory Council of the PRA academy. Serves as the Head of Scientific Sections and head of Psychiatric Rehabilitation Division of the Arab Federation of Psychiatrists. International Fellow of APA (IFAPA), Adjunct Associate Professor of Psychiatry G.M.C. University, ex-Regional Vice President; Eastern Mediterranean Region World Association for Psychosocial Rehabilitation. Trained more than 50 team members to help in initiating three psychiatric rehabilitation units in UAE. Managed to initiate new chapters of WAPR in UAE, Oman and KSA, to activate the Egyptian chapter, and working on initiating chapters in Tunisia, Qatar and Kuwait. Initiated the Psychiatric Rehabilitation Division in the Arab Federation of Psychiatrists since 2010. Organized many regional and international conferences. Conference Director of WAPR international conference 2017 held in Abu Dhabi, UAE. Chair of 14th WAPR World Congress 2021 and 7th International Abu Dhabi conference on Mental health held in Abu Dhabi, UAE. Nominated for the President Elect elections of WAPR 2022



Dr. Manale Mahmoud Elewah

Founder and CEO Art2Care
Certified Art Therapist
Borg Al Arab University Hospital
Alexandria, Egypt* EGYPT



'Art2Care Program the first art therapy program in Egypt and the Middle East dedicated to children with cancer, and their families, launched in 2013. Art2Care Program has provided Art Therapy to children and adolescents diagnosed with cancer, and their families. Dr. Elewah is holder of PhD in Healthcare Environmental Management from USA, Psychotherapy Diploma and Psychology Diploma, Art Therapy Diploma, Specialist Sand Tray, Certified Therapeutic Arts Practitioner and Certified Expressive Arts Therapist.

- Board Member National Organization for Arts in Health, NOAH, 2022.
- Advisor for The Red Pencil Humanitarian Association, TRP MENA, 2020.
- Board Member of the Arts In Medicine Fellowship, GAIMF 2020.
- WHO Egypt Representative for Global Initiative of Childhood Cancer GICC, 2020.
- Associate Member of International Psycho-Oncology Society, IPOS 2019.
- Board Member of World Association for Psychosocial Rehabilitation, WAPR 2018
- Associate Member of the American Psychological Association, APA 2017.
- Associate Member at the American Art Therapy Association, AATA 2014.

SPEAKERS' BIOGRAPHY



Dr. Nahida Nayaz Ahmed

Consultant Psychiatrist - Al Maqtaa Healthcare Center
Head of Mental Health Council
Department of Health (DOH), Abu Dhabi, UAE



Dr. Nahida Nayaz Ahmed is an American Board certified, Emirati Consultant Psychiatrist, who serves as the Chair of department at AHS, Chair of Behavioural Health Council at SEHA & Chair of Mental Health task force at DOH. She graduated Psychiatry residency from Tufts University and obtained CL Fellowship from Harvard University, Boston. She continues to play a lead role in mental health reforms, spearheading several initiatives across different sectors. She is an International Associate of Royal College of Psychiatry, UK and is a Certified Physician Executive (CPE). Dr. Ahmed is an Adjunct Associate Professor at the College of Medicine and Health Sciences, UAE University and Associate Lecturer at Khalifa University. She has authored and published several research papers nationally and internationally. She is a notable speaker on national and international platforms, an avid reader, travel enthusiast, mother to three exceptional children, & spouse to a distinguished Transplant Nephrologist.



Dr. Modhi Mohammed Khalifa Al-Nahyan

Division Director of Healthcare Facilities Planning
Department of Health (DOH), Abu Dhabi, UAE



Dr. Modhi Mohammed Khalifa Al-Nahyan is currently working as Division Director of Healthcare Facilities Planning at the Department of Health, Abu Dhabi UAE since 9 years. She is Managing transformational healthcare sector improvement Model of Care (MoD) that includes, Primary healthcare, Mental Health strategy, Non-Acute Care, Center of Excellence, People od determination initiatives, Substance use disorder initiatives, Medical Tourism program planning /design and execution.

Dr. Modhi has an EFQM - Certified European Foundation of Quality Management (EFQM) professional. EFQM organization, and MSc in Nutritional Medicine from Surrey University in the UK, an MBBS (Medical Bachelor & Bachelor of Surgery) in Al Ain University (UAE), Faculty of Medicine & Health Sciences (FMHS).



Dr. Dana Al Marzooqui

Family Care Authority (FCA),
Abu Dhabi, UAE



H.E. Asma Al Azri

FCA Family Cases Sector Executive Director,
Abu Dhabi, UAE



SPEAKERS' BIOGRAPHY

**Dr. Venu Gopal Jhanwar**

Consultant and Director
Deva Institute of Healthcare & Research,
Varanasi, India



Dr. Venu Jhanwar is senior consultant of Psychiatry and Director of the Deva Institute of Health Care and Research (DIHR), a multi-specialty neuropsychiatric clinic, in the ancient city of Varanasi, India. Dr. Jhanwar also gives voluntary service to Ram Krishna Mission Home, Varanasi. He is currently leading projects on learning disorders and ERP, Cognition in First Episode Psychosis, Empathy, Cognition and Virtual Reality therapy, and conducts a regular workshop on reducing & identifying Caregiver's burden.

Dr. Jhanwar assisted in the establishment of mental health services and clinics at Sundarban delta, W.B. in collaboration with the Swiss Tropical Institute, Switzerland. He has also been involved in various research projects for many years, including more than 50 clinical trials in various phases in numerous psychiatric indications. Dr. Jhanwar completed undergraduate study in the medical field from the prestigious SMS Medical College, Jaipur, Rajasthan, in 1993, with post-graduate training at the Institute of Post Graduate Medical Education and Research in Kolkata, West Bengal. He completed his Psychiatric residency at the Central Institute of Psychiatry, Ranchi & Masina Hospital, Mumbai in 1995, and post-graduation in Psychiatry from the Institute of Psychiatry, SSKM Hospital, University College of Medicine, Kolkata, in 1999, with an MD in Psychiatry. Dr. Jhanwar also participated in an observorship at St. Louis University, St. Louis, Missouri, United States, in 2005.

He is a member & officer of many professional medical associations in India, including the Society for Bipolar Disorder—India, Indian Association of Biological Psychiatry, Indian Association of Private Psychiatry, Deva Foundation—mission for mankind, the Indian Psychiatric Society, and the Indian Association of Geriatric Mental Health, to name a few. His personal interests include theater, writing and photography. Dr. Jhanwar served on the IPA Board of Directors from 2012-2016.

**Prof. Dr. Ganesan Gopalakrishnan**

Psychiatrist, Sowmanasya Hospital &
Institute of Psychiatry
Tiruchirapalli, Tamilnadu, India



'CEO & Chief Consultant at Sowmanasya Hospital and Institute of Psychiatry, Thiruchirappalli, TamilNadu, India(Since 1982).

Served as Professor and Head of Department (Psychiatry) at MVJ Medical College & Research hospital, affiliated to Rajiv Gandhi University of Health Sciences, Bangalore, Karnataka, India.(2013-2021).

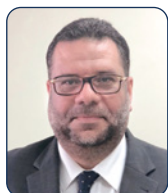
Past President, Indian Association of social Psychiatry

Past President, World Association for Psycho social Rehabilitation

Member, Ethics Committee, NIMHANS and Research advisory Committee, Christ University

Area of Work or Special Interest:

- Social Psychiatry and Rehabilitation
- Research on Mental Health Delivery Systems

**Dr. Bassem Hamed Mohamed Badr**

Consultant Psychiatrist & Head of Psychiatry
Department at Mediclinic - Dubai Mall & Mediclinic Parkview Hospital
Consultant Psychiatrist and Head of Psychiatry
Department at Dubai Police - DHA - Dubai, UAE



Consultant Psychiatrist and Head of Psychiatry Department at Mediclinic - Dubai Mall & Mediclinic Parkview Hospital

Consultant Psychiatrist and Head of Psychiatry Department at Dubai Police - DHA - Dubai UAE

Consultant Psychiatrist and Medical Director at LifeWorks Holistic Counselling Centre-DHA-Dubai-UAE

Consultant and Associated Professor of Psychiatry at Public Authority of Educational Institutes and Hospitals - Egypt

Lecturer for Dubai residency program and medical students, Dubai Medical College at DHA - Dubai UAE

SPEAKERS' BIOGRAPHY



Prof. Muhammad Waqar Azeem

Inaugural Chair of Psychiatry/
Child Psychiatry
Sidra Medical & Research Center, Qatar



Professor Muhammad Waqar Azeem is an Inaugural Chair of Psychiatry / Child Psychiatry for Sidra Medical and Research Center. He is Professor of Psychiatry at Weill Cornell Medical College / Cornell University. He is Chair of Qatar's National Autism Plan Working Group and Co-Chair of WISH Autism Forum.

Professor Azeem's clinical and research interests include Autism Spectrum Disorder (ASD) and Developmental Disabilities, Global Mental Health and Child & Adolescent Psychiatry Training. He has presented nationally and internationally and has published in peer reviewed journals.

He served on various boards and committees at regional, national and international level. In addition, he collaborates with various institutions in South East Asia and Middle East on various projects to improve child and adolescent services and training.

Prior to joining Sidra, Professor Azeem was an Associate Professor at Yale University. In addition, he held the position of Chief of Psychiatry & Medical Director of Albert J. Solnit Children's Center as well as the Associate Residency Program Training Director for Yale's Child & Adolescent Fellowship. He has done his child and adolescent training at Children's Hospital Boston with Harvard Medical School.

Professor Azeem is Distinguished Fellow of the American Academy of Child and Adolescent Psychiatry (AACAP) as well as Distinguished Fellow of the American Psychiatric Association (APA).



Prof. Hisham Ramy

Professor of Psychiatry,
Ain Shams University, Cairo, Egypt



Prof. Hisham Ramy is a Professor of Psychiatry at the Institute of Psychiatry, Faculty of Medicine, Ain Shams University, Cairo, Egypt. He is also the Secretary General of Egyptian Psychiatric Association (EPA) and Vice President of the Egyptian Association for CBT (EACBT).

Prof. Ramy graduated with his Master's Degree of Neuropsychiatry at Ain Shams University in 1994, before obtaining his Diploma of Psychiatric Practice University of London in 1995. Subsequently in 1995, he completed his Doctorate of Psychiatry, Ain Shams University and undertaken his Specialist Register for Consultants UK in 2002.

Prof. Ramy has authored over 30 peer-reviewed publications in well-respected national and international journals. He has also received several national and international awards in recognition of his work, including the Fellowship Award for best research in mood disorders (France), Okasha's award for best research. He is sits on the Editorial board of Current Psychiatry, the official journal of the Institute of Psychiatry.

SPEAKERS' BIOGRAPHY



Prof. Ahsan Nazeer

Division Chief,
Child and Adolescent Psychiatry
Associate Professor, Clinical Psychiatry,
Sidra Medicine, Qatar



Dr. Nazeer is board certified in Psychiatry and Child & Adolescent Psychiatry. He has published more than 50 peer review articles and book chapters. He is a co-editor of Behavioral Pediatrics (now in 5th edition), Clinical Aspects of Psychopharmacology in Childhood and Adolescents (now in 2nd edition) and Associate Editor of Journal of Child Health and Human Development. He has written extensively on Autism Spectrum Disorders, Internet Addiction, Substance Use Disorders, ADHD, Schizophrenia and Childhood Anxiety Disorders. His articles have appeared in numerous journals including Pediatric Clinics of North America, The American Journal of Psychiatry, Biological Psychiatry, The Journal of The American Medical Association (JAMA) Adolescent Medicine Clinics and Frontiers in Public Health. He is currently the co-principal investigator on an SIRF grant examining the Neurogenomics model of children with ADHD.



Prof. Farouk Majzoub

Professor Emeritus of Clinical Psychology Doctoral School
of the Lebanese University, Lebanon



Prof. Farouk Majzoub is currently an emeritus Professor of Clinical Psychology supervising doctoral research at the Doctoral School of the Lebanese University. He obtained from the Université De Picardie Jules Verne at Amiens-France, a Post Doctoral Diploma in Habilitation à Diriger les Recherches en Psychologie Clinique Interculturelle (1999), and was a part-time lecturer at the Social and Behavioral Sciences Department of The American University of Beirut AUB (1986-1990). He has a long-standing career & expertise with trauma assessment, reactions to trauma survivors and stress management, and was elected since 2001 to member status of the American Psychological Association (APA); and since 2007 he became member of the European Association of Psychotherapy (EAP), holding the European Certificate of Psychotherapy (ECP); and Le Certificat Français de Psychothérapie given by La Fédération Française de Psychothérapie et Psychanalyse (FF2P).



Dr. Hanan Esmaeel Abohmer

Specialist Psychiatrist
American Center for Psychiatry and Neurology
Dubai, UAE



Dr. Hanan Esmaeel Abohmer is a specialist psychiatrist with more than 14 years of outstanding experience in psychiatry. She has been working in Dubai for more than 5 years now as specialist psychiatrist at Alamal Psychiatric Hospital Dubai in general adult psychiatry department. She has been involved in establishment of TMS unit at Al Amal Hospital and setting up its standard operational policy.

She was an adjunct Clinical lecturer of psychiatry at University of Sharjah till March 2022 and currently she is adjunct Clinical lecturer of psychiatry at Mohamed Bin Rashid University of Medicine MBRU since 2019.

She had obtained the Bachelor degree of medicine and surgery at Tanta University, Egypt, 2002. She had her psychiatric residency program in the same University Hospital where she had achieved the Master degree in neurology and psychiatry in 2008 with Excellent grade. Her master research thesis was about the recent intervention in psychiatry, Transcranial magnetic stimulation in treatment of OCD.

She had worked at Psychiatry, Neurology and Neurosurgery Center, Tanta University, Egypt till 2016 with both clinical and teaching experience with a special clinical experience in running TMS unit there.

She obtained MD, part I, in Child Psychiatry at Tanta University, Egypt, 2015 using the recent technology of EEG biofeedback for treatment of children with ADHD.

SPEAKERS' BIOGRAPHY



Dr. Hamed Al Sinawi

Senior Consultant, Old age Psychiatrist -
Department of behavioral medicine
Sultan Qaboos University Hospital,
Oman



Dr. Hamed Al Sinawi is a senior consultant old age psychiatrist at Sultan Qaboos University hospital. He graduated from Sultan Qaboos University hospital (SQUH) then pursued further training in Old Age Psychiatry in the UK and obtained the FRCpsych. He returned to Oman to set up a memory clinic at (SQUH) which is responsible for the assessment and management of patients experiencing cognitive symptoms and training medical students and psychiatry residents and supervising research projects. Dr. Hamed has several publications in high impact journals and has authored several book chapters in different areas of psychiatry. Dr. Hamed is the rapporteur for the psychiatry program at the Arab board of health specialties and has been involved in developing training standers and polices for the program and he services and an examiner for the clinical part of the Arab board. Dr. Hamed is passionate about raising public awareness about mental health and addressing stigma and was awarded best public educator by the royal college of Psychiatrist in UK in 2014. Dr. Hamed is also the Chairman of Oman Alzheimer's Society which is anon profit organization working with people with Alzheimer's and their caregivers to raise public awareness and improve quality of services for people with cognitive impairments.



Prof. Mahdi Saeed Abumadini

Professor and Consultant Psychiatrist
Imam Abdulrahman bin Faisal University,
KSA



- Professor of Psychiatry, Department of Psychiatry, College of Medicine, Imam Abdulrahman Bin Faisal University (COM-IAFU), Dammam, Saudi Arabia.
- President of Saudi Psychiatric Association.
- President, Arab Board of Psychiatry.
- Former Chairman, Department of Psychiatry (COM-IAFU) Dammam, Saudi Arabia, & Kung Fahd Hospital of the University (KFHU), AlKhobar, Saudi Arabia.
- Consultant Psychiatrist, King Fahd Hospital of the University (KFHU), AlKhobar, Saudi Arabia.
- Vice Dean for Quality and Development, College of Medicine, Imam Abdulrahman Bin Faisal University (COM-IAFU), Dammam, Saudi Arabia.
- Author and/or co-author of more than 40 Publications in a Refereed Scientific Journals.
- Distinguish International Members of American Psychiatric Association.
- Member of several National, Regional, and International Scientific and/or Professional Societies and Organizations.



Dr. Zahraa Almosawi

Consultant Psychologist
Al Fanar Clinic, Kuwait



باحثة دكتوراه علم النفس في الجامعة اللبنانية، ماجستير علم النفس من جامعة الكويت، عملت سابقاً باحثة نفسية في وزارة الداخلية بدولة الكويت، عملت في مجال الاستشارات النفسية منذ ٢٠ عاماً، لدي تأليفات في مجال علم النفس منها : ١- المخططات المعرفية - ٢ الأوراق المنزوعة من كتاب الحب - ٣ أبي أمي افهماني قدمت العديد من الورش في مجال الصحة النفسية وتربية الطفل والحياة الزوجية والعلاج النفسي

SPEAKERS' BIOGRAPHY



Dr. Samaa El Abd

MBBCh, MSc, FRCPsych
Consultant Child & Adolescent Psychiatrist (UK)
Cromwell Hospital London
Keith Nicholl Medical Centre Dubai, UAE



Dr. EL ABD is a Egyptian British Child and Adolescent Consultant Psychiatrist. She has been practicing medicine in the UK since 1985 and in Dubai since 2015.

Dr El Abd practices at Keith Nicholl Medical Centre in Dubai and at the Cromwell Hospital in London.

She had the position of Consultant Child and Adolescent Psychiatrist since 1998 in the UK, where she worked at St George's Hospital London and at the Maudsley Hospital (South London and Maudsley NHS Foundation Trust. Dr El Abd has also worked at the University of Cairo and the University of Zurich.

At the South London and Maudsley NHS Foundation Trust, she had a particular responsibility for the management and the running of a community service for neurodevelopmental disorders, Including children with Attention Deficit Hyperactivity Disorder (ADHD) and Autism. She has a special interest in the interaction between developmental and behavioral disorders and in psychopharmacology.

Dr El Abd's main emphasis is in empowering adults, maximizing the potential of children, adolescents and their parents - in particular those with special needs. She obtained the degrees of MSc (ped) and FRCPsych (London) and has completed her CCST (Certificate of Completion of Specialist Training) in London.

Dr El Abd has been leading in her role in developing psycho-education groups for parents & teachers and running parenting workshops (empowering parents through implementing positive behavior management strategies to get the best behavior from their children and to help treat their behavior problems). Dr EL Abd has a particular expertise in working with children and their families having a culturally diverse background.

Dr El Abd combines her clinical / academic skills with day-to-day clinical work. She lectures both Nationally and Internationally at conferences and has published widely. Dr Samaa El Abd has been involved in the teaching and examination of medical students (Undergraduates and Post Graduates), at King's College London and St George's Hospital Medical Schools (University of London). Dr El Abd has a passion for teaching and training professionals from multiple disciplines

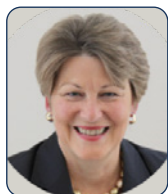
Dr El Abd has a particular interest in teaching and has been an undergraduate and postgraduate teacher, trainer and supervisor of junior doctors.

Dr El Abd is a Director in Child and Family Training (C&FT) which is a not-for-profit organisation that aims to guide professionals help children and families by: promoting children's and young people's health and development, building on children, young people and families' strengths helping children, young people and families overcome difficulties and using evidence-based approaches.

Training Guides were developed by C&FT to help practitioners who work with children and families, to support and enhance the quality of their direct work with children and their families where there has been maltreatment. The guides have now been translated into many languages including the Arabic language. Training courses are provided across the UK and abroad for professionals in health, children's social care, child and adolescent mental health, education and independent organisations. Training has been recently undertaken in Oman, Egypt and UAE.

Dr El Abd is a Fellow of the Royal College of Psychiatrists in the UK. Fellowship is awarded by the Royal College of Psychiatrists in the UK as a mark of distinction and recognition of contributions to Psychiatry.

SPEAKERS' BIOGRAPHY



Jenny Gray

Social Work consultant
Child and Family Training Director & Honorary Lecturer
UCL Great Ormond Street Institute of Child Health, London, UK



Jenny has been in children and families social work, management and policy development since 1979. Jenny joined the Social Services Inspectorate, Department of Health in 1991 and led the development of the new inspection methodologies. In 1995, she was appointed as the professional adviser to the British government on safeguarding children, firstly in the Department of Health and then in the Department for Education. Jenny held this post until September 2012. Jenny is now a social work consultant, working in both the UK and internationally. Jenny is a Child and Family Training Director and an Honorary Lecturer at UCL Great Ormond Street Institute of Child Health, London. Jenny, together with Dr Arnon Bentovim, edited the HfCF Intervention Guides for Practitioners. She delivers training both in the UK and internationally. In 2007, Jenny was awarded The Order of the British Empire and an Honorary Fellowship of the Royal College of Paediatrics and Child Health. She was President and CEO of the International Society for the Prevention of Child Abuse and Neglect from 2012 to 2014.



Prof. Jigna Stott

Clinical Assistant Professor
Consultant Psychiatrist
Ajman University, Ajman, UAE

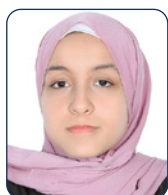


College of Medicine

MBBS, MRCPsych, MSc Psych, MSc Health Professions Education, PG Dip GP.

Consultant Adult and Older Adult Psychiatrist

Doctor Jigna Stott is a consultant psychiatrist and specialises in General Adult Psychiatry, Old Age Psychiatry as well as liaison psychiatry. Doctors Stott completed her training in the UK and has worked on inpatient wards as well as in the community. She has a keen interest in medical education and has been teaching mental health communication skills in Europe for over 10 years. Doctor Stott is also interested in research particularly around improving mental health services for the wider public & promoting mental health. She currently holds the role of clinical assistant professor at Ajman University College of medicine



Khadiga Yasser Abdelraouf Abdelmonem

5th Year Medical Student
Ajman University, UAE



A 5th year medical student and a young researcher who aspires to be a future good doctor in the field of internal medicine and progress further in her research field.

SPEAKERS' BIOGRAPHY



Prof. Mohamed Youssef Abuzied

Professor of Psychiatry at Institute of Psychiatry,
Ain Shams University, Cairo, Egypt
Consultant of Psychiatry
Kuwait center for Mental health



Dr. Abozied Received his doctorate degree in psychiatry from Ain Shams University with 35 years of experience working as a university lecturer & associate professor then as a professor of psychiatry in Ain Shams university. He worked with an ethnoculturally diverse population & gave a vast number of lectures & presentations all over the middle east and Europe (UK, Austria). Dr Abozied Works mainly with patients having anxiety disorders (panic and PTSD) in addition to OCD. He started the psychogeriatrics unite & created the daycare & Outreach program in Kuwait center for mental health (KCMH) state of Kuwait and was strongly involved in activities that help integrate the Mental Health and Counseling Service. He has special interest in Cultural psychiatry. Dr Abozied Delivers trainings for residents of the Kuwait board of psychiatry and Kuwait board of family medicine in addition to final year faculty of medicine students of Kuwait university.



Prof. Abdelazim Mohamed Mabrouk

Consultant Pediatrician, SEHA
Associate Clinical Professor, College of medicine
Al Ain, UAE University, UAE



Dr. Abdelazim Mohamed Mabrouk is a Consultant Pediatrician and clinical associate professor in Al Ain. Dr. Mabrouk main fields of interests are general pediatrics, child developmental and behavioral problems, nutrition, obesity, asthma, enuresis, ADHD and school health problems. He is regularly conducting primary care services in these fields in Al Ain. He is actively involved in teaching and examining medical students, interns and residents in the fields of Pediatrics, Psychiatry and Family Medicine. Dr. Mabrouk was awarded the excellence teaching award in the college of Medicine, UAE University and SEHA excellence award for best practicing doctors. He regularly presenting in scientific conferences and participated in several researches studying the common childhood problems, and has many published papers in national and international journals.

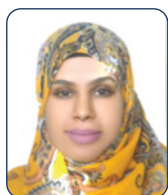


Dr. Aisha Al Dhufairi

Consultant Psychiatrist
Sheikh Khalifa Medical City
(SKMC), Abu Dhabi, UAE



'Chair of Psychiatry department at Sheikh Khalifa Medical City, Abu Dhabi. General Adult Psychiatrist Consultant. Membership of Royal College of psychiatrists 2015 and Arab Board in Psychiatry Specialisation in 2014.



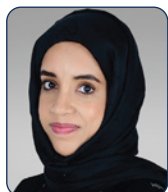
Ms. Fadwa Al Mugaddam

Ph.D. Student, Public Health Institute (PHI), College of Medicine and Health Sciences (CMHS),
UAE University (UAEU) and researcher at psychiatry and Behavioral Sciences Department,
College of Medicine and Health Sciences (CMHS),
UAE University (UAEU). Public Health Institute (PHI), Psychiatry and Behavioral
Sciences Department, College of Medicine & Health Sciences (CMHS), UAE University (UAEU)



'Fadwa Al Mugaddam is a PhD student in Public health and a medical research specialist in the psychiatry and behavioral sciences department, at the college of medicine and health sciences at United Arab Emirates University. She has experience working in mental health clinical research since April 2010; previously I worked as a researcher in many medical sciences laboratories and departments at CMHS. She is a good team player, enthusiastic about the clinical research field with many interpersonal skills. She has an interest in mental health and public health research in UAE, specifically the cognition and memory problems among the UAE population.

SPEAKERS' BIOGRAPHY



Dr. Afaf Ibrahim Al-Shehhi

Consultant Psychiatrist Ministry of Health
Royal Hospital, Oman



'Dr. Afaf Al-Shehhi is a Consultant Liaison Psychiatrist at Royal Hospital, Ministry of Health in Oman. She has had 12 years of experience in the psychiatry field including clinical work, research activities and training junior doctors who are specializing in psychiatry.

She completed 2-year clinical fellowship programme in the subspeciality of consultation Liaison psychiatry at King's College London in 2018 and since that time she been working on setting up the consultation liaison psychiatry service in Ministry of Health Hospitals and creating clinical guidelines since it is a relatively new service in Oman.

She also has a special interest in old age psychiatry & she is the chairperson of the scientific committee of Oman Alzheimer's Society.



Dr. E Mohandas

Chief Consultant in Psychiatry
Sun Medical & Research Centre,
Kerala, India



Medical Graduate from Kerala, Postgraduate in psychiatry from AIIMS, New Delhi, Mohandas has 43 years of experience in Psychiatry. He had served as president of Indian Psychiatric Society, Indian Association of Private Psychiatry and Society for Bipolar Disorders, India. Internationally he was WPA zone 16 representative and Chair section of psychiatry in developing countries. He has to his credit more than 1000 presentations nationally and internationally. Has won more than 40 awards. Currently he is associated with many WPA activities.



Prof. Talaat Matar Tadross

Consultant Psychiatrist RAK Hospital,
Professor of Psychiatry RAK University
UAE



- Professor of Psychiatry ,RAK,medical and health science university
- Consultant psychiatrist, RAK hospital , Ras Al Khaimah ,UAE
- MBChB ,Tanta University ,1977
- Master Degree in Neuropsychiatry ,Cairo university 1983
- M.D .PHD in psychiatry ,Cairo University ,1997
- Member of the editorial board of world journal of psychiatry(the Arabic version)
- Member of the world psychiatric association
- Translated the text book: "Cognitive Psychotherapy, Basic and Beyond"
- Translated the book" the Power of Emotions"
- Translated the Book "Beck solution for Diet" of Judith Beck
- Member in editorial board of the Arabic version of (Journal of world Psychiatry)
- Member in the editorial board of the journal (Arabic and world literature)
- Author of a book in philosophy "thus spoke Jesus"
- Author of a book " understanding psychiatry for medical students" (in press)
- Has many publications in international and regional journals
- More than 150 presentations in different national and international conferences
- Participated in the field studies of ICD-10 ,ICD-11,and DSM-5

SPEAKERS' BIOGRAPHY



Dr. Sandeep Vohra

Chairperson, Digital Mental Health-Task Force(2023-2024)
Indian Psychiatric Society Advisor-Digital Mental Health Initiatives
& Visiting Consultant Psychiatrist
BLK-Max Super Speciality Hospital, Delhi, India



Dr. Sandeep Vohra is an entrepreneur, clinician, academician, researcher, media mental health expert & a pioneer of tele mental health in India with 30 years' experience. His health tech company, No worry No tension Healthcare (NWNT) has been providing digital mental health services since last 12 yrs & Since last 25 yrs he runs a clinic named Vohra Neuropsychiatry Clinic in New Delhi and has catered to patients from all 28 states in India and around 37 countries. in hybrid mode of telepsychiatry

He is presently chairperson of Digital Mental Health -Task Force of Indian Psychiatric Society (2023-24), Advisor –Digital Mental Wellness Program, Apollo group & BLK Max hospital

He has more than 1500 (Fifteen hundred) TV appearances on various Indian news channels, has been awarded "Healthcare Leadership Award " at World mental health congress in Feb'2023, has been profiled on the cover page story by The CEO Magazine, featuring "25 dominant leaders in healthcare industry "in May 2019, was Awarded with "Technological Innovation in the field of Emotional & Mental health" by ET Now in February 2019 and was Awarded with "Outstanding contribution in the field of Psychiatry" by Indian Association of Private Psychiatry, Delhi Chapter in June 2018



Prof. Smita Deshpande

Professor (Research), Department of Psychiatry,
St John's National Academy of Health Sciences,
Bengaluru, India



MD, DPM, CCST (UK)

Professor of Psychiatry (Research),

Professor of Psychiatry served as the Head, Dept. of Psychiatry, ABVIMS-DR RML Hospital, New Delhi from July 2004 to September 2018. Beginning with systems research in 1988, she led over 36 research projects in autism, schizophrenia genetics, clinical trials, psychosocial aspects of mental health, disability and rehabilitation in mental illness, tobacco cessation, de-addiction, yoga for cognitive enhancement in schizophrenia and Implementation research for agencies such as the NIH, WHO, ICMR, DST and DBT, with more than 350 publications and innumerable presentations.

She participated in developing the Indian Scale for Assessment of Autism (ISAA) recognized by the Government of India for certifying disability for autism. She was a co-author of Tobacco Cessation Guidelines for the Government of India. She was a member of the committee for developing ICMR human research guidelines for vulnerable groups in 2017.

She is on the board of several international journals.

She is Co-Chair, World Psychiatric Association Section on Genetics.

She is an international WHO trainer for Tobacco Cessation and has visited several countries to train their trainers.

SPEAKERS' BIOGRAPHY



Prof. Fernando Sampaio Goes

Associate Professor
Department of Psychiatry & Behavioral Sciences,
Johns Hopkins University School of Medicine, USA



Degrees: - MD; Johns Hopkins University School of Medicine (2002)

Residencies:- Psychiatry; Johns Hopkins University School of Medicine (2006)

Fellowships:- Psychiatry; Johns Hopkins University School of Medicine (2008)

Board Certifications:- American Board of Psychiatry And Neurology (Psychiatry) (2007)

I am a psychiatrist with post-doctoral training in mood disorders and psychiatric genetics. Most of my research focus has been on the genetics of bipolar disorder and I have participated in a number of clinically based genetic studies, being involved in patient recruitment, phenotype assessment and data analyses.

Our research group is involved in a number mood disorder related projects, ranging from laboratory efforts to clinically based pharmacogenetic studies. As a disease oriented clinician-scientist my goal is to help identify etiological clues that will ultimately facilitate development of novel treatments. I have led a number of genome-wide association analyses of "intermediate" phenotypes between mood and psychotic disorders that may have relevance for both gene discovery and psychiatric nosology. The more recent focus on my work has been to utilize next-generation sequencing technology to uncover the role of rare variation in mood disorder. I am involved in a number of large-scale studies of bipolar disorder, including both family based and case-control approaches & I also play an active role in the Bipolar Sequencing Consortium, which is performing an ongoing meta-analysis of bipolar sequencing studies

As a complement to the genetic studies, we have also become more involved in functional studies using both post-mortem samples and induced pluripotent stem cell models of mood disorders. This is performed in collaboration with scientists in the division of neuroscience and in the Lieber Institute for Brain Development.



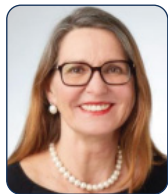
Prof. Maha Mohamed Saber-Ayad

Professor, Pharmacology
University of Sharjah, UAE



Maha is a Professor of Pharmacology, College of Medicine, University of Sharjah, graduated in the College of Medicine, MSc in Pharmacology, 2001, Cairo University, with PhD in pharmacology in 2006, membership of Royal College of Physicians (UK), 2003, fellowship of the Royal College of Physicians (Edinburgh), 2013, MSc in Leadership in Health Profession Education, RCSI, 2015, MSc in Endocrinology and DM, Queen Mary University of London, 2017. Chair of Basic Medical Science Department, College of Medicine, UoS, 2016-2018. Her research domains include applied genetics including SNP association studies in Emirati population, pharmacogenomics. She is the PI of several projects funded by the University of Sharjah, including a collaborative project to develop Emirati Pharmacogenomics passport, and another one funded by Sheikh Hamdan Medical Research Grant on exploring the Pharmacogenomics of Asthma medications. Maha has over 50 publications in high impact peer-reviewed journals.

SPEAKERS' BIOGRAPHY

**Dr. Marcella Rietschel**

Chair of the WPA Section Genetics in Psychiatry,
Director of the Department of Genetic Epidemiology in Psychiatry
Central Institute of Mental Health
Faculty of Medicine Mannheim, University of Heidelberg, Germany



Professor Marcella Rietschel is a psychiatrist, psychotherapist, and medical geneticist. Since 2002, she has been Director of the Department of Genetic Epidemiology in Psychiatry and the Molecular Genetic Laboratory at the Central Institute of Mental Health in Mannheim (University of Heidelberg) Germany. Marcella Rietschel's research focuses on identification of genetic and environmental risk factors for psychiatric conditions. She also has a scientific interest in the translation of psychiatric genetic research findings into clinical practice and the associated ethical, legal, and social implications. She has published more than 600 original papers. She is a member of the German National Academy of Sciences (Leopoldina); the Heidelberg Academy of Science; and the International Society of Psychiatric Genetics (ISPG); served on the ISPG Board of Directors from 2010-2016; was ISPG Vice President from 2012-2016; and she received the ISPG Ming Tsuang Lifetime Achievement Award in 2017.

**Dr. Roos van Westrhenen**

Asst. Prof., Psychiatrist & Clinical Pharmacologist (MD,PhD)
Head Outpatient Clinic Pharmacogenetics, Parnassia Amsterdam,
Netherlands; Lead Principal Investigator PSY-PGx Project (Horizon2020) Honorary Senior Lecturer,
King's College London, UK, Scientific Coordinator PSY-PGx Project, Univeristy Maastricht, Netherlands



Roos van Westrhenen is a psychiatrist & clinical pharmacologist working at Parnassia Psychiatric Institute Amsterdam with honorary positions at University Maastricht and King's College London. She has been a medical doctor for over 20 years, obtained her PhD in basic science in 2005 and has been working with pharmacogenetics since 2006. She set up the first non-commercial outpatient clinic pharmacogenetics in psychiatry in The Netherlands in 2017 where she formulates a personalized medication advice partly based on pharmacogenetics. She initiated the National Guideline on Clinical Implementation of Pharmacogenetics in Psychiatry that was authorized by the Dutch Psychiatric Association in 2020, and is a member of the Dutch Pharmacogenetics Working Group (DPWG), the Clinical Pharmacogenetics Implementation Consortium (CPIC), the international Drug Research Safety Unit (DRSU), the Genetics Working Group of the World Psychiatric Association (WPA), the European College of Neuropsychopharmacology (ECNP) and the International Society for Affective Disorders (ISAD). She is the Lead Principal Investigator of the PSY-PGx Project (Horizon2020 funded, www.psy-pgx.org), which is currently undertaking a worldwide research program on pharmacogenetics in psychiatry with 16 partners across EU and US.

**Prof. Hamid Alhaj**

MD, PhD, MRCPsych, CCT (UK), PGDip Chair, Department of Family and Community
Medicine and Behavioural Sciences Associate Professor of Psychiatry,
University of Sharjah, UAE, Consultant Psychiatrist, University Hospital Sharjah, UAE
Director of Research, NAPICU, UK



Dr. Hamid Alhaj is an Associate Professor, Consultant Psychiatrist and Head of the Department of Family Medicine and Behavioural Sciences at the University of Sharjah, UAE. He is Director of Research for the National Association of Psychiatric Intensive Care in the UK. He has worked in the UK for 20 years, both academically and clinically and his most recent roles included being Consultant Psychiatrist and Director of Medical Education at Sheffield Health and Social Care NHS Foundation Trust, PLAB Examiner for the General Medical Council (UK) and Foundation Training Programme Director for Health Education England. Dr Hamid obtained his MD from Aleppo University and PhD in psychiatry from Newcastle University. His clinical research interests are focussed on understanding common and severe mental health and developing innovative approaches to manage them. His academic distinction has been recognised by several awards, including the Erwin Stengel Memorial Prize for academic excellence in psychiatry and Royal College of Psychiatrists Margaret Slack Fellowship.

SPEAKERS' BIOGRAPHY

**Prof. Tareq Qassem**

Consultant in Old Age Psychiatry, Lead for Older Adult Clinical Academic Group, Maudsley Health, Al-Amal Hospital, Adjunct Clinical Professor of Psychiatry Mohammed Bin Rashid University of Medicine and Health Sciences, Dubai - UAE
Honorary Consultant in Old Age Psychiatry, South London & Maudsley NHS Foundation Trust London, UK



Professor Tareq Qassem is a Consultant in Old Age Psychiatry and Lead for the Older Adult Clinical Academic Group at Maudsley Health, Al-Amal Hospital in Dubai, UAE. He is also an Adjunct Clinical Professor of Psychiatry at Mohammed Bin Rashid University of Medicine and Health Sciences in Dubai and an Honorary Consultant in Old Age Psychiatry with the South London and Maudsley NHS Foundation Trust in London, UK.

Prof. Qassem obtained his Certificate of Completion of Training (CCT) in Old Age Psychiatry from the UK and holds a Master's Degree in Neurology and Psychiatry (M.Sc.) and a Bachelor's Degree of Medicine and Surgery (M.B.B.Ch.) from Ain Shams University in Cairo, Egypt. He also received part of his training at the National Hospital For Neurology and Neurosurgery, Queen Square, the UK's largest dedicated neurological and neurosurgical hospital.

Prof. Qassem has published extensively in high impact academic journals .. He has received several awards for his contributions to psychiatry, including the Fellowship of the Royal College of Psychiatrists (FRCPsych) in 2019 and the UAE Innovates Award for an innovative project utilizing AI for early detection of dementia in 2022. He was also awarded the American College for Health Executives' Excellence Institutional Gold Award in 2022 for his leadership and management of specialized mental health services for older adults in the UAE.

In addition to his clinical practice and research, Professor Qassem has developed training programs for addiction clinical practice and Old Age Psychiatry, including the first multidisciplinary master's degree in addiction clinical practice in the Arabic world. He has co-developed the Arab Fellowship in Old Age Psychiatry, a post-Arab Board qualification.

His expertise in the field of dementia has led to his appointment as an expert member on several national committees and bodies for dementia. He is a referee for several high impact journals including British Journal of Psychiatry and British Journal of Psychiatry Open.

**Prof. Fatma Khalifa Elsayed Khalifa**

Consultant Psychologist,
Professor of Clinical Psychology,
College of Arts and Humanities
King Abdulaziz University, Jeddah, KSA



• أستاذ علم النفس الإكلينيكي بكلية الآداب والعلوم الإنسانية جامعة الملك عبد العزيز بجدة
• استشاري نفسي ، - مدرب معتمد دولي
• حاصلة على جائزة التميز في النشر العلمي في العلوم الاجتماعية بجامعة الملك عبد العزيز
• حاصلة على جائزة أفضل مشرف علمي للدراسات العليا في مجال العلوم الاجتماعية والانسانية
• محكم علمي لعدد من المجلات العلمية الحكومية المحكمة
• لها العديد من الأبحاث المنشورة في المجلات العربية والعالمية
• لها العديد من المؤلفات والكتب في علم النفس ومناهج البحث والعلاج النفسي
• الإشراف والمناقشة للعديد من رسائل الماجستير والدكتوراه لطالبات قسم علم النفس

**Mr. Abyan Ismail Mohammed Al-Yamani**

6th Year Medical Student
Arabian Gulf University, Bahrain



'Abyan Al-Yamani is a 6th year Omani medical student at Arabian Gulf University, Bahrain. In 2019, Abyan was nominated by the Arabian Gulf University to participate in the first batch of the medical gifted and talented students program (MGTP). Since then, the student started working on multiple research projects related to metabolism and related genetic variants, global developmental delay, and autism spectrum disorder.

SPEAKERS' BIOGRAPHY



Dr. Rajesh Nagpal

Psychiatrist | Director | Partner | Trustee
Manobal Klinik, New Delhi, India"



Dr. Rajesh Nagpal completed MBBS in 1982, postgraduated from PGIMER Chandigarh in 1987. He is a trustee, Deva Foundation, Director, Behaviour&Neuroscience Academy of India & Past Presedent, Indian Association of Private Psychiatry and Indian Association of Biological Psychiatry. He is a consultant psychiatrist and has a private clinic in New Delhi.



Dr. Shahid Hasan Quraishi

WAPR Deputy Secretary General,
Consultant Psychiatrist
Pennine Care NHS Foundation Trust,
United Kingdom



- MBBS – University of Karachi 1985
- DPM, RCP&SI – November 1992
- BC Psych – Institute of Psychiatry, London, May 1993
- Dip Psych – University of Keele, September 1995
- MSc in Psychiatry – University of Keele, October 1998
- Specialist Associate member – RCPsych 2008
- PGDip CBT- Bolton, 2012
- PGCert Med Ed- Edge Hill University 2014
- MA Health Management – Uclan 2014
- PGCert Med Lead – University of Lancaster 2016
- PGDip Clin Ed- Edge Hill University 2021
- Section 12 (2) Approved Clinician

Memberships:-

- British Medical Association
- Medical Protection Society

Current Post:-

Currently I am working as a Consultant Psychiatrist in rehabilitation & low secure unit since 10th October 2020 in Pennine Care NHS Foundation Trust.

Previous Post:-

Management/ Educational and Organisational Experience

Supervision :-

I supervise specialist trainee as educational and in the past have supervised staff grade psychiatrist in my team. I am directly responsible for supervising their educational and clinical training.

I supervise FY 2 doctor as educational & clinical supervisor and CT as clinical supervisor.

Educational Supervisor:-

- I am approved by North West Deanery as educational supervisor for the training of trainees for FY, Core and specialist training in psychiatry.
- I am approved as educational supervisor by Royal college of Psychiatrist.
- I was one of the 1st few educational supervisors who were involved in piloting FY training in Burnley.

Teaching & Training

- I am involved in undergraduate teaching and every term I received group of medical students (4th year) from University of Manchester for whom I will arrange, coordinate and deliver teaching according to syllabus.
- I facilitate and provide teaching for American medical schools as clinical director in psychiatry.
- I am regularly involved in day-to-day teaching of our trainee medical staff; this includes lectures, case presentations and PMPs. I am also directly responsible for teaching and training the trainee/staff grade doctors in my team.
- I provide training in CBT to Core Trainees with site tutor from Preston. This I have provided for the past several years.
- I was one of LCFT clinical tutors in Lancashire NHS Foundation Trust till March 2017.

SPEAKERS' BIOGRAPHY

f. I am honorary clinical visiting professor in Pakistan and regularly provide skilled-based teaching and training on voluntary basis during my annual leave to MCPS/FCPS students.

g. I am Assistant Clinical Professor at AUC (American University of Caribbean) for providing teaching to undergraduate medical students.

h. I am an honorary consultant for University of Manchester enterprise to train for STORM (Skilled Based Training of Risk Management)



Prof. Ahmed Malalla Al Ansari

Principal Investigator,
Arabian Gulf University
College of Medicine & Medical Sciences,
Bahrain



- Professor, Department of psychiatry - College of Medicine and Medical Science - AGU, June 2020.
- Consultant child and adolescent psychiatrist (1980-2022), Ministry of Health.
- Counsellor, Deanship, Students affair - AGU, September 2008 until now.
- Bahrain representative in the higher council of the Arab council of Health Specialties. 2018 until now.
- Chairman, Committee of child & adolescent, psychiatry scientific council - Arab council of health specialties, 2014-2019.

Civic Contributions:-

- Member, higher committee for the care of disabled in Bahrain.
- President, Bahrain ADHD society.
- Vice president, Bahraini Association for Intellectual Disability and Autism.

Academic Contribution:-

- Published over 60 peer reviewed articles.



Dr. Alaa Haweel

Consultant Psychiatrist
Sheikh Khalifa Medical City (SKMC)
Abu Dhabi, UAE



Dr. Alaa Haweel joined ACPN as a Consultant Psychiatrist moving from one of the most reputable hospitals in Abu Dhabi, Sheikh Khalifa Medical City (SKMC). Dr. Haweel has been on the Specialist Register in the UK since 2009 where he had obtained a certificate that is equivalent to CCT from the Post Graduate Medical Education Board. In 2000, Dr. Haweel had acquired Diploma in Psychological Medicine from The Royal College of Surgeons in Ireland. He was elected as a member of the Royal College of Psychiatrists in the UK in 2002. Dr. Haweel earned his MBBCH degree from Assuit University in Egypt in 1982 and had completed a Diploma in Neurology and Psychiatry from Alexandria, Egypt in 1988.

Dr. Alaa Haweel has more than 35 years of experience in Psychiatry out of which 12 years was in the UK, prior to moving to the UAE. Dr. Haweel worked as a Locum Consultant Psychiatrist in the National Health Service in the UK from 2003-2007, prior to this, he had worked at St. Andrews Hospital in Northampton, the largest tertiary referral hospital in the UK as an Associate Specialist Psychiatrist. In Abu Dhabi, Dr. Haweel worked as a Consultant Psychiatrist and was the Chair of Forensic Psychiatry Board as well as the Associate Director of Residency Program since 2007 till May 2021, at SKMC. He served as an expert witness for Abu Dhabi Judicial System for more than 12 years.

Dr. Haweel has extensive experience in General Adult Psychiatry, Forensic Psychiatry, & Psychiatry of Learning disabilities, in both inpatient and outpatient settings. He has presented at numerous national and international conferences, in addition to being involved in undergraduate and post graduate medical education.

Dr. Haweel's wide areas of interests include, but not limited to, mood disorders, treatment resistant depression, bipolar disorders, schizophrenia, anxiety, phobia, obsessive compulsive disorders, learning disabilities and personality disorders.

SPEAKERS' BIOGRAPHY



Dr. Mohamed Abdelbadie
Specialist psychiatrist
Burjeel Royal Hospital, Al Ain, UAE



Mohamed Abdelbadie is a Specialist Psychiatrist at Burjeel Royal Hospital Al Ain.

Dr. Abdelbadie graduated in 2002 from Zagazig University, Egypt and he completed psychiatric training at Alkhanka Mental Health Hospital, Egypt.

Worked as senior registrar psychiatrist in Taif Mental health hospital, Saudi Arabia, and Ministry of Health Hospital, UAE.

He is a consultant psychiatrist in Egypt and an international member of the American Psychiatric Association.

Dr. Abdelbadie has specialist experience in diagnosing and managing psychiatric patients in prisons and forensic departments in mental health hospitals.

He has worked for the last 10 years, in both acute psychiatric wards and outpatient clinic settings, managing a wide range of mental health disorders.

Dr Abdelbadie has received additional training courses in Electroconvulsive therapy, CBT and Motivational Interviewing.

Honored to participate as a speaker in several educational and scientific occasions.



Dr. Ramune Mazaliauskiene
Psychiatrist Lithuanian Health
Sciences University Kaunas
Hospital Psychiatric clinic
Lithuania



The President of Lithuanian psychiatric association
Lithuanian psychiatric association, Jun 2018 – Present

Assistant Lecturer
Lithuanian University of Health Sciences, Psychiatric clinic
Sep 2017 – Present

Psychiatrist and psychotherapist
Medical centre Neuromeda
Individual and family consultations in Lithuanian, English and Russian
Feb 2014 - Present

Education

- Kaunas Technology University
Master of Business Administration (MBA), Social Sciences 2010 - 2013
- Kaunas Medical University
psychotherapist, Systemic Family Therapy 2000 - 2003
- Kaunas Medical Academy
Doctor of Medicine (MD), Psychiatry Residency Program 1985 - 1993

SPEAKERS' BIOGRAPHY



Yara Maria Kamel
Clinical Psychologist
Clinical Team Coach
Workplace Options, Dubai, UAE



Yara Kamel is an experienced clinical psychologist who has worked in France, Lebanon, and Dubai. Since 2017, she has been providing counseling & support to employees and their families at Workplace Options (WPO), an Employee Assistance Program, and also coaches the WPO clinical team. Yara's previous experience includes working in a clinic specialized in vocational rehabilitation in France, where she supported individuals living with severe psychiatric disabilities. She presented at the World Association for Psychosocial Rehabilitation's (WAPR) 12th Congress in Seoul, Korea, in 2015, focusing on vocational rehabilitation as a key factor in the recovery of individuals living with severe mental illness. Yara holds 2 master's degrees in clinical psychology and Psychopathology in the Workplace from Universite Paris Diderot Paris VII. Her professional interests include developing and implementing evidence-based interventions to support individuals with mental health issues in the workplace, helping them return to work and achieve their full potential. Yara is passionate about raising awareness on mental health issues and promoting mental wellness in the workplace.



Dr. Shaima Al Fardan
Clinical Psychologist Mubadala Health,
Dubai, UAE



Dr. Al Fardan is a UK and USA graduate and trained Clinical Psychologist with over 15 years of experience in the UAE and the USA. She has worked in both public and private hospitals and mental health clinics helping individuals with a wide range of difficulties including but not limited to Trauma and Stress-related Disorders, Anxiety disorders, Mood disorders and Substance Abuse Disorders.

Dr. Al Fardan is highly experienced in the field of Clinical Psychology and helps provide integrative care, while working within a multidisciplinary team. She provides a range of treatments that are tailored to the difficulties that the individual is experiencing. Throughout her training, she specifically specialized in trauma while practicing Eye Movement Desensitization and Reprocessing (EMDR) and became an EMDRIA approved consultant and trainer for EMDR therapy.

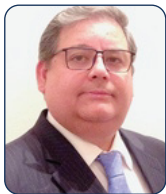


Prof. Kamonnet Wannasewok
Assistant Professor of Psychiatry
Department of Psychiatry
Faculty of Medicine Siriraj Hospital,
Mahidol University, Bangkok



Dr. Kamonnet Wannasewok is an Associate Professor of Psychiatry at the Department of Psychiatry, Faculty of Medicine Siriraj Hospital, Mahidol University. After obtaining a Diploma from the Thai Board of Psychiatry in 2006, she received the opportunity to participate in the Yongin Mental Health Fellowship Programme of the WHO Collaborating Centre for Psychosocial Rehabilitation and Community Mental Health, the Republic of Korea in 2007. Since then, her interest in rehabilitation psychiatry had started to be growing. In 2019, she graduated with a Master of Rehabilitation Counseling from the University of Sydney, NSW, Australia. She was an invited speaker in several international conferences. Furthermore, she was also a corresponding author in the work 'Psychiatric rehabilitation in the 21st Century', which was a chapter in the WPA textbook 'Advances in Psychiatry (Volume4)' published in 2019. Moreover, she is a member and secretary of the World Psychiatric Association (WPA)-Section on Psychiatric Rehabilitation.

SPEAKERS' BIOGRAPHY



Prof. Tarek Okasha

Professor of Psychiatry,
Institute of Psychiatry
Ain Shams University, Cairo, Egypt



Professor of Psychiatry, Institute of Psychiatry, Faculty of Medicine Ain Shams University.

Director of the World Psychiatric Association (WPA) Collaborating Centre in Research and Training in Psychiatry

Founder of the Psychiatry unit, Faculty of Medicine, Misr University for Science and Technology, 6th of October City and visiting Professor of Psychiatry to Psychology Department Faculty of Arts, Cairo University.

Secretary General and Member of the scientific committee for the evaluation of the scientific research presented for the promotion to the positions of assistant professor and professor in the field of psychiatry in Egypt

President of the Egyptian Alzheimer Society

From 2008-2014 he was an Executive Committee member World Psychiatric Association (WPA) and Secretary for Scientific Meetings World Psychiatric Association and Chairperson of the WPA Operational Committee on Scientific Meetings.

Prof. Tarek Okasha is the recipient of the WPA Presidential Commendation and Honorary Fellow

He is an Executive Committee member of the Egyptian Psychiatric Association, an Executive Committee member of the Egyptian Society of Biological Psychiatry, Founding Member & Executive Committee Member of the Egyptian Society of Child and Adolescent Psychiatry and Founding Member & President of the Egyptian Alzheimer Society.

Prof. Okasha is Member and honorary member of many international associations and organizations as well as Associate Editor of the Egyptian Journal of Psychiatry and Associate Editor Middle East Current Psychiatry Journal. He is Member of the Editorial Board of the International Journal of Child Neuropsychiatry, Member of the editorial board of the British Journal of Psychiatry (Middle East Edition), Member of the Editorial board of Archives of General Psychiatry (Middle East Edition), Member of the Editorial board of the International Journal of Developmental Disabilities, member of the editorial board of World Psychiatry Journal, member of the editorial board of World Psychiatry Journal (Arabic Version) and member of the editorial board of Biological Psychiatry.

He has Published more than 55 papers in national and international journals contributed in 14 national and international books and supervised more than 50 masters degree and doctorate degree thesis.



Prof. Tami Benton

Psychiatrist-in-Chief, Executive Director & Chair of the Department of Child and Adolescent Psychiatry & Behavioral Sciences, Clinical Director of Child & Adolescent Psychiatry Psychiatrist in the 22Q and You Center
Children's Hospital at Philadelphia, USA



Associate Professor of Psychiatry, Perelman School of Medicine at The University of Pennsylvania

Psychiatrist-in-Chief and Chair - Department of Child and Adolescent Psychiatry and Behavioral Sciences, CHOP

Director, Youth Suicide Prevention, Intervention and Research Center

President Elect, American Association of Directors of Child and Adolescent Psychiatry

Tami Benton, MD is the Frederick Allen Professor of Psychiatry at the Perelman School of Medicine at the University of Pennsylvania. She is the Psychiatrist-in-Chief and Chair of Psychiatry at the Children's Hospital of Philadelphia (CHOP), and Chief of the Division of Child Psychiatry at the University of Pennsylvania. She is a distinguished fellow of the American Academy of Child and Adolescent Psychiatry. She is a member of the National Institute of Mental Health Advisory Council and the American Psychiatric Association's Council for Research. She mentors clinical and research physicians, fellows and post-doctoral trainees, many of whom are minority scholars, academic faculty members and community leaders. She directs the Child and Adolescent Mood Program and the Youth Suicide Center at CHOP, a multidisciplinary clinical and research program focused on depression and suicide among children and adolescents, with an emphasis upon minority youth. She is the President Elect for The American Association of Directors of Child and Adolescent Psychiatry.

SPEAKERS' BIOGRAPHY

**Prof. Thomas G. Schulze**

Chairman & Director, Institute for Psychiatric Phenomics and Genomics, LMU University Hospital, Institute of Psychiatric Phenomics & Genomics (IPPG), Germany



Professor Thomas G. Schulze, born in 1969, studied medicine in Germany, the USA, and Catalonia. He trained as a psychiatrist and held various positions in Germany (Bonn, Mannheim, Göttingen) and the USA (Chicago, IL; Bethesda, MD; Baltimore, MD).

Since 2014, he has held the position of Chair and Director of the Institute of Psychiatric Phenomics and Genomics (www.ippg.eu) at the Ludwig-Maximilians-University of Munich (IPPG). He is a research affiliate with the National Institute of Mental Health (NIMH) in Bethesda, MD, and on Faculty with the Department of Psychiatry and Behavioral Sciences of Johns Hopkins University, Baltimore, MD. In 2019, he also joined the Faculty of the Department of Psychiatry and Behavioral Sciences of SUNY Upstate Medical University, Syracuse, NY, USA, where he holds an appointment as Clinical Professor. He is licensed to practice medicine in the European Union and the State of New York. He resides both in Germany & the USA.

Dr. Schulze's research focuses on genotype-phenotype relationships and personalized medicine approaches in psychiatric disorders. He coordinates a German-wide center grant on longitudinal psychosis research (www.PsyCourse.de) and spearheads an international study on the genetic basis of response to lithium treatment in bipolar disorder (www.ConLiGen.org), comprising several research groups from Europe, the Americas, Asia, and Australia. He has authored over 300 papers. In addition to national German awards, he is the 2006 recipient of the Robins-Guze-Award of the American Psychopathological Association (APPA), the 2006 recipient of the Theodore-Reich-Award of the International Society of Psychiatric Genetics (ISPG), and the winner of the Colvin Prize 2016 of the Brain & Behavioral Research Foundation (BBRF).

He is a Fellow of the American College of Neuropsychopharmacology (ACNP), the APPA, and served as President of the APPA from 2015 through 2016. Between 2016 and 2020, he also held the office of President of the ISPG. From 2011 through 2017, he served as the Chair of the Section on Psychiatric Genetic of the World Psychiatric Association (WPA), which he is an Honorary Member of. In 2017, he was elected to the Executive Committee of the WPA, starting a 6-year term as Secretary of Scientific Sections. In 2021, he was elected to the German Academy of Sciences (Leopoldina.org).

**Prof. George Tadros**

Consultant Psychiatrist and Geriatric Psychiatrist
American Center Psychiatry & Neurology,
Abu Dhabi, UAE



Prof. George Tadros is Consultant Psychiatrist and geriatric psychiatrist at ACPN. He achieved his Doctorate in Medicine degree (MD) in 2004 from Keele University, UK. He completed his psychiatric training in the UK and became Member of the Royal College of Psychiatrists in 1998 and was granted fellowship in 2016. He first qualified as Psychiatrist and Neurologist (PGDip) in 1993.

Prof. George Tadros comes to ACPN from the UK with two decades of in-depth experience in the field of Psychiatry. He has extensive experience in medical practice and academia. Prior to joining ACPN, he worked as Consultant Psychiatrist for the elderly and Liaison Psychiatrist at Birmingham and Solihull Mental Health Foundation Trust. He also worked as the Clinical Director of Urgent Psychiatric Care in Birmingham and Solihull, UK, from 2015 for three years and Deputy Medical Director from 2018 for over two years. He developed an award-winning liaison psychiatry model in the UK and is recognized for his clinical work and service developments. He was awarded Bronze National Clinical Excellence Award in 2012 and Silver National Clinical Excellence Award in 2016. Prof. Tadros held academic posts as Professor of Psychiatry and Dementia in Aston Medical School, Aston University, UK from 2016. He also holds the post of visiting professor of elderly care in acute hospitals at Chester University, UK, from 2014 onwards. He is an adjunct professor of psychiatry at Cairo Medical School, Cairo University, Egypt since 2019.

Prof. Tadros is highly skilled in psychiatry in general and specialized in geriatric psychiatry. He deals with a wide range of psychiatric disorders in older people and aging related disorders. Furthermore, as a liaison psychiatrist, he is also interested in organic psychiatry where physical disorders lead to or interplay with psychiatric presentations. He has twenty years' experience in running memory clinics for older and younger people. His area of interest includes management of dementia and associated behavioral problems. With years of experience in training staff and families, he ensures delivery of sustainable ongoing support to the elderly with all forms of health conditions. He believes in providing holistic and all-encompassing support to all.

SPEAKERS' BIOGRAPHY



Prof. Majid Ali Abidi

Visiting Professor of Psychiatry at Institute of Clinical Psychology, University of Karachi-Pakistan, Clinical Director, The Brain Clinic, Taj Medical Complex, Karachi-Pakistan



Dr. Majid graduated in medicine (MBBS) from Sindh Medical College, University of Karachi in 1995. He completed postgraduate studies and acquired Membership of the College of Physicians and Surgeons Pakistan in Psychiatry

He is distinguished fellow of American Psychiatric Association & He has acquired Membership of Royal College of Psychiatrist (International Associate) London, United Kingdom.

He started his career with the Department of Psychiatry at Hamdard College of Medicine and Dentistry, Hamdard University Hospital, Karachi January 2000 as Senior registrar and got an early retirement as Associate Professor in June 2020.

Since July 2020 he is working as visiting Professor of Psychiatry at Institute of Clinical Psychology, University of Karachi.

He has a number of research papers published in different scientific journals on his credit. He also conducted a number of training workshops.

He is a life member of not only the Pakistan Psychiatric Society but also a member of American Psychiatric Association, European Psychiatric Association and World Psychiatric Association.

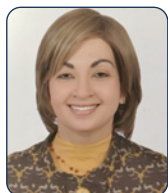
He has represented Pakistan in numerous international psychiatric symposia / conferences all over the world in more than a 180 destinations.

He has conducted many workshops, organized many seminar, symposia and congress related to mental health

He is well-known for his keen interest in project of social welfare for promotion of mental health. He has numerous television appearances as an expert in different talk shows etc.

He is currently elected as Vice President of Pakistan Psychiatric Society

Currently he is working as Head of Psychiatry Department & Clinical Director at The Brain Clinic, Taj Medical Complex Karachi-Pakistan.



Prof. Amany Haroun El Rasheed

Consultant Psychiatrist at Erada Center for Treatment & Rehabilitation, Dubai, UAE
Professor in Psychiatry, Ain Shams University, Cairo, Egypt



I am currently a Consultant in Psychiatry and Addiction Medicine at ERADA Center for Drug Treatment and Rehabilitation. I was a Consultant in Psychiatry and Addiction Medicine at Al Amal Psychiatric Hospital from April 2018 till November 2022.

I am a Professor in Psychiatry, Faculty of Medicine, Ain Shams University since 2007. I was a NIDA (National Institute of Drug Abuse) Hubert H. Humphrey Drug Abuse Research Fellow in Johns Hopkins University, year 1998-1999.

I was the first to run an addiction clinic in a University Hospital in Egypt. Moreover, I have been the main contributor to the development of drug and alcohol abuse treatment services (inpatient, outpatient, as well as rehabilitation) in the Institute of Psychiatry, Ain Shams University, Cairo, Egypt. Moreover, I shared in the development of addiction treatment services at Al Amal Psychiatric Hospital, Emirates Health Services, Dubai, UAE

I was the first to start the education in the field of addiction for both undergraduates and postgraduates in Egypt.

SPEAKERS' BIOGRAPHY



Dr. Gautam Saha

President Saarac Psychiatric Federation
 Founder and Director of CLINIC BRAIN
 Research Institute of Neuro-Psychiatric discipline
 Barasat, Kolkata, India



Dr. Gautam Saha, MD, Psychiatry (Calcutta University) is one of the best Psychiatrist in Kolkata. He is the Founder and Director of CLINIC BRAIN, a Research Institute of Neuro-Psychiatric discipline, at Barasat in kolkata. He specializes in the diagnosis, treatment and prevention of mental health disorders, including substance abuse disorders. Psychotherapy. The goal of Gautam Saha, the best Psychiatrist in Kolkata is to eliminate or control disabling or troubling symptoms so that the patient can function better. Depending on the extent of the problem, best psychiatrist treatment may take just a few sessions over a week or two or may take many sessions over a period of years.



Dr. Reham Aly

Founder & President of the Egyptian Association of CBT,
 MD Psychiatry, Egypt
 Academy of Cognitive Therapy Diplomate, USA



Dr. Reham Aly is an Egyptian Consultant psychiatrist. Was awarded her PhD (MD) degree from Ain Shams University, Egypt on 2011. She is among the 1st egyptian to be recognized as a CBT diplomate & member to the Beck Academy of Cognitive Therapy, USA. She is member of the Psychotherapy Section, WPA. Dr. Reham is a founding member of the Egyptian Association of CBT (EACBT). She was appointed president to the EACBT from 2013 (date of established) till current date 2023. Dr. Aly has presented & represented Egypt in several national, regional & international events. She is a leading educator & trainer of CBT for many regional academic & specialized institutes.



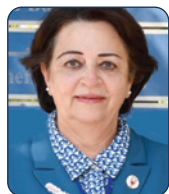
Prof. Momtaz Abdel Wahab

Professor of Psychiatry,
 Cairo University, President of Egyptian Psychiatric Association
 Kasr Al Aini Faculty of Medicine, Cairo University, Egypt



Emeritus Professor of Psychiatry, Cairo University
 President of Egyptian Psychiatric Association
 Head of Regional Council of Mental Health
 Member in The High Committee of The National Observatory of Drug Abuse

SPEAKERS' BIOGRAPHY

**Prof. Charlotte Kamel**

Professor of Psychiatry
The Royal College of Surgeons of Ireland/
Medical University of Bahrain, Bahrain



Professor Charlotte Awad Kamel

I started my training in 1980 at The University hospitals of Liverpool & London in Guys & St Thomas Hospitals . Obtained diploma of psychiatry from the Royal College of Physicians in 1982. Membership of the Royal College of Psychiatrists in London in 1984. Fellow of the Royal College of Psychiatrists in 1996 .Also received Diploma in Health care Management from The Royal College of Surgeons In Ireland in April 2000.

I moved to the Kingdom of Bahrain in 1988 till now * joined the Ministry of Health as a Consultant Psychiatrist . Participated actively with colleagues in developing mental health services in Bahrain tailored to the British system .

Joined the Arabian Gulf University from 1987 till 2007 as an Assistant Professor of Psychiatry.

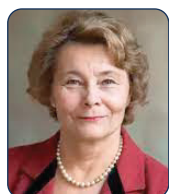
Joined the Royal College of Surgeons of Ireland –Medical University of Bahrain from 2008 as an A. Professor and head of department of psychiatry till date.

Coordinator between Ministry of Health in Bahrain & the Royal College of surgeons in Ireland for organizing and conducting the Diploma of psychological medicine from 1994 till 2000 where Twenty primary health care doctors attended an intensive clinical course and examined by a team of Professors from Dublin & Bahrain for early detection of psychiatric problems in primary care sector in Bahrain.

Chairperson of the organization committee for several conferences of Psychiatry in Bahrain in association with the Royal College of Psychiatrists , UK in 1991 , the World Psychiatric Association 1996 , Pan Arab congress in psychiatry in 2000 and the Arabian gulf psychiatric association as a subdivision of the World Psychiatric Association.

Joined the advisory committee of the Mental health in Bahrain from 1990 till 2005 as vice president. Also the psychiatric section of Bahrain Medical society. Developed the Bahrain association for friends of psychiatric patients.

I am Honorary member of the British Medical Association, The American Psychiatric Association, Bahrain Medical Society and vice president of the Arab Gulf Psychiatric association

**Prof. Danuta Wasserman**

Professor of Psychiatry & Suicidology, President - elect of WPA
Head and Founder of National Centre for Suicide Research and Prevention of Mental Ill-Health (NASP)
Director for WHO Collaborating Centre for Research, Methods Development and
Training in Suicide Prevention, Sweden



Danuta Wasserman (DW) is a Univ. Prof. Dr. Med. in Psychiatry and Suicidology at Karolinska Institutet (KI), and the current Director and Founding Head of the National Centre for Suicide Research and Prevention of Mental Ill-Health (NASP) at KI, since 1993. DW is appointed as the Director of the WHO Collaborating Centre for Research, Methods Development and Training in Suicide Prevention since 1997 until 2024 and assists in the development of suicide preventive research and suicide preventive programs on five continents. She is the former President of the European Psychiatric Association (EPA) and the International Academy of Suicide Research (IASR). In October 2020 DW was elected as the President-Elect of the World Psychiatric Association (WPA), incoming as President in 2023 – 2026. Professor Wasserman is the Honorary Fellow of the Royal College of Psychiatrists in the UK, Honorary Member of the Hungarian, Polish and Romanian Psychiatric Associations and Honorary President of Estonian Swedish Mental Health Institutet

DW has won numerous national and international honours and awards, including the Public Health Prize from the Nordic Council of Ministers of Health for the outstanding contribution to public mental health research and prevention, the Distinguished Research Award from the American Foundation for Suicide Research (AFSP), the Hans Rost Prize from the German Association for Suicide Prevention for the outstanding contribution to suicide research and prevention, the Stengel Research Award for outstanding contributions in the field of suicide research and prevention from the International Association for Suicide Prevention and Crisis Intervention (IASP), Morselli Medal from the International Academy for Suicide Research (IASR), Pascal-Boyle Prize from European Psychiatric Association and from the British Medical Association (BMC) Board of Science Award for the Public Understanding of Science for her book Depression: the facts published by Oxford University Press.

SPEAKERS' BIOGRAPHY

DW is the author of numerous scientific articles, reports and book chapters. She is the editor of the Oxford Textbook of Suicidology and Suicide Prevention: A Global Perspective, published by Oxford University Press in 2009 and 2021. Her comprehensive book for busy clinicians and the broad audience interested in suicide prevention "Suicide an unnecessary death" published by Martin Dunitz (2001), has been translated into Chinese, Japanese and Russian and updated for a new edition by the Oxford University Press (2016).

DW's research activities comprise epidemiological, psychodynamic and genetic studies of suicidal behaviours. In 2009, she received the honour from the Nobel Assembly at Karolinska Institutet, to organize the "Nobel Conference on the role of genetics in promoting suicide prevention and the mental health of the population." Summary of the whole conference was published in a special issue of European Psychiatry, 2010;25(5):249-310. She was responsible for organizing several national and international conferences in psychiatry and suicidology.

Professor Wasserman is also the chair and a member of several national and international working groups on mental health promotion and suicide prevention.



Prof. Muhammad Nasar Sayeed Khan

Professor of Psychiatry (Retd)
Secretary PPRC, Pakistan



I have been involved with the Teaching and training of psychiatry and the behavioural Sciences to the undergraduate students of MBBS, BDS, M.Phil, MSc, Postgraduate trainees and paramedical staff. We have an established program of training family physicians in Lahore, Pakistan. The training program also trains the paramedical staff (nurses, vaccinators, Lady Health visitors and lady health workers). I provide training for early identification, initial diagnoses and management of patients to the Mental Health Professionals.

Regional Vice President World Association of Psychosocial rehabilitation & member World Psychiatric Association section on undergraduate teaching, Developmental Disabilities and Dual Diagnosis.

President Pakistan Psychiatric Society 2018-2020

Professor (Retd) Head Department of Mental health, Behavioral Sciences & Psychiatry, Services Institute of Medical Sciences and Visiting Consultant at Services hospital, Jail road, Lahore, Pakistan.

Secretary Pakistan World Association of Psychosocial Rehabilitation (WAPR Pakistan Chapter). Overseas Editor International Journal of Mental Health (Biomed central) and five major journal of psychiatry.

Publications (Selected) More than 100 publications in the international and peer reviewed journals.

Trained more than 30000, Physicians and Doctors, produced more than 55 psychiatrist in the country, published nine books, Examiner at all leading universities of the country and above all has been teaching to all mental health professionals for more than 33 years.



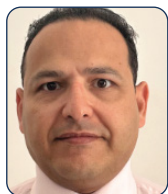
Prof. Gundugurti Prasad Rao

President - Asian Federation Of Psychiatrists AFPA | Expert Committee Member
Director - Asha Hospital, India



Life fellow of world Psychiatric Association; Past president - Indian Psychiatric Society; Past President - Indian Association of Biological Psychiatry; Past Secretary of Education and Training AFPA; Current President Asia Federation Psychiatric Association (AFPA).

SPEAKERS' BIOGRAPHY



Dr. Walid Abdelgalil Nasr
Consultant - Old Age Psychiatrist
Al Amal Psychiatric hospital
EHS Abu Dhabi, UAE



I'm a psychiatrist with more than 18 years of experience. I am currently working as consultant old age psychiatrist in AlAmal Psychiatrist hospital- Emarites health services.

Membership Royal college of psychiatrists- London, 2022.

Master's degree in Psychiatry and Neurology, Alexandria University, Egypt. May 2011. Master's degree is a clinical master's program, in which I have completed training both in psychiatry and neurology.

MBBCH, Menoufia University, Menoufia, Egypt, 2002.



Prof. Heba Essawy
Professor of Psychiatry at Institute of Psychiatry Ain Shams Medical School
Certified Eating Disorders Specialist, Iaedp USA. International Chapter
Chair - Egypt Iaedp. President of Egyptian Association of Eating Disorders Cairo, Egypt



Heba Essawy MD ,CEDs., Clinical Professor of Psychiatry, Ain Shams University Hospital, Cairo, Egypt. She has been the Medical Director of the eating Disorders clinics since 2013, at Institute of Psychiatry.

She has practiced since 28 years , writing , lecturing , supervising and directing an outpatient Eating Disorders clinics . Her role has expanded treatment services to include pediatric, adolescent, adult and geriatric populations. Heba is passionate about empowering and educating parents as well as their children. She is a consultant to oasis International school, American University in Cairo, National council for childhood and motherhood. She maintains a private practice in psychotherapy and medication management in Cairo. Heba has presented extensively nationally and international conferences as well as provides campus- wide training . She has published in academic journals and the popular media as well as contributing chapters to several books and appeared on a variety of local and national news and radio outlets. Heba is the founder president of the Egyptian Association of Eating Disorders



Tutik Rubiyatun Sukiman
CPD Unit Manager/Nurse
Al Amal Psychiatry Hospital,
Dubai, UAE



Graduated from Nursing in year 1999. Joined in MOHAP facility from November 2001. Had many years experience dealing with inpatient unit at Al Amal Hospital and from 2017 assigned in the Community psychiatry department, hospital based home care service rendering care to mentally ill clients in their own settings, self motivated and actively involved in improving quality service in the department, such as organizing and ensuring the schedule plan to all patients, maintaining data collection and has great teamwork.

SPEAKERS' BIOGRAPHY



Dr. Muez Siddig

Specialist psychiatrist
National rehabilitation center,
Abu Dhabi, UAE



Dr. Muez Siddig, earned his Arab board certificate in psychiatry in 2016. He completed his psychiatry training at sheikh Khalifa medical city, he also obtained his membership from the Royal college of psychiatrist – United Kingdom (MRC psych) in 2019. Currently Dr. Muez is working in National rehabilitation center in Abu Dhabi.

Education and training:

- Bachelor of Medicine and Surgery (MBB Ch) – Ain Shams university 2008
- Arab board of psychiatry membership in 2016
- Royal college of psychiatrist's membership (MRC psych) 2019



Dr. Michael Youssef Aoud

Specialist Psychiatrist
National Rehabilitation Center,
Abu Dhabi, UAE



Specialist psychiatrist at NRC, Abu Dhabi, UAE

More than 12 years experiences in psychiatry and addiction

Medical doctorate of psychiatry



Dr. Gustavo Alva

Psychiatrist, Neuropsychiatry
Orange County, Costa Mesa,
California, USA



Dr. Gus Alva is a Distinguished Fellow of the American Psychiatric Association (DFAPA) and is boarded by the American Board of Psychiatry and Neurology. Dr. Alva is the founder and medical director of ATP Clinical Research, a premier private clinical research company focused on new treatments for a variety of neuropsychiatric conditions. Current studies involve the use of novel compounds for Alzheimer's disease, Mild Cognitive Impairment, Major Depressive Disorder, Bipolar Disorder and Schizophrenia. Dr. Alva has been involved with the development of numerous medications for the aforementioned conditions, including extensive work in genetics, neuroimaging & cultural diversity associated with them.

Dr. Alva is a medical educator that is active on an international and national scale, educating peers and colleagues as well as the community at large in topics dealing with neuropsychiatry. Dr. Alva is a regular presenter at most of the major neuropsychiatric gatherings nationally and internationally. Dr. Alva is an accomplished neuro-psychiatrist and is a forensic consultant to the Orange County Superior Court as well as multiple legal firms.

Dr. Alva is a partner of Pacific Neuropsychiatric Specialists (PNS), which provides high quality psychiatric treatment for children, adolescents, adults and seniors. PNS stands out as being on the forefront of the mental health field through their multifaceted approach and psychiatric specialties. Individuals have complex needs for mental health. PNS enhances patient's well-being through optimal care, medical consults, inpatient programs, partial hospitalization programs, long-term care & outpatient services. PNS integrates the latest advances in psychotherapy, TMS, scientific research, neurochemistry, clinical trials and psychopharmacology when treating individuals.

SPEAKERS' BIOGRAPHY



Prof. Mohammad Alsuwaidan

Assistant Professor of Psychiatry
University of Toronto, Canada
Founder & clinical director of MindWell,
Kuwait



Dr. Mohammad Alsuwaidan is an assistant professor of psychiatry at the University of Toronto in Canada, where he is cross-appointed to the division of Neurosciences & Clinical Translation and the division of Psychotherapy, Humanities and Psychosocial Interventions. He is also the founder and clinical director of MindWell, a leading regional private mental health center based in Kuwait.

Dr. Alsuwaidan completed his psychiatry residency, mood & anxiety disorders fellowship and medical education fellowship at the University of Toronto. He also trained in mood disorders at the Stanford University bipolar clinic in California and the Tufts Medical Center mood disorders clinic in Boston. He completed a Masters of Public Health (MPH) at Johns Hopkins University.

He is a Fellow of the Royal College of Physicians and Surgeons of Canada, a Diplomate of the American Board of Psychiatry and Neurology and is certified in public health by the National Board of Public Health Examiners.

Dr. Alsuwaidan has previously served as the Assistant Professor of Psychiatry at Kuwait University, Head of the Mental Health Unit at Mubarak AlKabeer Hospital, Founding Head of Mood & Anxiety Disorders, Inaugural Director of Education and Chief of Psychiatry at the Kuwait Center for Mental Health - Kuwait's national mental health hospital. He has also served as Residency Program Director and Faculty Chair for the Kuwait Board of Psychiatry, President of the Kuwait Psychiatric Association and Kuwait's representative for Mental Health to the World Health Organization (WHO).

Dr. Alsuwaidan is widely-sought internationally as a speaker and educator in mental health. He has received numerous awards and grants for his work.



Dr. Susana Almeida

Psychiatrist, Guest of Psychiatry & clinical practice
Faculty of Medicine, University of Porto
President of the Portuguese Academy of
Psycho-oncology, Portugal



Dr. Sousa Almeida is a Consultant Psychiatrist at the Instituto Português de Oncologia – Porto (IPOP), and at Hospital Cuf Porto, where she coordinates the Neuropsychiatry Unit.

Board member of the College of Psychiatry at the Portuguese Board of Physicians since 202, board member and past-President of the Portuguese Academy of Psycho-Oncology (2019-present), and board member of Portuguese Society of Psychiatry and Mental Health (SPPSM) (2023-present).

Senior Lecturer at Faculty of Medicine at Porto University with pre-grad & post-grad teaching duties in Psychiatry, Medical Psychology and Clinical Communication since 2001.

Her research subjects have been over the years genetics of inflammatory diseases, clinical communication, psycho-oncology, psychoneuroimmunology, neuropsychiatry and depressive disorders.

SPEAKERS' BIOGRAPHY



Dr. Sergio Benavente

Assistant Facultative Area Specialist in the
Brief Hospitalization Unit, Central University Hospital of Defense Gómez Ulla
Psychiatrist MIR at the University Hospital 12 de Octubre, Spain



Clinical Professor of the Degree in Medicine at the University of Alcalá in Madrid. 2 End-of-Degree Projects (TFG) tutorials with students of the Degree in Medicine.

- Collaborating professor of the Degree in Medicine at the Complutense University of Madrid. 4 End-of-Degree Projects (TFG) tutorials with students of the Degree in Medicine.
- Collaborating professor in the Master's Degree in Translational Neuropsychopharmacology at the Miguel Hernández University of Elche,

Since July 2018 to the present prof. Sergio is the Associate Area Specialist Physician in the Brief Hospitalization Unit of the Gómez Ulla Central Defense University Hospital

Before that he assigned to different positions in private and university Hospital setups with extensive training in research, having carried out a total of 30 publications and scientific communications, and currently doing a doctorate at the Complutense University of Madrid with a project financed by a research grant, Extensive training in Internal Medicine, having completed general medicine shifts during the 4 years of residence with a total of more than 1000 accumulated hours of work as a general practitioner in the Emergency Department of Hospital Universitario 12 de Octubre and a total of 192.76 ECTS credits in training of Internal Medicine and Extensive training in psychotherapy, having completed a Master's Degree in Third Generation Psychotherapies of 60 ECTS credits and having published various publications in this field with books under his name:

- Benavente S, Molina J, Rubio G. Short group therapy manual for adaptive disorders based on increased resilience. Editor: Sergio Benavente López. 2018. ISBN: 978-84-09-02122-2.
- Benavente S. Management of insomnia in Primary Care: benzodiazepines, Z drugs and other therapeutic options. Editor: Draft Editors. ISBN: 978-84-88014-55-9

And Articles published in scientific journals:

- Arrazola MP, Benavente S, de Juanes JR, García de Codes A, Gil P, Jaén F, Sanz I. Influenza vaccination coverage for workers in a general hospital, 2004-2011. *Vaccines*. 2012;13(4):138-144
- Presa ME, Pérez-Íñigo JL, Alonso A, Muñoz MJ, Iglesias C, Abril MA, Martínez M, Robles F, Ric P, Fernández D, Suárez R, Rodríguez C, Juárez V, Rubio I, Benavente S. The Department of Psychiatry and Mental Health of the Gómez Ulla Central Defense Hospital during the SARS-CoV-2 pandemic. *Military Health*. 2020; 76(2): 91-95.

Over 30 presentations in local and international conferences and different participations in research groups

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