



PATIENT MOVING AND HANDLING SYMPOSIUM

7 December 2018
Intercontinental Hotel, Abu Dhabi, UAE

CME Accreditation is in Process

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WELCOME MESSAGE

Dear Colleagues

We would like to welcome you all to this symposium - the first to be held in the Region. We hope that you all learn something useful that you will be able to apply to your everyday lives either at work or at home.

Moving and handling has been a very important part of our lives in the United Kingdom for over 25 years. In the UK, if lifting is part of your job role, then it is a statutory requirement for you to receive instruction and training. It is hoped, then, that after this training, injuries to employees are reduced, and in the case of patient moving and handling, injuries to the patient are also reduced, if not eliminated. This in turn, has great financial benefits and savings to the organisation.

We hope that you will visit all of the exhibitors - the speakers will be available all day for you to ask questions. The speakers will also visit the stands and may do some impromptu workshop sessions.

Lorraine Demott **Chairperson**

Independent Clinical Nurse Educator
Moving and Handling Practitioner



ABOUT NATIONAL BACK EXCHANGE



National Back Exchange (often known simply as “NBE”) is a not-for-profit association set-up to develop, disseminate, and promote evidence-based best practice relating to manual handling activities.

It is run, on a voluntary basis, by a National Executive elected from amongst its members, and administered from a central office in Greens Norton near Towcester, UK.

NBE’s vision for “Excellence in all aspects of moving and handling” is supported with aims to reflect the growing recognition and significance of its work.

The association consults widely with other organisations having similar goals and actively contributes to national working parties and projects, as well as supporting research and practice development.

Column, the journal of NBE, provides a valuable means of communication and is supported by web-based members’ forums where topics can be freely discussed and advice sought.

Each September, since 1992, NBE also organises and runs a highly respected and successful conference for people with an interest in manual handling.

The membership of NBE includes professionals from a wide range of backgrounds, including:

- Health and social care
- Therapies
- Education
- Health and safety
- Ergonomics
- Equipment manufacturing
- Industry

The development of a Registered Membership status in 2006 has increased the professionalism and recognition of personnel engaged in this field.

Networking and support of our members is facilitated by an interactive website, including a membership directory, links with organisations who share similar goals, both at home and abroad, and a number of local affiliated groups across the country.

NBE also provides a number of resources to support and develop practice including a series of information leaflets and professional publications.

Learning Objectives

- To increase the knowledge of the delegates with regards to patient and staff injuries
- To highlight the need for appropriate moving and handling training in the region
- To highlight the different types of moving and handling equipment that is available
- To promote a higher standard of care and dignity for the patient
- That delegates will disseminate this new knowledge to financial influencers in order to change nursing practice.

Highlighted Topics

- Principles of Moving and Handling
- How to put these principles into practice
- Pressure Ulcer Management and Development
- Choosing the right equipment for moving and handling patients
- Moving and Handling Plus size person
- Choosing the right equipment for moving a plus size person
- Psychology in handling plus size person
- Single Carer Handling

Target Audience

- Allied health
- Clinical support
- Health educator
- Intensive care
- Occupational medicine
- Occupational therapy
- Physical medicine and rehabilitation
- Physiotherapy
- Practical nurse
- Public health
- Registered nurse
- Rehabilitation
- School nurse
- Specialty nurse
- Health and safety officer
- Risk assessment supervisor

Registration is Free

Speakers



Simon Love

Manual handling advisor, trainer and consultant

Simon qualified as a physiotherapist at Guy's Hospital, London in 1986 and took his skills into the Royal Army Medical Corps. He spent the next 5 years consolidating his experience in treating back and neck conditions and was posted to Hong Kong for 2½ years where he was in charge of the physio department at the main military hospital.

Since moving to Leeds in 1991, Simon has worked as an occupational health consultant for the Post Office, Yorkshire Television and Yorkshire Rider, treating patients with work-related injuries and advising on ergonomics and risk reduction.



Julia Love

Manual Handling Coordinator

Julia first became interested in manual handling when she trained as an orthopaedic nurse in Oxford before qualifying as a Registered General Nurse at Guy's Hospital in 1985. Continuing her nursing career at Guy's Hospital, she became the manual handling trainer for students, care assistants and qualified staff in her department.

She increased her nursing experience working in acute trauma, general medicine and with the elderly, whilst continuing to update her moving and handling skills courses



Lorraine Demott

Independent Clinical Nurse Educator and Moving and Handling Practitioner

Over 40 years of nursing expertise mostly within the National Health Service in the United Kingdom. This included experience as a State Enrolled Nurse, Senior Registered Nurse (Respiratory Unit), Back Care Nurse Advisor, Moving And Handling Coordinator and Deputy Occupational Health Manager, Clinical Specialist for Moving and Handling and International Clinical Coach. Emphasis on patient and staff safety to ensure the well-being of both.



Carolyn Hedger

Lead Back Care and Manual Handling Advisor

I have worked in the NHS for 35 years, the last 14 years at Western Sussex NHS Foundation Trust (WSHFT). WSHFT employs about 7,000 people and was recently inspected by the Care Quality Commission (CQC). We gained an 'Outstanding' overall rating, one of only four in England. This is prestigious in the health care sector within the UK and also for the local community.

My current role is as a Lead Back Care and Manual Handling Advisor. As part of my role I work very closely with other Healthcare professionals, including service directors, clinical leads, speciality



Greg Micheli

Manual Handling Advisor

I have worked in the Health and Social Care sector for over 20 years beginning as a Home Care Support Worker with people with Profound and Multiple Learning Disabilities. In 2000 I trained as a Moving and Handling Advisor and Trainer working with people with severe physical and learning disabilities, later working in to the Hospital setting both Acute and Community.

Over the years I have provided manual handling training and advice to a wide variety of people including Nurses, Physiotherapists, Occupational Therapists, Dentists, Care Staff,

Scientific Agenda

TIME	TOPIC	SPEAKER
09:00 – 10:00	Registration	
10:00 – 10:15	Welcome Message & Introduction	Lorraine Demott, UK
10:15 – 11:00	If I Knew Then What I Know now	Lorraine Demott - UK
11:00 – 11:45	Coffee Break	
11:45 – 12:30	The plus size person and associated equipment, the psychology of the plus size person	Carolyn Hedger - UK
12:30 – 14:00	Lunch Break & Prayer	
14:00 – 14:45	Single Carer Handling	Greg Micheli - UK
14:45 – 15:15	Coffee Break	
15:15 – 16:00	Principles of Safe Patient Handling – Work safe, Work smart	Simon Love & Julia Love - UK
16:00 – 16:30	Panel Discussion	

Glimpse of Patient Moving & Mandling Workshop 2017





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SAVE THE DATE  7 December 2018
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Abu Dhabi, UAE

For registration and further information, please contact

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